

Delaware DDATA

Delaware Drug and Alcohol Tracking Alliance

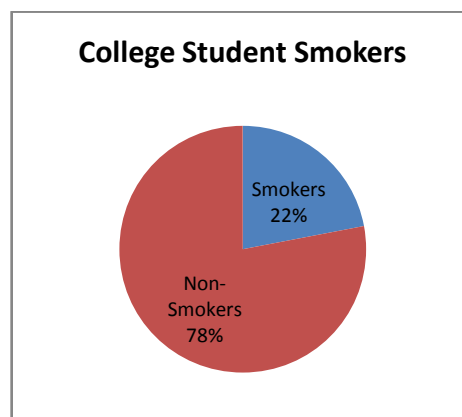
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Types of Smokers among College Students

Nearly one-quarter of college students report smoking cigarettes at least occasionally according to a recent study of University of Delaware students. The study, which surveyed undergraduate students, asked participants how many days in the past month they had smoked a cigarette. Approximately 78% of students reported that they had not smoked at all during the past month, and 22% reported at least one day of smoking during the same time.

Using smoking typologies,[†] these college students who smoked were further examined by the frequency of their smoking. Just over a third (36%) of smoking students smoked only once or twice in the past month. One-quarter (25%) reported smoking enough days to qualify as a weekend smoker, and one-seventh (14%) smoked enough to be considered a moderate, but not daily, smoker. Of the students who smoked, about one-quarter (25%) reported smoking enough days in the past month to qualify as a daily smoker.



Smoker Type	Percent of College Smokers	Days Smoked per Month	Context
Puffer	36%	1 or 2	Rarely smokes, possibly while drinking
Social Smoker	25%	3 to 9	Smokes on the weekends and socially
Moderate Smoker	14%	10 to 19	Weekends and weekdays, but not daily
Heavy Smoker	25%	20 to 30	Smokes daily or almost daily

[†] Adapted from a study of college students in North Carolina (Sutfin, Reboussin, McCoy, & Wolfson. 2009. Are college student smokers really a homogeneous group? A latent class analysis of college student smokers. *Nicotine & Tobacco Research*, 11, 444-454).