

# Delaware DDATA

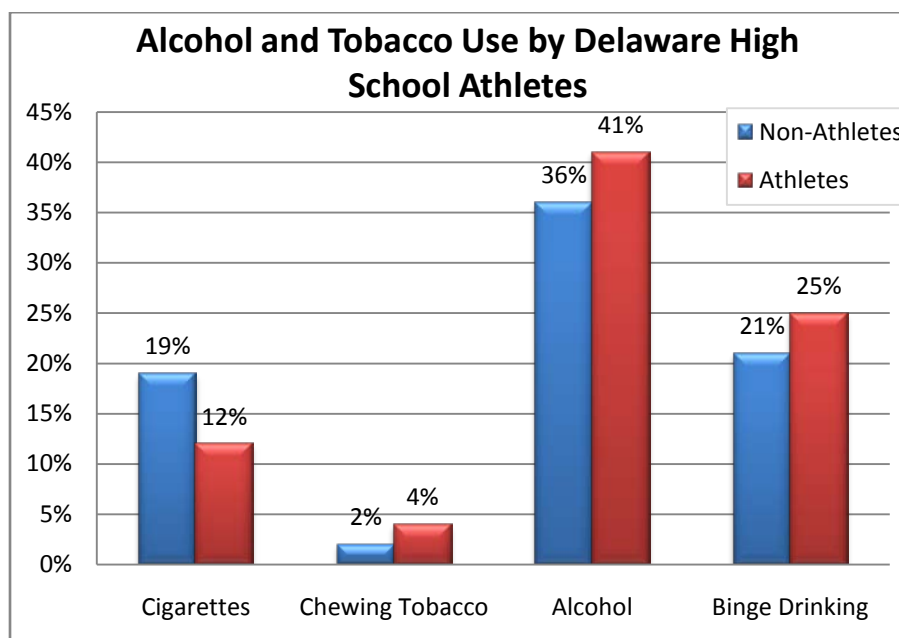
## Delaware Drug and Alcohol Tracking Alliance

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### ***High School Athletes Just as Likely to Use Drugs, More likely to Drink, Despite Zero Tolerance Policies***

Despite potential suspension from sport teams due to zero tolerance policies, high school athletes are as likely as other students to use tobacco products, and slightly more likely to use alcohol. According to data from a 2009 survey of Delaware's public high school 11<sup>th</sup> grade students, athletes reported *lower* rates of smoking cigarettes than other students, with 12% of athletes smoking (compared to 19% of other students), but this was counteracted by their *higher* rates of use of chewing tobacco (2% vs. 4%). Athletes were also slightly more likely to drink alcohol (36% vs. 41%) and binge drink (21% vs. 25%) than non-athletes. Use of other types of drugs did not differ significantly from use by non-athletes, and steroid use does not appear to be a problem in Delaware.



Source: 2009 Delaware School Survey, University of Delaware Center for Drug and Alcohol Studies

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