

# Delaware D-A-T-A

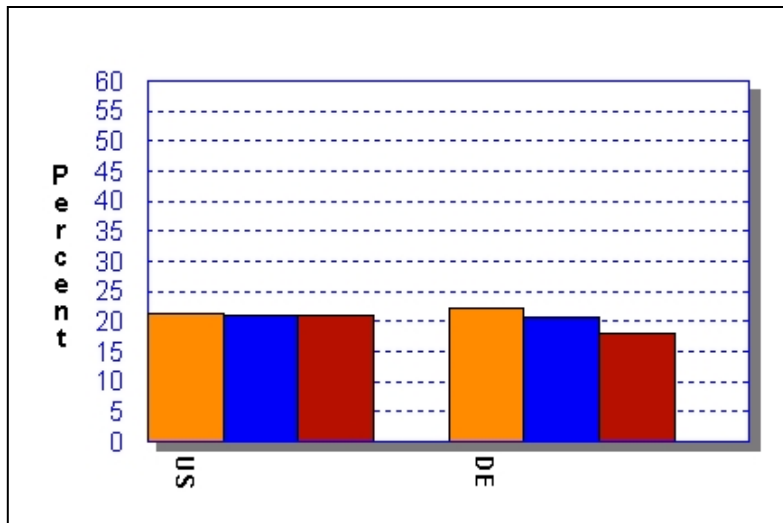
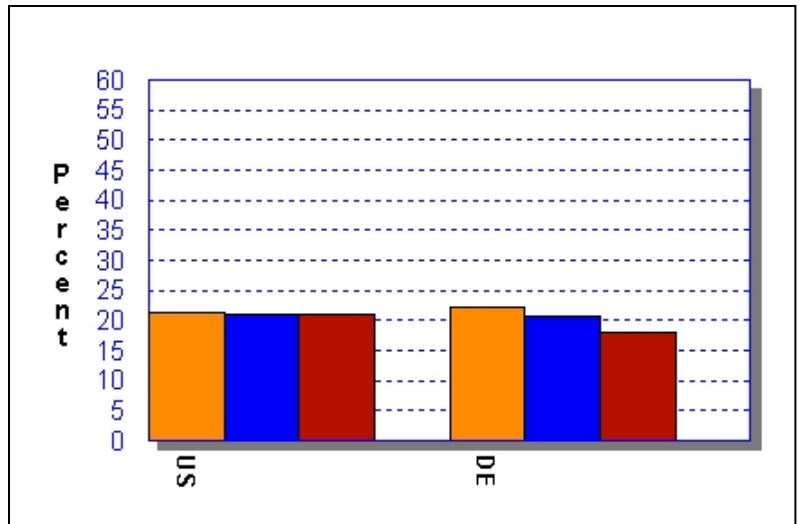
## Delaware Drug and Alcohol Tracking Alliance

May 2007

Volume 2, Issue 03

### *Binge Drinking Nationally and Locally*

The national trend for binge drinking among adults (individuals 26 or older) has been quite steady holding at roughly 21% for three years. As of 2003, Delaware's rate was higher than the national average. However, Delaware experienced a sharp decline in binge drinking beginning in 2003 and now has a rate lower than the national average (18%).



Moreover, this trend is not found in nearby states, where trends have been steady overall. Though only Pennsylvania experienced an increase, no other nearby states experienced a decrease in adult binge drinking as much as Delaware.

**Source: Office of Applied Studies, Substance Abuse and Mental Health Services Admin, NSDUH, 2002-2005**

Delaware Datagrams may be copied without permission. Please cite D-DATA as source. \*\*\*302-831-3204\*\*\* basha@udel.edu  
Additional Datagrams are available at: [www.udel.edu/delawaredata](http://www.udel.edu/delawaredata)