

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence					Linear Change	Quadratic Change				
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005
Total											
Injury and Violence											
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet					84.4	82.4	85.3	84.2	88.5	Yes	Yes
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else					16.6	14.9	15.1	7.5	7.5	Yes	Yes
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol					32.4	29.2	29.1	26.7	28.4	Yes	No
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol					12.9	12.1	11.0	9.3	10.4	Yes	No
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days					15.8	14.5	16.0	16.6	17.1	No	No
Percentage of students who carried a gun on one or more of the past 30 days					5.0	4.8	5.8	5.4	6.2	No	No
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days					6.2	5.5	5.0	5.7	5.4	No	No

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Question	Prevalence					Linear Change	Quadratic Change					
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005	2007
Total												
Injury and Violence												
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school						9.5	7.2	4.8	4.6	5.3	Yes	Yes
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months						8.2	8.3	7.7	6.2	5.6	Yes	No
Percentage of students who had property, such as their car, clothing, or books stolen or deliberately damaged on school property one or more times during the past 12 months								25.1	21.9	19.8	Yes	No
Percentage of students who were in a physical fight one or more times during the past 12 months						37.6	34.1	34.9	30.3	33.0	Yes	No
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse						4.2	4.5	3.9	3.3	4.1	No	No
Percentage of students who were in a physical fight on school property one or more times during the past 12 months						11.6	11.9	11.4	9.8	10.5	Yes	No
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months						9.2	10.7	9.7	9.1	7.9	Yes	Yes

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Total												
Injury and Violence												
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to						8.6	7.6	7.5	7.6		No	No
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months					26.9	27.0	27.4	27.5	26.9		No	No
Percentage of students who seriously considered attempting suicide during the past 12 months					17.2	16.3	15.6	12.7	11.1		Yes	No
Percentage of students who made a plan about how they would attempt suicide during the past 12 months					12.5	12.1	11.7	11.0	9.2		Yes	No
Percentage of students who actually attempted suicide one or more times during the past 12 months					7.5	7.1	8.6	7.1	6.2		No	Yes
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse					2.4	2.4	2.7	2.3	2.1		No	No

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Question	Prevalence					Linear Change	Quadratic Change					
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005	2007
Total												
Tobacco Use												
Percentage of students who ever tried cigarette smoking, even one or two puffs						70.4	65.5	62.4	55.0	51.7	Yes	No
Percentage of students who smoked a whole cigarette for the first time before age 13 years						26.9	23.8	24.4	18.4	14.7	Yes	Yes
Percentage of students who smoked cigarettes on one or more of the past 30 days						32.2	24.2	23.5	21.2	20.2	Yes	Yes
Percentage of students who smoked cigarettes on 20 or more of the past 30 days						17.7	12.8	12.1	9.6	8.5	Yes	No
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days						15.7	15.6	15.0	15.0	9.8	Yes	Yes
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days							23.9	24.1	20.4	21.4	No	No
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days						15.3	11.1	10.2	8.6	8.0	Yes	No
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days							18.7	18.5	14.2	13.3	Yes	No

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Question	Prevalence					Linear Change	Quadratic Change					
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005	2007
Total												
Tobacco Use												
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months						57.0	61.3	53.5	52.2	Yes	No	
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days					4.0	4.8	3.4	5.1	5.2	No	No	
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days					1.6	2.9	2.3	3.4	2.9	Yes	No	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days					15.2	12.7	12.2	11.3	12.5	Yes	Yes	
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days					37.0	29.0	26.6	25.2	24.6	Yes	Yes	

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Question	Prevalence					Linear Change	Quadratic Change					
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005	2007
Total												
Alcohol and Other Drug Use												
Percentage of students who had at least one drink of alcohol on one or more days during their life						80.9	77.6	78.5	75.8	75.8	Yes	No
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years						31.8	28.8	30.3	27.2	24.9	Yes	No
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days						46.9	46.4	45.4	43.1	45.2	No	No
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days						27.1	27.3	26.6	24.4	25.4	No	No
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days						4.3	5.4	4.8	5.5	4.5	No	No
Percentage of students who used marijuana one or more times during their life						48.8	46.9	48.9	42.2	43.9	Yes	No
Percentage of students who tried marijuana for the first time before age 13 years						12.7	12.2	13.4	11.3	10.0	Yes	Yes
Percentage of students who used marijuana one or more times during the past 30 days						29.0	26.3	27.3	22.8	25.1	Yes	No
Percentage of students who used marijuana on school property one or more times during the past 30 days						6.5	6.4	6.0	5.6	5.4	Yes	No

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Question	Prevalence Survey Year					Linear Change	Quadratic Change					
	1991	1993	1995	1997	1999			2001	2003	2005	2007	
Total												
Alcohol and Other Drug Use												
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life					7.2	6.3	7.4	6.4	6.1	No	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days					2.7	2.4	3.8	3.3	2.7	No	No	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life					12.2	10.5	11.4	14.0	12.9	Yes	No	
Percentage of students who used heroin one or more times during their life					3.3	2.7	2.3	2.6	2.4	No	No	
Percentage of students who used methamphetamines one or more times during their life					7.0	6.8	6.2	5.5	4.3	Yes	No	
Percentage of students who used ecstasy one or more times during their life							9.6	6.7	5.6	Yes	No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life					3.2	4.8	4.1	3.4	3.3	No	Yes	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life					2.3	1.7	1.7	2.2	2.2	No	No	

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Total												
Alcohol and Other Drug Use												
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months					29.1	26.9	27.9	26.1	22.9		Yes	No

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Total												
Sexual Behaviors												
Percentage of students who ever had sexual intercourse					54.6	52.7	57.3	55.1	59.3		No	No
Percentage of students who had sexual intercourse for the first time before age 13 years					10.2	9.6	11.3	10.8	9.6		No	Yes
Percentage of students who had sexual intercourse with four or more people during their life					20.3	16.7	20.6	19.1	21.8		No	No
Percentage of students who had sexual intercourse with one or more people during the past three months					40.0	39.2	42.7	39.2	45.3		No	No
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse					22.1	22.1	23.9	21.0	21.6		No	No
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse					62.0	62.2	62.5	63.7	69.2		Yes	Yes
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse					16.8	20.1	17.9	17.7	15.4		No	No
Percentage of students who had ever been taught in school about AIDS or HIV infection					92.9	91.2	92.3	91.4	90.4		No	No

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Question	Prevalence Survey Year					Linear Change	Quadratic Change					
	1991	1993	1995	1997	1999			2001	2003	2005	2007	
Total												
Weight Management and Dietary Behaviors												
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**					14.4	14.9	16.7	15.1	17.5	No	No	
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)**					10.1	10.8	13.5	14.1	13.3	Yes	Yes	
Percentage of students who described themselves as slightly or very overweight					29.1	30.2	31.4	31.1	27.3	No	Yes	
Percentage of students who were trying to lose weight					41.3	43.8	42.6	44.1	42.4	No	No	
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days					55.0	57.5	57.6	60.9	59.1	Yes	No	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days					36.5	39.3	39.1	39.7	35.1	No	Yes	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days					11.5	13.1	13.1	11.3	10.9	No	Yes	

**Overweight and at risk for becoming overweight prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

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Question	Prevalence					Linear Change	Quadratic Change					
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005	2007
Total		1991	1993	1995	1997	1999	2001	2003	2005	2007		
Weight Management and Dietary Behaviors												
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days						4.7	6.1	6.2	4.2	5.0	No	No
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days						3.2	3.6	3.6	3.6	3.9	No	No
Percentage of students who drank 100% fruit juices one or more times during the past seven days						86.6	86.7	82.7	80.2	77.3	Yes	No
Percentage of students who ate fruit one or more times during the past seven days						85.6	84.4	81.5	80.5	81.7	Yes	Yes
Percentage of students who ate green salad one or more times during the past seven days						63.0	63.9	61.4	58.0	55.8	Yes	No
Percentage of students who ate other vegetables one or more times during the past seven days						86.8	87.1	84.0	82.1	83.1	Yes	No
Percentage of students who drank three or more glasses per day of milk during the past seven days						17.3	16.1	14.5	12.7	12.1	Yes	No

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Question	Prevalence					Linear Change	Quadratic Change				
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005
Total											
Physical Activity											
Percentage of students who watched three or more hours per day of TV on an average school day					43.1	40.7	45.4	44.6	39.0	Yes	Yes
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school					43.1	42.1	38.2	47.0	42.9	No	No
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school					34.3	32.0	28.7	30.1	28.3	Yes	No
Percentage of students who played on one or more sports teams during the past 12 months					57.3	56.0	53.4	56.0	55.0	No	No

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Question	Prevalence Survey Year					Linear Change	Quadratic Change					
	1991	1993	1995	1997	1999			2001	2003	2005	2007	
Male												
Injury and Violence												
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet					86.3	85.3	86.1	86.4	89.9	No	No	
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else					19.2	20.3	18.3	10.2	9.5	Yes	Yes	
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol					32.9	32.0	30.1	27.1	27.6	Yes	No	
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol					14.9	15.9	13.3	11.1	11.5	Yes	No	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days					25.6	24.8	24.8	26.4	25.5	No	No	
Percentage of students who carried a gun on one or more of the past 30 days					8.5	9.0	10.0	9.3	10.4	No	No	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days					10.1	9.0	6.6	8.1	7.0	Yes	No	

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Question	Prevalence					Linear Change	Quadratic Change					
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005	2007
Male												
Injury and Violence												
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school						9.0	7.2	4.4	4.2	5.7	Yes	Yes
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months						9.5	11.0	9.7	7.9	6.9	Yes	Yes
Percentage of students who had property, such as their car, clothing, or books stolen or deliberately damaged on school property one or more times during the past 12 months								27.5	23.1	20.9	Yes	No
Percentage of students who were in a physical fight one or more times during the past 12 months						45.9	43.1	42.2	36.7	38.4	Yes	No
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse						5.4	6.7	5.4	3.6	5.3	No	No
Percentage of students who were in a physical fight on school property one or more times during the past 12 months						14.0	16.8	15.5	13.2	13.0	Yes	Yes
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months						8.7	11.3	9.3	8.3	8.1	No	No

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	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Male												
Injury and Violence												
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to						6.4	5.0	4.8	4.5		Yes	No
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months					21.1	21.3	21.0	19.9	18.4		No	No
Percentage of students who seriously considered attempting suicide during the past 12 months					12.3	12.9	11.0	9.6	9.2		Yes	No
Percentage of students who made a plan about how they would attempt suicide during the past 12 months					8.5	10.3	9.2	8.8	7.8		No	No
Percentage of students who actually attempted suicide one or more times during the past 12 months					4.4	5.3	5.5	5.7	4.7		No	No
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse					1.5	2.3	2.0	2.6	1.6		No	No

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Question	Prevalence					Linear Change	Quadratic Change				
	Survey Year										
Male	1991	1993	1995	1997	1999	2001	2003	2005	2007		
Tobacco Use											
Percentage of students who ever tried cigarette smoking, even one or two puffs					69.2	65.0	60.5	53.3	52.0	Yes	No
Percentage of students who smoked a whole cigarette for the first time before age 13 years					27.3	26.1	24.1	19.6	16.0	Yes	No
Percentage of students who smoked cigarettes on one or more of the past 30 days					31.1	24.7	21.8	19.7	20.7	Yes	Yes
Percentage of students who smoked cigarettes on 20 or more of the past 30 days					17.4	13.6	11.2	9.4	8.5	Yes	No
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days					18.4	21.6	16.9	23.1	11.4	No	Yes
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days						26.0	29.5	28.0	28.1	No	No
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days					14.3	12.8	9.6	9.1	8.3	Yes	No
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days						18.9	17.2	13.4	13.3	Yes	No

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	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Male												
Tobacco Use												
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months						56.1	56.4	46.9	45.9		Yes	No
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days					6.8	8.3	5.8	7.9	8.1		No	No
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days					2.8	5.2	4.0	5.4	4.8		Yes	No
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days					21.7	18.3	15.6	15.6	17.7		Yes	Yes
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days					39.3	32.4	26.1	26.2	27.1		Yes	Yes

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	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005	2007
Male												
Alcohol and Other Drug Use												
Percentage of students who had at least one drink of alcohol on one or more days during their life						80.5	77.2	76.0	74.3	74.2	Yes	No
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years						35.6	34.4	32.5	30.9	27.8	Yes	No
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days						46.7	47.8	43.7	43.4	44.6	No	No
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days						29.3	31.4	29.3	26.6	26.8	No	No
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days						5.7	7.1	5.5	7.1	5.5	No	No
Percentage of students who used marijuana one or more times during their life						51.6	51.5	50.3	46.0	46.5	Yes	No
Percentage of students who tried marijuana for the first time before age 13 years						14.7	18.0	16.2	15.3	12.8	Yes	Yes
Percentage of students who used marijuana one or more times during the past 30 days						33.5	30.7	29.5	25.2	28.4	Yes	No
Percentage of students who used marijuana on school property one or more times during the past 30 days						9.1	9.9	7.4	7.4	6.9	Yes	No

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Question	Prevalence Survey Year					Linear Change	Quadratic Change					
	1991	1993	1995	1997	1999			2001	2003	2005	2007	
Male												
Alcohol and Other Drug Use												
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life					7.3	6.8	8.3	7.2	7.7	No	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days					2.9	3.0	5.0	4.0	3.0	No	Yes	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life					11.8	12.4	12.4	14.4	12.1	No	No	
Percentage of students who used heroin one or more times during their life					3.5	3.7	3.2	3.8	3.1	No	No	
Percentage of students who used methamphetamines one or more times during their life					6.9	8.1	6.7	6.1	4.6	Yes	No	
Percentage of students who used ecstasy one or more times during their life							9.4	7.5	6.8	Yes	No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life					3.9	7.2	4.3	3.7	4.5	No	No	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life					2.8	2.9	2.4	3.1	2.9	No	No	

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Male												
Alcohol and Other Drug Use												
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months					34.3	33.2	33.4	30.2	26.9		Yes	No

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Question	Prevalence					Linear Change	Quadratic Change				
	Survey Year										
Male	1991	1993	1995	1997	1999	2001	2003	2005	2007		
Sexual Behaviors											
Percentage of students who ever had sexual intercourse					58.2	56.1	58.5	58.6	61.7	No	No
Percentage of students who had sexual intercourse for the first time before age 13 years					13.7	15.0	15.9	16.9	14.5	No	Yes
Percentage of students who had sexual intercourse with four or more people during their life					23.3	20.9	23.3	22.1	27.3	No	No
Percentage of students who had sexual intercourse with one or more people during the past three months					41.3	39.9	40.7	38.6	44.3	No	No
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse					27.3	27.7	30.9	26.0	26.3	No	No
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse					72.2	69.8	71.0	70.8	75.9	No	No
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse					12.4	15.7	12.9	16.3	10.7	No	No
Percentage of students who had ever been taught in school about AIDS or HIV infection					93.9	89.7	92.0	91.0	89.5	Yes	No

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Male												
Weight Management and Dietary Behaviors												
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**					15.3	15.2	16.4	14.4	16.0		No	No
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)**					12.8	12.9	17.1	17.5	15.6		Yes	Yes
Percentage of students who described themselves as slightly or very overweight					22.0	24.2	26.7	25.0	22.6		No	Yes
Percentage of students who were trying to lose weight					25.2	28.1	29.2	30.5	28.4		Yes	No
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days					46.4	51.6	53.9	57.5	56.3		Yes	No
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days					23.0	28.4	28.4	29.6	23.6		No	Yes
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days					5.7	9.2	9.4	7.0	7.6		No	Yes

**Overweight and at risk for becoming overweight prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence					Linear Change	Quadratic Change					
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005	2007
Male												
Weight Management and Dietary Behaviors												
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days						2.7	5.0	4.6	2.9	3.7	No	No
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days						1.0	2.4	2.5	2.3	2.4	Yes	Yes
Percentage of students who drank 100% fruit juices one or more times during the past seven days						87.9	87.5	84.1	81.8	77.7	Yes	No
Percentage of students who ate fruit one or more times during the past seven days						84.4	83.7	82.3	80.4	79.7	Yes	No
Percentage of students who ate green salad one or more times during the past seven days						58.8	60.4	58.7	52.5	49.3	Yes	No
Percentage of students who ate other vegetables one or more times during the past seven days						84.8	84.4	83.2	79.6	79.7	Yes	No
Percentage of students who drank three or more glasses per day of milk during the past seven days						23.5	21.3	20.9	17.9	16.2	Yes	No

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Delaware High School Survey
Trend Analysis Report**

Question	Prevalence					Linear Change	Quadratic Change					
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005	2007
Male												
Physical Activity												
Percentage of students who watched three or more hours per day of TV on an average school day						46.9	45.8	47.1	45.6	40.2	Yes	Yes
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school						47.3	43.4	41.6	51.6	45.0	No	No
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school						39.2	32.8	31.7	32.2	28.7	Yes	No
Percentage of students who played on one or more sports teams during the past 12 months						61.5	62.0	60.4	60.6	59.4	No	No

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year					Linear Change	Quadratic Change					
	1991	1993	1995	1997	1999			2001	2003	2005	2007	
Female												
Injury and Violence												
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet					81.9	79.0	84.2	80.5	86.7	Yes	No	
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else					13.7	9.7	11.9	4.7	5.4	Yes	No	
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol					31.9	26.7	28.0	26.6	28.6	No	Yes	
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol					10.9	8.6	8.6	7.3	9.2	No	No	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days					5.0	4.7	7.2	6.5	8.0	Yes	No	
Percentage of students who carried a gun on one or more of the past 30 days					1.2	0.8	1.5	1.4	1.5	No	No	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days					1.9	2.1	2.9	3.2	3.9	Yes	No	

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence					Linear Change	Quadratic Change					
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005	2007
Female												
Injury and Violence												
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school						9.9	7.2	5.1	4.9	5.0	Yes	No
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months						6.7	5.6	5.5	4.4	4.0	Yes	No
Percentage of students who had property, such as their car, clothing, or books stolen or deliberately damaged on school property one or more times during the past 12 months								22.6	20.8	18.5	Yes	No
Percentage of students who were in a physical fight one or more times during the past 12 months						28.6	25.2	27.5	23.9	26.0	No	No
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse						2.8	2.1	2.3	3.1	2.6	No	No
Percentage of students who were in a physical fight on school property one or more times during the past 12 months						9.2	7.2	7.0	6.5	7.5	Yes	No
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months						9.9	10.0	10.0	9.8	7.8	No	No

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Female												
Injury and Violence												
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to						10.7	10.2	10.3	11.2		No	No
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months					33.3	32.3	33.7	35.3	35.7		No	No
Percentage of students who seriously considered attempting suicide during the past 12 months					22.4	19.6	20.0	16.2	12.9		Yes	No
Percentage of students who made a plan about how they would attempt suicide during the past 12 months					16.8	13.9	14.0	13.4	10.5		Yes	No
Percentage of students who actually attempted suicide one or more times during the past 12 months					10.7	8.9	11.5	8.7	7.6		Yes	No
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse					3.2	2.6	3.5	1.9	2.7		No	No

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Female												
Tobacco Use												
Percentage of students who ever tried cigarette smoking, even one or two puffs					71.6	65.8	64.0	56.1	51.8		Yes	No
Percentage of students who smoked a whole cigarette for the first time before age 13 years					26.4	21.7	24.8	17.2	13.1		Yes	Yes
Percentage of students who smoked cigarettes on one or more of the past 30 days					33.4	23.4	25.1	22.8	19.1		Yes	No
Percentage of students who smoked cigarettes on 20 or more of the past 30 days					18.0	12.2	12.8	9.8	8.2		Yes	No
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days					13.1	9.3	12.9	7.5	8.0		Yes	No
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days						22.2	19.5	14.2	15.8		Yes	No
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days					16.2	9.5	10.5	7.9	7.4		Yes	No
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days						18.4	19.8	14.9	13.2		Yes	No

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Delaware High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Female												
Tobacco Use												
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months						58.2	66.1	59.2	60.0		No	No
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days					1.0	1.4	0.9	2.2	1.9		Yes	No
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days					0.5	0.5	0.6	1.3	0.9		No	No
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days					8.1	7.2	8.5	7.0	7.4		No	No
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days					34.6	25.6	26.8	24.3	21.6		Yes	No

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence					Linear Change	Quadratic Change					
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005	2007
Female												
Alcohol and Other Drug Use												
Percentage of students who had at least one drink of alcohol on one or more days during their life						81.3	78.2	80.8	77.4	77.3	No	No
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years						27.6	23.4	28.1	23.2	21.2	Yes	No
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days						47.4	45.0	46.9	42.6	44.7	No	No
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days						25.0	23.3	23.9	22.3	23.7	No	No
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days						2.8	3.8	3.9	3.9	3.4	No	No
Percentage of students who used marijuana one or more times during their life						45.7	42.5	47.2	38.3	41.6	Yes	No
Percentage of students who tried marijuana for the first time before age 13 years						10.4	6.6	10.5	7.3	6.6	Yes	No
Percentage of students who used marijuana one or more times during the past 30 days						24.2	21.8	25.0	20.5	21.5	No	No
Percentage of students who used marijuana on school property one or more times during the past 30 days						3.8	3.0	4.4	3.7	3.4	No	No

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year					Linear Change	Quadratic Change					
	1991	1993	1995	1997	1999			2001	2003	2005	2007	
Female												
Alcohol and Other Drug Use												
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life					7.0	5.8	6.4	5.3	4.5	No	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days					2.3	1.7	2.4	2.6	2.3	No	No	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life					12.4	8.7	10.4	13.7	13.7	Yes	Yes	
Percentage of students who used heroin one or more times during their life					2.8	1.6	1.3	1.3	1.5	Yes	No	
Percentage of students who used methamphetamines one or more times during their life					6.8	5.6	5.7	4.9	3.8	Yes	No	
Percentage of students who used ecstasy one or more times during their life							9.6	5.8	4.5	Yes	No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life					2.3	2.3	3.7	3.0	2.0	No	Yes	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life					1.7	0.5	0.9	1.2	1.3	No	Yes	

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Delaware High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Female												
Alcohol and Other Drug Use												
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months					23.7	21.0	22.1	22.1	18.9		No	No

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year					Linear Change	Quadratic Change					
	1991	1993	1995	1997	1999			2001	2003	2005	2007	
Female												
Sexual Behaviors												
Percentage of students who ever had sexual intercourse					50.9	49.4	56.2	51.3	56.5	No	No	
Percentage of students who had sexual intercourse for the first time before age 13 years					6.6	4.5	6.7	4.5	4.8	Yes	No	
Percentage of students who had sexual intercourse with four or more people during their life					16.8	12.8	17.8	15.7	16.7	No	No	
Percentage of students who had sexual intercourse with one or more people during the past three months					38.6	38.4	44.6	39.8	46.5	Yes	No	
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse					16.5	16.4	17.5	15.7	16.1	No	No	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse					50.5	54.6	54.9	56.9	62.8	Yes	No	
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse					20.9	24.4	21.8	19.2	19.3	No	No	
Percentage of students who had ever been taught in school about AIDS or HIV infection					92.2	92.7	92.8	91.9	91.7	No	No	

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Female												
Weight Management and Dietary Behaviors												
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**					13.4	14.7	17.0	15.8	19.2	Yes	No	
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)**					7.2	8.9	9.6	10.5	10.9	Yes	No	
Percentage of students who described themselves as slightly or very overweight					36.8	35.7	36.1	37.7	31.8	No	No	
Percentage of students who were trying to lose weight					58.8	58.6	56.1	58.8	56.7	No	No	
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days					64.3	63.0	61.4	64.8	61.3	No	No	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days					50.9	49.6	49.7	50.8	46.5	No	No	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days					17.4	16.7	16.6	15.7	13.8	Yes	No	

**Overweight and at risk for becoming overweight prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence					Linear Change	Quadratic Change					
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005	2007
Female												
Weight Management and Dietary Behaviors												
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days						6.7	6.9	7.7	5.3	6.2	No	No
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days						5.5	4.7	4.7	5.0	5.2	No	No
Percentage of students who drank 100% fruit juices one or more times during the past seven days						85.2	86.0	81.2	78.7	76.7	Yes	No
Percentage of students who ate fruit one or more times during the past seven days						87.1	85.1	80.9	80.4	84.1	Yes	Yes
Percentage of students who ate green salad one or more times during the past seven days						67.1	67.2	64.1	63.7	62.8	No	No
Percentage of students who ate other vegetables one or more times during the past seven days						88.9	89.8	84.8	84.6	86.6	No	Yes
Percentage of students who drank three or more glasses per day of milk during the past seven days						10.7	11.2	8.2	7.0	7.5	Yes	No

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Delaware High School Survey
Trend Analysis Report**

Question	Prevalence					Linear Change	Quadratic Change				
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005
Female											
Physical Activity											
Percentage of students who watched three or more hours per day of TV on an average school day					38.9	35.9	43.9	43.3	38.6	No	Yes
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school					38.7	40.6	35.0	42.4	40.3	No	No
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school					29.4	31.0	25.9	28.3	28.2	No	No
Percentage of students who played on one or more sports teams during the past 12 months					52.7	50.2	46.6	51.3	50.3	No	No

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
White*												
Injury and Violence												
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet					81.9	78.7	82.8	78.8	83.4		No	No
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else					15.2	13.0	13.4	5.7	5.4		Yes	Yes
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol					33.9	31.4	30.8	29.9	30.0		Yes	No
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol					15.0	13.8	13.5	10.7	12.5		Yes	No
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days					14.5	14.5	16.1	16.9	17.4		No	No
Percentage of students who carried a gun on one or more of the past 30 days					4.4	4.1	5.1	4.9	5.0		No	No
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days					5.2	4.8	4.2	5.4	4.5		No	No

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
White*												
Injury and Violence												
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school					8.7	6.1	4.3	3.9	4.0		Yes	Yes
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months					7.6	7.6	7.7	6.2	5.0		Yes	No
Percentage of students who had property, such as their car, clothing, or books stolen or deliberately damaged on school property one or more times during the past 12 months							25.7	21.0	19.1		Yes	No
Percentage of students who were in a physical fight one or more times during the past 12 months					35.3	32.5	33.7	28.8	28.8		Yes	No
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse					3.7	4.1	3.6	3.0	3.2		No	No
Percentage of students who were in a physical fight on school property one or more times during the past 12 months					8.7	10.4	10.6	9.1	9.0		No	Yes
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months					8.6	9.9	8.8	9.4	7.7		No	No

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
White*												
Injury and Violence												
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to						7.5	6.3	7.7	6.5		No	No
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months					25.1	24.6	28.0	27.7	26.2		No	No
Percentage of students who seriously considered attempting suicide during the past 12 months					18.5	16.8	18.1	15.4	11.4		Yes	Yes
Percentage of students who made a plan about how they would attempt suicide during the past 12 months					13.6	12.3	13.1	12.7	9.0		Yes	No
Percentage of students who actually attempted suicide one or more times during the past 12 months					7.5	6.8	9.3	7.8	5.6		No	Yes
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse					2.5	2.3	3.1	2.4	1.3		No	No

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
White*												
Tobacco Use												
Percentage of students who ever tried cigarette smoking, even one or two puffs					72.4	66.7	62.5	56.3	55.9	Yes	No	
Percentage of students who smoked a whole cigarette for the first time before age 13 years					30.0	26.1	26.7	20.7	14.7	Yes	Yes	
Percentage of students who smoked cigarettes on one or more of the past 30 days					39.2	28.4	28.2	26.5	26.6	Yes	Yes	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days					22.5	15.5	16.0	12.9	11.5	Yes	No	
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days					16.9	16.7	17.4	17.3	7.8	Yes	Yes	
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days						23.2	25.3	19.1	18.8	No	No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days					19.1	12.4	13.2	11.1	10.6	Yes	No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days						23.0	23.8	18.4	18.1	Yes	No	

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
White*												
Tobacco Use												
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months						55.4	61.3	52.7	53.0		No	No
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days					4.9	6.4	4.4	7.2	7.0		Yes	No
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days					1.8	3.8	2.9	4.9	3.3		Yes	Yes
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days					16.8	13.3	13.9	13.4	14.5		No	Yes
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days					44.6	34.1	31.7	31.9	31.7		Yes	Yes

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence					Linear Change	Quadratic Change				
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005
White*	1991	1993	1995	1997	1999	2001	2003	2005	2007		
Alcohol and Other Drug Use											
Percentage of students who had at least one drink of alcohol on one or more days during their life					84.9	82.2	82.5	80.0	82.0	Yes	No
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years					31.9	28.5	31.8	27.5	22.8	Yes	Yes
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days					53.5	52.7	52.6	50.6	54.5	No	No
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days					33.8	33.3	33.9	32.4	34.8	No	No
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days					3.8	4.5	5.0	5.7	3.8	No	Yes
Percentage of students who used marijuana one or more times during their life					50.0	46.9	49.5	44.0	46.1	Yes	No
Percentage of students who tried marijuana for the first time before age 13 years					12.8	11.3	14.4	11.1	8.6	Yes	Yes
Percentage of students who used marijuana one or more times during the past 30 days					30.8	26.8	28.6	25.6	27.2	No	No
Percentage of students who used marijuana on school property one or more times during the past 30 days					6.9	6.1	6.6	6.1	5.2	No	No

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year									Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
White*												
Alcohol and Other Drug Use												
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life					8.6	7.7	9.9	8.5	8.1	No	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days					3.2	2.6	4.8	4.3	3.3	No	No	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life					14.5	12.4	13.9	17.3	16.0	Yes	No	
Percentage of students who used heroin one or more times during their life					3.5	2.7	2.6	3.3	2.2	No	No	
Percentage of students who used methamphetamines one or more times during their life					8.2	8.5	8.5	7.6	4.9	Yes	Yes	
Percentage of students who used ecstasy one or more times during their life							12.3	8.6	6.6	Yes	No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life					3.7	5.0	5.2	4.2	3.5	No	Yes	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life					2.4	1.8	1.8	2.6	1.8	No	No	

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Delaware High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
White*												
Alcohol and Other Drug Use												
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months					31.2	29.3	31.7	27.8	26.8		Yes	No

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year					Linear Change	Quadratic Change					
	1991	1993	1995	1997	1999			2001	2003	2005	2007	
White*												
Sexual Behaviors												
Percentage of students who ever had sexual intercourse					49.0	47.1	51.2	49.7	53.7	No	No	
Percentage of students who had sexual intercourse for the first time before age 13 years					5.4	5.3	8.2	6.9	4.0	No	Yes	
Percentage of students who had sexual intercourse with four or more people during their life					14.6	12.6	14.9	14.8	15.6	No	No	
Percentage of students who had sexual intercourse with one or more people during the past three months					36.1	36.6	38.7	36.9	42.0	Yes	No	
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse					24.2	23.7	26.3	24.1	24.3	No	No	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse					57.9	59.1	58.5	61.7	69.0	Yes	No	
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse					21.6	26.4	22.8	23.2	21.7	No	No	
Percentage of students who had ever been taught in school about AIDS or HIV infection					94.1	92.6	93.1	92.4	92.1	No	No	

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year					Linear Change	Quadratic Change				
	1991	1993	1995	1997	1999			2001	2003	2005	2007
White*											
Weight Management and Dietary Behaviors											
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**					12.6	13.4	14.2	14.1	14.3	No	No
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)**					8.2	8.7	12.8	11.7	11.0	Yes	Yes
Percentage of students who described themselves as slightly or very overweight					29.7	31.3	34.0	32.7	27.2	No	Yes
Percentage of students who were trying to lose weight					42.7	45.4	46.5	46.1	43.9	No	Yes
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days					56.4	60.3	60.2	63.1	60.2	Yes	No
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days					38.4	42.8	42.3	42.9	38.6	No	Yes
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days					10.9	13.2	13.4	11.6	10.8	No	Yes

*Non-Hispanic.

**Overweight and at risk for becoming overweight prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence					Linear Change	Quadratic Change				
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005
White*	1991	1993	1995	1997	1999	2001	2003	2005	2007		
Weight Management and Dietary Behaviors											
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days					5.2	6.4	7.4	5.0	5.4	No	No
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days					3.4	4.2	4.1	4.5	4.2	No	No
Percentage of students who drank 100% fruit juices one or more times during the past seven days					87.0	85.6	81.1	77.9	73.8	Yes	No
Percentage of students who ate fruit one or more times during the past seven days					87.8	87.2	84.7	82.1	85.0	Yes	No
Percentage of students who ate green salad one or more times during the past seven days					68.2	69.6	66.4	61.0	62.0	Yes	No
Percentage of students who ate other vegetables one or more times during the past seven days					89.6	89.9	86.9	83.8	85.9	Yes	No
Percentage of students who drank three or more glasses per day of milk during the past seven days					19.2	18.7	17.1	15.0	15.6	Yes	No

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Delaware High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
White*												
Physical Activity												
Percentage of students who watched three or more hours per day of TV on an average school day					32.4	29.4	35.7	33.0	26.4		Yes	Yes
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school					40.8	38.1	36.1	43.0	42.5		No	No
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school					32.6	29.1	26.8	28.0	27.8		No	No
Percentage of students who played on one or more sports teams during the past 12 months					58.2	58.6	55.5	56.1	57.7		No	No

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence					Linear Change	Quadratic Change				
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005
Black*	1991	1993	1995	1997	1999	2001	2003	2005	2007		
Injury and Violence											
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet					90.6	92.9	92.7	94.9	96.3	Yes	No
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else					20.2	19.0	18.2	11.1	7.7	Yes	Yes
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol					29.7	24.2	26.2	21.1	23.1	Yes	No
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol					7.7	7.7	6.6	6.2	5.6	No	No
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days					15.7	13.0	15.8	15.6	14.2	No	No
Percentage of students who carried a gun on one or more of the past 30 days					5.9	5.1	7.6	6.0	5.6	No	No
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days					6.8	6.5	5.9	6.3	5.2	No	No

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Black*												
Injury and Violence												
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school					10.8	6.4	4.8	4.5	5.2		Yes	Yes
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months					9.5	7.7	7.4	5.7	4.8		Yes	No
Percentage of students who had property, such as their car, clothing, or books stolen or deliberately damaged on school property one or more times during the past 12 months							23.4	23.5	20.7		No	No
Percentage of students who were in a physical fight one or more times during the past 12 months					41.7	37.2	37.2	34.7	36.8		Yes	No
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse					4.1	4.1	4.1	3.2	4.0		No	No
Percentage of students who were in a physical fight on school property one or more times during the past 12 months					17.3	15.3	12.1	11.3	11.5		Yes	No
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months					10.0	10.9	12.3	8.4	8.1		No	No

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Black*												
Injury and Violence												
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to						8.8	9.8	6.7	6.8		No	No
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months					27.0	28.2	24.8	25.0	25.7		No	No
Percentage of students who seriously considered attempting suicide during the past 12 months					10.7	12.5	9.9	8.4	8.7		No	No
Percentage of students who made a plan about how they would attempt suicide during the past 12 months					7.4	9.5	8.4	7.9	7.2		No	No
Percentage of students who actually attempted suicide one or more times during the past 12 months					4.5	6.2	6.3	5.2	5.5		No	No
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse					0.5	1.5	1.3	1.6	2.3		Yes	No

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year					Linear Change	Quadratic Change					
	1991	1993	1995	1997	1999			2001	2003	2005	2007	
Black*												
Tobacco Use												
Percentage of students who ever tried cigarette smoking, even one or two puffs					66.7	62.7	62.2	53.4	44.2	Yes	No	
Percentage of students who smoked a whole cigarette for the first time before age 13 years					15.6	16.2	19.5	13.4	11.2	Yes	Yes	
Percentage of students who smoked cigarettes on one or more of the past 30 days					17.7	12.7	14.4	11.0	8.5	Yes	No	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days					6.9	5.2	4.5	3.1	2.6	Yes	No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days					6.5	5.5	4.5	4.2	2.4	Yes	No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days						6.3	8.9	6.0	4.1	Yes	No	
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days					1.0	1.0	1.3	0.7	1.5	No	No	
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days					0.6	0.6	1.0	0.4	1.0	No	No	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days					10.6	10.1	8.9	6.6	7.7	Yes	No	

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Delaware High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Black*												
Tobacco Use												
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days					21.8	16.9	16.9	12.8	12.3		Yes	No

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence					Linear Change	Quadratic Change				
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005
Black*	1991	1993	1995	1997	1999	2001	2003	2005	2007		
Alcohol and Other Drug Use											
Percentage of students who had at least one drink of alcohol on one or more days during their life					72.3	67.9	69.9	68.4	66.0	No	No
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years					28.4	25.8	25.9	26.9	24.7	No	No
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days					32.2	30.7	31.9	29.6	29.2	No	No
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days					12.0	13.0	12.2	9.3	9.4	Yes	No
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days					3.9	5.3	3.9	4.9	2.7	No	No
Percentage of students who used marijuana one or more times during their life					49.2	49.6	49.0	40.1	42.1	Yes	No
Percentage of students who tried marijuana for the first time before age 13 years					11.1	13.4	11.7	11.6	10.1	No	No
Percentage of students who used marijuana one or more times during the past 30 days					25.0	25.1	26.5	18.1	23.4	No	No
Percentage of students who used marijuana on school property one or more times during the past 30 days					4.8	5.1	4.9	4.0	4.4	No	No

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Black*												
Alcohol and Other Drug Use												
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life					2.0	1.8	2.2	1.8	1.9		No	No
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days					1.0	0.7	1.3	0.7	0.8		No	No
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life					6.0	4.6	5.5	7.8	6.3		No	No
Percentage of students who used heroin one or more times during their life					1.1	1.3	1.1	0.6	1.1		No	No
Percentage of students who used methamphetamines one or more times during their life					1.3	2.1	1.2	1.2	1.2		No	No
Percentage of students who used ecstasy one or more times during their life							3.7	2.4	2.9		No	No
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life					2.0	2.6	1.6	1.3	1.7		No	No
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life					1.0	0.7	0.9	0.7	0.9		No	No

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Delaware High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Black*												
Alcohol and Other Drug Use												
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months					25.4	19.9	20.9	22.5	17.8		No	No

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Black*												
Sexual Behaviors												
Percentage of students who ever had sexual intercourse					70.5	68.4	72.3	66.9	71.3		No	No
Percentage of students who had sexual intercourse for the first time before age 13 years					22.3	18.5	18.3	17.7	15.9		Yes	No
Percentage of students who had sexual intercourse with four or more people during their life					34.0	25.3	33.1	27.3	32.1		No	No
Percentage of students who had sexual intercourse with one or more people during the past three months					51.4	47.4	53.2	44.1	52.8		No	No
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse					18.2	16.7	19.9	15.5	12.7		No	No
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse					70.9	69.4	70.2	67.2	71.2		No	No
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse					7.8	9.4	9.8	8.7	9.0		No	No
Percentage of students who had ever been taught in school about AIDS or HIV infection					91.8	89.7	92.1	92.3	91.8		No	No

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence					Linear Change	Quadratic Change				
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005
Black*	1991	1993	1995	1997	1999	2001	2003	2005	2007		
Weight Management and Dietary Behaviors											
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**					17.4	20.5	21.7	17.8	20.7	No	No
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)**					14.0	15.7	14.6	17.9	16.3	No	No
Percentage of students who described themselves as slightly or very overweight					26.6	26.8	25.8	28.8	22.9	No	No
Percentage of students who were trying to lose weight					37.0	40.1	33.5	39.2	36.6	No	No
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days					52.4	50.6	51.2	54.9	53.3	No	No
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days					34.2	31.2	31.7	32.8	28.3	No	No
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days					11.7	13.0	12.4	10.1	8.6	Yes	No

*Non-Hispanic.

**Overweight and at risk for becoming overweight prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence					Linear Change	Quadratic Change				
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005
Black*	1991	1993	1995	1997	1999	2001	2003	2005	2007		
Weight Management and Dietary Behaviors											
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days					2.4	4.6	3.7	1.9	3.1	No	No
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days					2.8	2.1	2.0	1.5	2.0	No	No
Percentage of students who drank 100% fruit juices one or more times during the past seven days					86.1	89.1	84.9	85.2	84.4	No	No
Percentage of students who ate fruit one or more times during the past seven days					82.7	77.8	73.8	76.7	77.4	No	Yes
Percentage of students who ate green salad one or more times during the past seven days					50.1	49.1	51.2	52.4	44.8	No	No
Percentage of students who ate other vegetables one or more times during the past seven days					82.5	82.0	79.0	81.2	81.0	No	No
Percentage of students who drank three or more glasses per day of milk during the past seven days					13.2	9.1	8.9	7.1	5.2	Yes	No

*Non-Hispanic.

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Delaware High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Black*												
Physical Activity												
Percentage of students who watched three or more hours per day of TV on an average school day					67.8	64.7	67.3	66.7	60.0		Yes	No
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school					49.1	49.6	41.6	51.6	43.4		No	No
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school					39.1	36.5	31.3	33.9	31.3		No	No
Percentage of students who played on one or more sports teams during the past 12 months					54.4	51.0	50.2	56.1	54.4		No	No

*Non-Hispanic.

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	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Hispanic/Latino												
Injury and Violence												
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet						87.1	82.7	89.4	95.6		Yes	Yes
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else					18.3	17.4	18.1	8.5	9.4		Yes	No
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol					35.0	35.6	29.4	26.7	34.4		No	No
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol					15.2	12.3	7.0	10.1	11.2		No	No
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days					30.0	17.8	16.6	14.2	20.9		Yes	Yes
Percentage of students who carried a gun on one or more of the past 30 days					7.6	8.6	4.8	4.6	9.4		No	Yes
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days					11.6	8.1	5.8	3.8	8.0		No	Yes

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	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Hispanic/Latino												
Injury and Violence												
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school					10.7	16.2	10.1	10.4	8.5		No	No
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months					10.6	12.4	10.3	7.3	7.5		No	No
Percentage of students who had property, such as their car, clothing, or books stolen or deliberately damaged on school property one or more times during the past 12 months							26.4	21.5	18.6		No	No
Percentage of students who were in a physical fight one or more times during the past 12 months					48.8	40.7	39.6	25.3	41.1		Yes	Yes
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse					8.7	7.2	4.4	5.9	6.9		No	No
Percentage of students who were in a physical fight on school property one or more times during the past 12 months					14.0	13.3	14.2	10.0	13.1		No	No
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months					7.3	13.9	9.8	7.4	9.5		No	No

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	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Hispanic/Latino												
Injury and Violence												
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to						12.3	9.8	7.5	12.2		No	No
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months					36.2	42.6	33.6	36.6	35.6		No	No
Percentage of students who seriously considered attempting suicide during the past 12 months					27.8	21.9	13.2	7.9	12.3		Yes	Yes
Percentage of students who made a plan about how they would attempt suicide during the past 12 months					15.9	14.4	9.4	9.0	12.1		No	No
Percentage of students who actually attempted suicide one or more times during the past 12 months					15.3	7.8	10.9	5.5	7.3		Yes	No
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse					7.7	4.4	3.3	2.7	3.0		Yes	No

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Hispanic/Latino												
Tobacco Use												
Percentage of students who ever tried cigarette smoking, even one or two puffs					76.6	77.7	67.2	48.0	51.1		Yes	No
Percentage of students who smoked a whole cigarette for the first time before age 13 years					38.8	31.0	23.3	16.0	21.5		Yes	Yes
Percentage of students who smoked cigarettes on one or more of the past 30 days					29.5	27.4	20.6	17.9	20.4		Yes	No
Percentage of students who smoked cigarettes on 20 or more of the past 30 days					13.6	14.1	7.9	6.7	9.4		Yes	No
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days					11.9	18.2	5.8	4.9	10.1		Yes	No
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days						22.2	11.5	10.0	13.7		Yes	Yes
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days					7.8	3.8	2.1	4.6	4.8		No	Yes
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days					4.0	1.2	1.0	2.5	4.3		No	Yes
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days					22.3	16.7	9.9	12.3	15.1		No	Yes

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Hispanic/Latino												
Tobacco Use												
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days					33.5	32.5	21.7	21.1	24.8		Yes	No

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Question	Prevalence					Linear Change	Quadratic Change				
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005
Hispanic/Latino											
Alcohol and Other Drug Use											
Percentage of students who had at least one drink of alcohol on one or more days during their life					85.1	82.8	79.4	72.1	74.4	Yes	No
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years					46.2	40.5	34.1	23.9	28.5	Yes	No
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days					46.6	54.6	36.2	35.8	45.5	No	No
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days					28.9	31.1	22.6	20.9	24.9	No	No
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days					9.2	9.2	5.8	7.0	9.1	No	No
Percentage of students who used marijuana one or more times during their life					51.6	49.3	47.3	32.8	46.4	No	No
Percentage of students who tried marijuana for the first time before age 13 years					19.4	15.7	13.0	10.6	13.9	Yes	No
Percentage of students who used marijuana one or more times during the past 30 days					35.1	28.7	21.8	16.0	25.7	Yes	Yes
Percentage of students who used marijuana on school property one or more times during the past 30 days					12.0	10.2	5.3	6.2	8.6	No	No

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Hispanic/Latino												
Alcohol and Other Drug Use												
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life					11.8	7.8	6.4	5.9	4.5		Yes	No
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days					3.4	2.8	3.8	5.3	3.1		No	No
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life					13.9	11.0	13.1	10.0	13.0		No	No
Percentage of students who used heroin one or more times during their life					8.3	3.2	4.5	4.5	4.2		No	No
Percentage of students who used methamphetamines one or more times during their life					10.8	6.3	5.1	6.1	5.7		No	No
Percentage of students who used ecstasy one or more times during their life							9.7	8.4	5.1		No	No
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life					3.4	7.4	4.3	3.6	4.9		No	No
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life					6.7	1.4	3.3	4.0	4.8		No	Yes

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	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Hispanic/Latino												
Alcohol and Other Drug Use												
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months					32.7	31.6	22.2	27.6	21.7		Yes	No

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Hispanic/Latino												
Sexual Behaviors												
Percentage of students who ever had sexual intercourse					61.0	64.0	62.1	50.3	62.8	No	No	
Percentage of students who had sexual intercourse for the first time before age 13 years					13.3	19.5	13.0	12.7	14.9	No	No	
Percentage of students who had sexual intercourse with four or more people during their life					26.8	24.8	25.6	17.8	26.3	No	No	
Percentage of students who had sexual intercourse with one or more people during the past three months					41.7	48.3	45.6	37.0	50.1	No	No	
Percentage of students who had ever been taught in school about AIDS or HIV infection					88.8	85.8	86.2	78.9	82.3	No	No	

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Hispanic/Latino												
Weight Management and Dietary Behaviors												
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**					20.7	15.1	18.5	12.3	24.9		No	Yes
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)**					13.3	12.9	16.8	18.3	16.6		No	No
Percentage of students who described themselves as slightly or very overweight					29.2	30.4	32.0	28.0	36.1		No	No
Percentage of students who were trying to lose weight					38.7	44.1	47.6	51.3	49.5		Yes	No
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days					48.9	55.5	59.8	66.2	67.0		Yes	No
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days					29.8	39.6	39.1	47.2	36.7		No	Yes
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days					12.6	11.2	15.7	13.2	14.3		No	No

**Overweight and at risk for becoming overweight prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

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Question	Prevalence					Linear Change	Quadratic Change					
	Survey Year	1991	1993	1995	1997			1999	2001	2003	2005	2007
Hispanic/Latino												
Weight Management and Dietary Behaviors												
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days						8.0	8.1	6.1	5.2	6.7	No	No
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days						3.3	2.9	5.4	2.9	4.4	No	No
Percentage of students who drank 100% fruit juices one or more times during the past seven days						79.6	88.3	86.9	78.7	81.9	No	No
Percentage of students who ate fruit one or more times during the past seven days						75.1	84.8	81.8	83.1	80.2	No	No
Percentage of students who ate green salad one or more times during the past seven days						58.3	58.1	54.7	53.0	52.8	No	No
Percentage of students who ate other vegetables one or more times during the past seven days						76.0	81.0	72.0	70.2	77.7	No	No
Percentage of students who drank three or more glasses per day of milk during the past seven days						16.8	18.6	12.8	15.7	12.4	No	No

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
Hispanic/Latino												
Physical Activity												
Percentage of students who watched three or more hours per day of TV on an average school day					58.3	54.1	47.8	51.1	44.1		Yes	No
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school					42.1	43.0	42.2	61.0	44.1		No	No
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school					35.0	33.8	33.4	35.2	28.9		No	No
Percentage of students who played on one or more sports teams during the past 12 months					58.2	50.3	44.4	51.9	49.2		No	No