**Group Exercise Instructor**

This is a part-time, non-benefitted position.

**DEADLINE:** Open

**CONTEXT OF THE JOB:**
Under the general direction of the Fitness Coordinator and the Fitness Director, a group exercise instructor will provide direct leadership, instruction and motivation for class participants. Develop a class that meets current industry standards, displays proper use of equipment and the knowledge necessary to progress participants safely within parameters of the modality. Develop a fun, participant-centered class with appropriate music. Engages participants with eye contact, verbal and non-verbal cueing and motivational coaching. Presents a welcoming environment and maintains an approachable demeanor.

We are looking for instructors in the following modalities:

- Les Mills BODYPUMP
- Les Mills GRIT
- Les Mills BODYCOMBAT
- Cycle
- Yoga
- Pilates
- Barre

**MINIMUM QUALIFICATIONS:**

- Minimum of 18 years of age
- Current knowledge of exercise protocol as well as exercise contraindications
- Hold a current certification in Group Exercise (AFAA, ACE, ACSM, Les Mills, etc.)
- Willing to obtain CPR/AED/First Aid and Blood Borne Pathogen Training within 30 days of hire*

**Apply:** Send resume and cover letter to JoAnna Baird- jebaird@udel.edu

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