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| **Four-Year Plan** |  |
| **FALL** | **SPRING** |
| **First Year** |   |
| CHEM 101 and CHEM 131 or CHEM 103 and CHEM 133  | ECON 100 - Economic Issues and Policies or ECON 101 - Introduction to Microeconomics  |
| ENGL 110 - Seminar in Composition  | CHEM 102 and CHEM 132 or CHEM 104 and CHEM 134  |
| MATH 114 - College Mathematics and Statistics or higher | SOCI 201 - Introduction to Sociology  |
| NTDT 103 - Introduction to Nutrition Professions  | Breadth Requirement (1/2) |
| NTDT 200 - Nutrition Concepts  | PSYC 100 - General Psychology  |
| First Year Seminar |   |
| Credits: 15 | Credits: 16 |
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| **Second Year** |   |
| BISC 205 - Biology for Health Sciences  | HLTH 245 - Cultural Awareness for Health and Healthcare (Multicultural Requirement) |
| CHEM 213 - Elementary Organic Chemistry  | CHEM 214 - Elementary Biochemistry  |
| CHEM 215 - Elementary Organic Chemistry Laboratory  | CHEM 216 - Elementary Biochemistry Laboratory  |
| NTDT 201 - Food Concepts  | NTDT 250 - Introduction to the Nutrition Care Process  |
| STAT 200 - Basic Statistical Practice or STAT 408 - Statistical Research Methods or PSYC 209 - Measurement and Statistics  | NTDT 305 - Nutrition in the Lifespan  |
|   | NTDT 360 - Introduction to Public Health and Community Nutrition  |
| Credits: 15 | Credits: 15 |
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| **Third Year** |   |
| BISC 276 - Human Physiology  | BISC 300 - Introduction to Microbiology or MMSC 270 - Medical Microbiology & Infectious Diseases  |
| NTDT 321 - Quantity Food Production and Service  | NTDT 322 - Management of Food and Nutrition Services  |
| NTDT 326 - Onsite Food Production  | NTDT 390 - Research Methods in Nutrition  |
| NTDT 330 - Nutrition Counseling  | NTDT 611 - Advanced Macronutrient Metabolism (in place of NTDT400) |
| Free Elective (1/3) | Free Elective (2/3) |
| Credits: 16 | Credits: 16 |

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|  **FALL SPRING**  |
| **Fourth Year** |   |
| NTDT 403 - Senior Nutrition Seminar (Capstone) | NTDT 421 - Nutritional Assessment Methods  |
| NTDT 450 - Medical Nutrition Therapy I  | NTDT 451 - Medical Nutrition Therapy II  |
| NTDT 460 - Community Nutrition (DLE)  | NTDT 445 - Teaching Methods: Nutrition/Foods  |
| Breadth Requirement (2/2) | NTDT 665 - Spring only 1 Credit |
| BUAD 309 - Organizational Behavior  | Free Elective (3/3) |
| NTDT 631 - Advanced Micronutrient Metabolism (in place of NTDT401) |   |
| Credits: 16 | Credits: 13 |
| **Total Credits: 122** |   |