

What to Bring to the Total Life House

Suggested List of What to Bring to the Total Life House

Clothes

Shoes

Rain gear

Toiletries (soap, shampoo, toothbrush, toothpaste, deodorant, brush and comb)

Pillow

1 set of bed linen (another set is provided)

blanket

2 bath towels

2 hand towels

2 washcloths

Laundry bag or laundry basket

Alarm clock

Flashlight

Gym bag or backpack

Assorted items for snack/meal prep in your suite

Optional

Radio/CD player

Hair dryer

Books

Cell phone

Laptop computer

*... and those personal things that will make your suite
your home*