

## INDIVIDUAL & FAMILY SUPPORT COORDINATION Certificate Program

*Practical Approaches to Supporting Individuals with Disabilities and their Families*



The University of Delaware, Center for Disabilities Studies is taking registration for Spring 2007 Certificate Programs.

**INDIVIDUAL & FAMILY SUPPORT COORDINATION** is designed for DDDS employees, social workers, case managers, nurses, and mental health professionals who coordinate services for people with disabilities. This training program will be offered once a week for six Thursdays from 9am-1pm on the following dates.

### **March 29, Working with Different Families:**

Our personal and professional opinions affect how we make decisions and influence our actions. In this session we will explore and learn how to minimize stereotyping, and instead support consumers and their families who may challenge your ideas, or have different values.

### **April 5, Better Communication and Less Conflict:**

Improve your skills and adapt your style of communication so your message is clear. Learn and practice negotiation skills to better manage differences and connect with your colleagues and consumers.

### **April 12, Family Support, Advocacy and Self-Determination:**

Empower families and individuals through a family system approach, self-determination and advocacy methods. Learn about national trends that are working in our organizations and homes.

### **April 19, Identifying Useful Resources:**

How do we find the right resources in the community and who is the best person to contact? Find answers and meet experts who can steer you down the right road.

### **April 26, Essential Life Planning and Person Centered Thinking:**

Improve your ELPs through the philosophy of Person Centered Thinking. Practice developing better plans with exercises designed to “help people get better lives, not just better plans...”



### **May 10, Building Teams and Building Dreams:**

What characteristics are needed to create productive teams and “Circles of Support?” Learn techniques that generate an engaging work environment for all employees and their consumers.

Classes will be held at the Delaware State Fire School in Dover  
Please see our registration form for information about our application and tuition fees.  
For more information, contact Karen Townsend, A.C.S.W., Trainer at 301-831-2305  
[KarenT@udel.edu](mailto:KarenT@udel.edu) or visit [www.udel.edu/cds](http://www.udel.edu/cds)

Center for Disabilities Studies • University of Delaware  
461 Wyoming Road • Newark, DE 19716  
[www.udel.edu/cds](http://www.udel.edu/cds) • (302) 831-6974 • (302) 831-4689 TDD

# Certificate Program Registration Form

Please check one:

Innovative Concepts and Practices \_\_\_\_\_ First Line Supervisor Training \_\_\_\_\_  
Individual & Family Support Coordination \_\_\_\_\_

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Name

Email address

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Home address (include zip code)

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Home Phone #

Work Phone #

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Job Title

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Employer

Work address

Fees:

- One-Time Registration Fee \_\_\_\_\_ \$50
- Tuition (Non-Profit)\* \_\_\_\_\_ \$200

\* **DDDS employees, staff of DDDS provider agencies, consumers, and their family members do not pay tuition.** Registration fee is one-time, for ALL participants **except DDDS employees.** You do not need to pay this fee if you previously paid for one of our Certificate Programs (other than New Visions).

If you need accommodations, please contact Community Education at least 10 days before the starting date of your certificate program.

Mail or fax registration form and send payment (if applicable) to:

Center for Disabilities Studies  
Community Education Certificate Program  
Attention: Nancy Freedman  
University of Delaware, 461 Wyoming Road, Newark, DE 19716  
FAX # 302-831-0350

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