



“I absolutely love that Community Connectors has given me the opportunity to go out with others who are close to my age and share my interests.”

- Aaron, Participant



The Center for Disabilities Studies

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COMMUNITY CONNECTORS



TRYING NEW THINGS!
TAKING RISKS!
BUILDING FRIENDSHIPS!



“It gets you involved with the community – and the community involved with you.”

- Shawn, Participant

COMMUNITY CONNECTORS

◆◆ The Individual Program ◆◆

Through the Individual Program, participants pursue personal interests and become involved in their community. With support from program staff, self-motivated participants create their own goals and then implement plans to achieve those goals.

In the past, these goals have included joining a sports teams, volunteering, or taking art classes.

The Individual Program Process

- 1) Participants meet informally with staff members to share interests and define specific goals.
- 2) Participants seek out opportunities of interest and engage in their chosen activity. To help with this process, the staff has an extensive list of activities in the community.
- 3) Approximately two to four times per month, participants meet with staff to share their progress and successes. This time can be used to brainstorm solutions to any problems that may have arisen. Participants continue with their activity until they fulfill their goals and create their own connections.

(Due to the popularity of this program, there is a wait list.)

Sponsored by the Center for Disabilities Studies at the University of Delaware, Community Connectors helps adults with disabilities become involved in their community. Through the program, participants build skills, network, and socialize.

Interested individuals can become involved in two programs: the Individual Program and the Group Program. Contact a staff member to find out which programs are right for you!

WHO IS ELIGIBLE TO APPLY?

Adults with disabilities (age 18 and older) who live, or plan to live, independently.

WHAT ARE THE COSTS?

While there is no fee to enroll in the programs, all costs for events in the community are the responsibility of participants. However, staff will help to find reasonably priced activities.

WHOM DO I CONTACT?

To find out more information, please call 302.831.6839, or e-mail connectors@udel.edu.

◆◆ The Group Program ◆◆

The Group Program is a wonderful opportunity for participants to build friendships and gain new experiences. Though this program requires less commitment than the Individual Program, regular participation helps maintain membership benefits.

Further, many people take part in group activities while on the wait list for the Individual Program.

Examples of Group Activities

- ◆ Bowling ◆
- ◆ Sporting Events ◆
- ◆ Movies ◆
- ◆ Dinners ◆
- ◆ Educational Opportunities ◆
- ◆ Theater ◆
- ◆ Volunteering ◆

