

University of Delaware, Center for Disabilities Studies

SPRING TRAINING SCHEDULE

This Seminar Series will provide up-to-date information, ideas and inspiration for new and experienced direct support professionals, managers and administrators working with people with disabilities.



Strategies to Effectively Support Adults with Autism

Direct Support Professionals are invited to learn along side their peers as we journey through an interactive training focused on providing participants with the necessary skills to support individuals with Autism Spectrum Disorders (ASDs). This training is aimed at providing practical tools to staff in order to help the individuals we serve maximize their potential across the critical areas in their life. The journey will begin by understanding the nature of ASDs and current issues as well as some of the basic concepts essential to effective teaching. Moving forward, we will discuss strategies for enhancing independence in everyday life, developing support networks, facilitating self-determination, as well as fully grasping and balancing the dignity of risk. Finally, we will work to "translate" action planning into actual life-planning and discuss and design methods for implementation that focus on effective teaming.



Everyday Assistive Technology: Low Tech, High Tech, Creative Programming Options

It's a fact! Assistive Technology provides people with disabilities with opportunities for greater independence and inclusion. This workshop will provide Direct Support Professionals with a snapshot of the world of AT resources that can assist the people you support in every aspect of daily life including employment. Join Marvin Williams from the Delaware Assistive Technology Initiative (DATI) as he illustrates how technology, environmental modifications and personalized approaches can be incorporated to make the everyday tasks attainable for people with disabilities. You will look at everyday assistive technology for the kitchen, bathroom, bedroom, and office that can enhance your consumers' independence and quality of life.



New Visions Training

New Visions includes a discussion surrounding the rights of people with disabilities, the history of treatment of people with disabilities, People First Language, and an introduction to different types of disabilities. This four hour seminar uses interactive training techniques to present basic concepts and to promote discussion about current issues and future advancements to support people with disabilities. Participants will also examine the benefits of person-centered approaches such as Essential Lifestyle Planning. Empowerment and self-determination, including a discussion noting the responsibilities of direct support professionals in encouraging and teaching self-advocacy skills to individuals with developmental disabilities, will also be explored. DDS funded agencies should note that New Visions not only fulfills DDS' annual staff in-service requirements, but can be directly substituted for the following DDS courses: *Client Rights, Intro to MR/DD and ECD*.



Equal Justice: Individuals with Disabilities and the Criminal Justice System

Everyday people with developmental disabilities come face to face with the criminal justice system – as victims of crimes, witnesses to crime, and as people who are accused of crimes. As allies it is critical that we understand why people with disabilities are at greater risk of getting involved in the system and what we can do to support them through the process. Participants will learn the steps that take a suspect from the point of arrest through re-entry into society, resources for circumventing victimization and criminal behavior, and how we as professionals can support individuals with disabilities in understanding their rights and responsibilities.



Coaching – A Champion’s Approach

Sports coaches assist athletes in developing to their full potential. They are responsible for training athletes in a sport by helping the athlete analyze their performances, providing instruction in relevant skills and by providing encouragement. But coaches are also responsible for the guidance of the athlete in life and their chosen sport. The role of the coach is multifaceted and varied; coaches serve as instructor, mentor, facilitator, demonstrator, adviser, supporter, fact finder, motivator, counselor, organizer, and planner. This workshop will provide professionals like YOU with tools, models and techniques to further enhance the work you do. Learn how you can be a **life coach** and promote self-direction, greater independence and personal goal accomplishment for the individuals you support. Through interactive exercises and presentations participants will learn how to adopt a coaching model to support people with disabilities.



Uh, Oh! Where’s the Net?

Balancing risk with greater independence for people with disabilities is indeed a challenge for professionals in the disability field. “*Uh, Oh! Where’s the Net?*” addresses these challenges with an approach that encourages the development of a “different” lens helping you to focus on ways to support people with disabilities that genuinely fosters choice and control.



Buying the Cow... and other things from the farm!

Challenging old approaches to promoting independence can at times seem impractical. In this workshop “*Buying the Cow... and other things from the farm!*” participants will explore creative alternatives to tapping community resources to cultivate a positive connection between service provision and promoting independence, while empowering people with disabilities to take the “bull by the horns”.

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For registration information please contact Blake Bossert at 302-831-6974.

Seminars will be offered as noted at the following training sites:

<u>Kent County</u>	<u>New Castle County</u>	<u>Sussex County</u>
Thomas Collins Building 540 South. DuPont Hwy. Dover, DE 19901	Fox Run 2540 Wrangle Hill Road Bear, DE 19701	Stockley Center Campbell Building C – 3 Classroom C 26351 Patriots Way Georgetown, DE 19947

Strategies to Effectively Support Adults with Autism

April 15 th	12:00 – 3:00	Thomas Collins Bldg., Dover
May 27 th	9:00 – 12:00	Fox Run, Bear
June 2 nd	12:00 – 3:00	Stockley Center, Georgetown

Everyday Assistive Technology: Low Tech, High Tech, Creative Programming Options

May 25 th	9:00 – 12:00	Thomas Collins Bldg., Dover
June 25 th	1:00 – 4:00	Fox Run, Bear

New Visions Training

April 21 st	9:00 – 1:00	Stockley Center, Georgetown
April 28 th	8:30 – 12:30	Fox Run, Bear

Equal Justice: Individuals with Disabilities and the Criminal Justice System

April 30 th	1:00 – 4:00	Fox Run, Bear
May 26 th	9:00 – 12:00	Stockley Center, Georgetown
June 1 st	1:00 – 4:00	Thomas Collins Bldg., Dover

Coaching – A Champion’s Approach

April 27 th	9:00 – 12:00	Thomas Collins Bldg., Dover
May 5 th	1:00 – 4:00	Stockley Center, Georgetown
May 24 th	12:00 – 3:00	Fox Run, Bear

Uh, Oh! Where’s the Net?

June 15 th	12:00 – 3:00	Stockley Center, Georgetown
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Buying the Cow... and other things from the farm!

June 2 nd	9:00 – 12:00	Thomas Collins Bldg., Dover
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