

**New Directions Early Head Start**  
**Program Information Report**  
**September 10, 2009**

New Directions Early Head Start had a total of 203 infants and toddlers and 26 pregnant women enrolled from the 2008-2009 program year. Fifty of the children were enrolled for the second year, and 23 were enrolled for three years or more. The program is funded for 135 slots through ACF, which is the same number as the previous two years. The number of children and pregnant women who dropped out and did not re-enroll was 58 or 25% of the total. Of these 58 individuals, 8 moved, 12 were not meeting program requirements, 9 were not responding to phone calls and visits to the house, 9 had a change in their family situation and were unable to participate in home visits, 8 experienced purchase of care issues in which home based services were declined, 6 changed to a program that was more convenient (i.e. all children could attend, closer to job, different hours), 3 were not satisfied, and 3 did not give a reason. *See Table 1.*

***Table 1: Enrollment***

	2008-2009		2007-2008		2006-2007	
	Number	Percent of Total	Number	Percent of Total	Number	Percent of Total
<b>Total infants, toddlers, and pregnant women were enrolled in NDESH during the Program Year</b>	<b>229</b>		<b>213</b>		<b>230</b>	
Total enrollment of pregnant women	26	11%	17	8%	24	10%
<b>Total enrollment of children</b>	<b>203</b>	<b>89%</b>	<b>196</b>	<b>92%</b>	<b>206</b>	<b>90%</b>
Children enrolled in NDEHS for their second year	50	25% of children	62	32% of children	50	24% of children
Children enrolled in NDEHS for three or more years	23	11% of children	18	9% of children	17	8% of children
Administration for Children and Families funded enrollment of children and pregnant women	135		135		135	
Foster children	3	2% of children	4	2% of children	1	<1% of children
<b>Turnover</b>						
Children and pregnant women for EHS programs who dropped out and did not re-enroll	58	25%	61	29%	*62	27%
Replacement of those who dropped out	58	100%	*55	90%	*60	97%
<b>Enrolled less than 45 days</b>	<b>12</b>	<b>5%</b>	<b>11</b>	<b>5%</b>	<b>9</b>	<b>4%</b>

\* Two children who left at the end of July were not replaced at the partner agency that is ending its partnership in September.

\* Six children left in the middle of August and were replaced in September.

For the 2008-2009 program year, the number of children up-to-date on a schedule of age-appropriate preventive and primary health care, including all appropriate tests and physical examinations was 176 (87% of all children) at the time of the PIR report. Thirteen children were enrolled less than 90 days and we did not get their health information. Ten children are not up to date on well baby visits; 3 children are due for a well baby visit, but do not currently have an appointment scheduled. Four children were diagnosed as needing medical treatment through our screening process. All 4 children received treatment. Twenty –six children received treatment for the following – 1 for anemia, 17 for asthma, 2 for hearing difficulties, 4 for vision problems, 1 for high lead levels, and 1 for diabetes. *See Table 2.*

**Table 2: Medical Services**

Medical Services	2008-2009		2007-2008		2006-2007	
	No. of children	% of children	No. of children	% of children	No. of children	% of children
<b>Total children up-to-date on a schedule of age-appropriate preventive and primary health care, including all appropriate tests and physical examinations*</b>	<b>176</b>	<b>87%</b>	<b>179</b>	<b>91%</b>	<b>177</b> PIR report	<b>86%</b>
Diagnosed as needing medical treatment	4	2%	4	2%	27	13%
Received or are receiving medical treatment after diagnosis	4	<i>100% of those diagnosed</i>	4	<i>100% of those diagnosed</i>	27	<i>100% of those diagnosed</i>
<b>Treatment received for:</b>						
Anemia	1		0		0	
Asthma	17		16		11	
Hearing Difficulties	2		2		3	
Overweight	0		2		5	
Vision Problems	4		5		2	
High Lead Levels	1		0		2	
Diabetes	1		1		1	

*\* Determined by a medical professional*

At enrollment, 80% of children had up to date immunizations. At the end of the enrollment period, 171 children, or 84% of children, had up-to-date immunizations. *See Table 3.* Nationally and in Delaware, 83% of two year olds were immunized in 2005 according to the Annie Casey Foundation.

**Table 3: Immunization**

	2008-2009		2007-2008		2006-2007	
	No. of children	% of children	No. of children	% of children	No. of children	% of children
<b>Children up-to-date on all immunizations appropriate for age</b>						
At enrollment	162	80%	176	90%	189	92%
At end of enrollment year	171	84%	178	91%	192	93%
<b>Children up-to-date on all immunization possible at the time, but not all appropriate for age</b>						
At enrollment	20	10%	7	4%	7	3%
At end of enrollment year	10	5%	6	3%	5	2%

Eighty-nine percent of children enrolled were screened for preventive dental care as part of their well-baby examinations. Twenty children had professional dental examinations during the program’s operating period or within the last 12 months. We will continue to work with dentists and parents to increase this number. *See Table 4.*

**Table 4: Preventive Dental**

	2008-2009		2007-2008		2006-2007	
	No. of children	% of children	No. of children	% of children	No. of children	% of children
Screened as part of the series of well-baby examinations	180	89%	179	91%	172	83%
Received professional dental examinations during the programs’ operating period or within the last 12 months	20	10%	8	4%	16	8%

One hundred ninety-one children completed routine screenings for developmental, sensory and behavioral concerns. Twelve children left the program within 45 days and did not get all the screenings completed. The program had 22 children determined to have a disability or disabilities. Of those with a disability, 16 were determined to have a disability prior to this year's enrollment, and 6 were determined to have one between the time of enrollment and the end of the year. Of those 22 children, 22 had IEP or IFSP, and all 22 were eligible by the LEA or Part C agency to receive special education and related services or Part C services under an IEP or IFSP. Of these eligible children, 8 did not receive special education or related services. *See Table 5.*

**Table 5: Disabilities**

Disability Status	2008-2009		2007-2008		2006-2007	
	No. of children	% of children	No. of children	% of children	No. of children	% of children
<b>Total determined to have disability or disabilities</b>	<b>22</b>	<b>11%</b>	<b>18</b>	<b>9%</b>	<b>17</b>	<b>8%</b>
<b>Time of determination</b>						
Disability determined prior to this year's enrollment	16	8%	11	6%	12	6%
Disability determined between time of enrollment and end of enrollment year	6	3%	7	4%	5	2%
<b>Eligibility</b>						
Children with an IEP or IFSP	22	11%	16	8%	15	7%
Eligible by the LEA or Part C agency to receive special education and related services or Part C services under an IEP or IFSP	22	11%	16	8%	15	7%
Eligible, but have not received special education and related services	8	36% of eligible children	2	13% of eligible children	1	7% of eligible children

The past program year’s enrollment included 26 pregnant women. One woman enrolled in her first trimester, 11 in their second trimester, and 14 enrolled in their third trimester. Seven of the women’s pregnancies were identified as medically “high risk.” Twenty-four women received prenatal and postpartum health care. Twenty-six women received prenatal education on fetal development and information on the benefits of breastfeeding. Twenty-six women, or 100% of enrolled pregnant women, also received mental health interventions and follow-up. One woman received dental examinations or treatments within the last 12 months. *See Table 6.*

***Table 6: Pregnant women’s services***

Enrollment	2008-2009		2007-2008		2006-2007	
	No. of women	% of women	No. of women	% of women	No. of women	% of women
<b>Total</b>	<b>26</b>		<b>17</b>		<b>24</b>	
Under 18 years of age	1	4%	0	0%	0	0%
<b>Enrollment period</b>						
First Trimester	1	4%	2	12%	1	4%
Second Trimester	11	42%	5	29%	5	21%
Third Trimester	14	54%	10	59%	18	75%
Identified as medically “high risk”	7	27%	5	29%	4	17%
<b>Services received</b>						
Prenatal and postpartum health care	***24	92%	**15	88%	*23	96%
Prenatal education on fetal development	26	100%	17	100%	*23	96%
Information on benefits of breastfeeding	26	100%	17	100%	*23	96%
Mental health interventions and follow-up (includes substance abuse prevention and treatment)	26	100%	17	100%	*23	96%
Dental examination and/or treatment within the last 12 months	1	4%	3	18%	6	25%

\*One pregnant woman enrolled in July and just beginning to receive services.

\*\*Two pregnant women were enrolled and left the program in a short period of time. They received prenatal care, but did not have a prenatal care visit during the period in which they were enrolled.

\*\*\*Two pregnant women received prenatal care but left before we received documentation for this program year.

The total number of families served in the 2008-2009 program year was one hundred seventy four. Thirty percent (n=52) of these families are two-parent families. Both parents/guardians are employed in 8 families, one parent/guardian is employed in 40 families, and both parents/guardians are not working in 4 families. Both parents/guardians are in job training or school in 1 family, one parent/guardian is in job training or school in 7 families, and neither is in job training or school in 44 families. Seventy percent (n=122) of the families served are single-parent families. The single parent/guardian is employed in 61, or 50%, of these families. In half of the single parent families (n=61, 50%), the parent/guardian is not working. The parent/guardian is in job training or school in 13 families. The parent/guardian is not in job training or school in the remaining 109 families. See Table 7.

**Table 7: Families and employment status**

	<b>2008-2009</b>		<b>2007-2008</b>		<b>2006-2007</b>	
<b>Families</b>	<b>No. of families</b>	<b>% of families</b>	<b>No. of families</b>	<b>% of families</b>	<b>No. of families</b>	<b>% of families</b>
<b>Total families served</b>	<b>174</b>		<b>164</b>		<b>183</b>	
<b>Two-parent families (2PF)</b>	<b>52</b>	<b>30% of families</b>	<b>54</b>	<b>33% of families</b>	<b>54</b>	<b>30% of families</b>
Both parents/guardians are employed	8	15% of 2PF	7	13% of 2PF	6	11% of 2PF
One parent/guardian is employed	40	77% of 2PF	41	76% of 2PF	39	72% of 2PF
Both parents/guardians are not working (unemployed, retired, disabled)	4	8% of 2PF	6	11% of 2PF	9	17% of 2PF
Both parents/guardians in job training or school	1	2% of 2PF	1	2% of 2PF	1	2% of 2PF
One parent/guardian in job training or school	7	14% of 2PF	7	13% of 2PF	7	13% of 2PF
Neither parent/guardian in job training or school	44	85% of 2PF	46	85% of 2PF	46	85% of 2PF
<b>Single-parent families (SPF)</b>	<b>122</b>	<b>70% of families</b>	<b>110</b>	<b>67% of families</b>	<b>129</b>	<b>70% of families</b>
Parent/guardian is employed	61	50% of SPF	54	49% of SPF	60	47% of SPF
Parent/guardian is not working	61	50% of SPF	56	51% of SPF	69	53% of SPF
Parent/guardian is in job training or school	13	11% of SPF	16	15% of SPF	23	18% of SPF
Parent/guardian is not in job training or school	109	89% of SPF	94	85% of SPF	106	82% of SPF

The most prevalent level of education of any family member was less than a high school degree for 85 families (49% of all families), followed by a high school degree or GED for 49 families (28% of all families), then some college, vocational, or associate degree for 29 families (17% of all families), and finally a bachelor's or advanced degree for 11 families (6% of all families). Ratios have changed relative to both previous years shown. *See Table 8.*

**Table 8: Highest Education Level of Parent(s)/Guardian(s)**

Education Level	2008-2009		2007-2008		2006-2007	
	No. of families	% of families	No. of families	% of families	No. of families	% of families
Less than high school degree	85	49%	63	38%	70	38%
High school degree or GED	49	28%	64	39%	76	42%
Some college, vocational, or associate degree	29	17%	32	20%	31	17%
Bachelor's or advanced degree	11	6%	5	3%	6	3%

The number of families that participated in the WIC program was 139 (80% of all families). Thirty-eight families (22% of all families) received cash benefits or other services under the TANF program. Thirteen families (8% of all families) received SSI benefits. *See Table 9.*

**Table 9: Government Assistance Program Participation**

Program	2008-2009		2007-2008		2006-2007	
	No. of families	% of families	No. of families	% of families	No. of families	% of families
<b>WIC:</b> Special Supplemental Nutrition Program for Women, Infants, and Children	139	80%	141	86%	160	87%
<b>TANF:</b> Temporary Assistance to Needy Families	38	22%	40	24%	60	33%
<b>SSI:</b> Supplemental Security Income	13	8%	18	11%	23	13%

### **Primary Language**

Of all participants in the program, 74% primarily speak English at home. For 60 of the participants (26% of all participants), the primary language of the family at home is Spanish.

### **Family Partnership Process and Family Services**

Of the total number of families, 174 (100% of all families) participated in a family goal setting process which resulted in an individualized family partnership agreement in 2008-2009. The previous program year, 100% of all families participated as well.

All families received at least one family service during the program year. Seventy-nine families (45%) received emergency/ crisis intervention (addressing an immediate need for food, clothing shelter). All of the families received health and parent education services. Sixty-one families (35%) received a mental health referral or assistance, which is more than two times as many families that received the same service the previous program year.

### **Homeless Families**

Eight homeless families were served during the enrollment year; 12 homeless children were served. One homeless family acquired housing during the enrollment year. Four families were supported during the program year so they did not become homeless.

### **Volunteer Information**

The program had 280 volunteers for the 2008-2009 enrollment year. Of the 2008-2009 volunteers, 157 (56% of all volunteers) were former or current Head Start or Early Head Start parents.