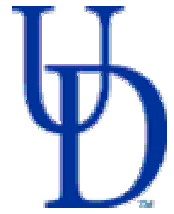




RUNNING BIOMECHANICS STUDY



We are looking for male and female distance runners who would like to participate in a running study



Your participation in one 2-hour data collection will help us to understand the effects of asymmetry on running injury risk... You will also learn about your own strength, structure, and running mechanics!

Inclusion Criteria:

- Age: 18-45
- No current injuries
- Currently running > 20 miles/week

Protocol: One 2-hour data collection will occur at the Motion Analysis Laboratory at the University of Delaware. You will be asked about previous running injuries and contacted monthly for 9 months to see if you have sustained any new running injuries.

Compensation: You will be compensated \$25 for your time

Please contact Becky Zifchock at 302-831-4646 or
beckyaz@udel.edu