



ATTENTION FEMALE RUNNERS



We are looking for Female Distance Runners who meet the criteria below to help better understand the mechanisms involved in Lower Extremity Running Injuries.



- ◆ Female runners are at a higher risk of sustaining a lower extremity running injury than males.
- ◆ Make a significant contribution to this area of research and gain a better understanding of your own lower extremity structure.

Inclusion Criteria:

- **Ages 18-30**
- **Run at least 20 miles per week**

Requirements: One two-hour data collection at the University of Delaware in Newark that includes a lower extremity evaluation by a licensed physical therapist and 3-D motion capture of your running gait. You will be compensated for your time.

Please contact Brian Noehren at 302-831-4646 or bnoehren@udel.edu

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