

**Nurses— Everyday Heroes
Providing care & changing health care
one nurse at a time!**

Major Services

- ◆ *Comprehensive Geriatric Assessment*
- ◆ *Consultations for Families with Frail Elders*
- ◆ *Agency Consultations for Complex Care & In-Home Visits*
- ◆ *Community & School Health Fairs*
- ◆ *Health Promotion Education*
- ◆ *Health Careers Education*

University of Delaware Nursing Center

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Caring for
Vulnerable Populations

Education, Outreach & Research Equate with Quality

Nursing Education

- › *Graduate Research Assistantships*
- › *Curricular Enhancements in Care of Elderly & Vulnerable Populations*
- › *Increased Student Service Learning Opportunities*

Community Outreach

- › *Comprehensive Geriatric Assessments & Intervention*
- › *Case Management for Elderly*
- › *Community Health Promotion & Education*
- › *Chronic Disease Screening*
- › *"Picture Yourself A Nurse" Campaign*

Research Initiatives

- › *Delaware Demography on Aging Project (Frail Elderly)*
- › *Computerization of Nursing Documentation Systems*
- › *OMAHA PLUS Database Building*
- › *Tobacco Cessation Programs for Young Adults*

Delaware's Nursing Center History

1990

Caring for older adults and their families and promoting the health and welfare of this underserved group through a nursing center framework began with the work of Dr. Shirley Carter. Dr. Carter received a 2 year grant from the Health Resources and Services Administration to place a nursing education center in an elderly high-rise in Wilmington, Delaware. During this time, she and her nursing students provided outreach education to older adults who otherwise could not receive education and case management services to monitor and address their chronic health care needs. At the end of the three years, the center was closed due to a lack of ongoing funding. The loss to the community and the nursing program was felt widely.

1995

Dr. Lucille Pulliam pulled together a team to re-open a nursing center for the dual purpose of providing for the health care needs of older adults and the education of nursing students. Receiving partial funding for 5 years from the HRSA Division of Nursing, the UD Nursing Center provided comprehensive geriatric assessment services for older adults in Delaware. During the 5 years, 100% of the undergraduate students began to use standardized documen-

tation systems. A computerized database was developed and a strategic plan for ongoing funding was developed. The realities of competitive funding for operational support created momentum for innovative mechanisms to support the initiatives and services established.

2001

Continuing to promote care for the underserved, Drs. Plowfield and Hayes received multiple competitive grants to support the community need and education of students. Both the "Promoting Healthy Lifestyles" and "Picture Yourself a Nurse" campaigns were launched. Additional grants to support expanded services and student education included funding from AACN Hartford and HRSA. The UD Nursing Center also enhanced health care providers' expertise through funding from the Jessie Ball duPont Fund.

2006

Concept of vulnerability re-examined and clarified to expand services and research initiatives of UD Nursing Center.



Vision: Caring for Today & Educating for Tomorrow

Recent Publications & Presentations

- Hayes, E.R., & Plowfield, L.A. (in press). Smoking too young: Students' decisions about tobacco use. *Maternal Child Nursing*.
- Plowfield, L. & Hayes, E. (2006). Finding tomorrow's nurses. *Advance for Nurses*, 8(13), 16-17.
- Plowfield, L.A., Raymond, J.E., & Hayes, E.R. (2006). An educational framework to support gerontological nursing education at the baccalaureate level. *Journal of Professional Nursing*, 22(2), 103-106.
- Plowfield, L.A., Hayes, E.R., & Raymond, J.E. (2005). Using the Omaha System to document the wellness needs of the elderly. *Nursing Clinics of North America*, 40, 817-829.
- Plowfield, L.A., Wheeler, E.C., & Raymond, J. (2005). Time, tact, talent & trust: Essential ingredients of academic community partnerships. *Nursing Education Perspectives*, 26, 217-220.
- "Minimizing the Maze for the Frail Elderly." 14th Annual Primary Care of the Underserved Conference, Philadelphia, May, 2006.
- "Documenting the Needs of Frail Elders in the Community Using the Omaha System." 38th Biennial Sigma Theta Tau International Convention, Indianapolis, November, 2005.
- "Episodic Health Promotion: A Guide to Educating & Intervening." Gerontological Society of America Annual Meeting, Washington, D.C., November 2004
- "Examining Societal Needs of Frail Elderly." National Nursing Centers Consortium, Nashville, October 2004.

"The test of our progress is not whether we add more to the abundance of those who have much, it is whether we provide enough for those who have little."

Franklin Delano Roosevelt, Inaugural Address, January 20, 1937