



## **Thomas William Kaminski, PhD, ATC, FACSM**

### **ADDRESS**

#### *Home:*

127 Trupenny Turn  
Middletown, DE 19709-8621  
302-378-6128 (home)  
302-465-2335 (cell)

#### *Office:*

Department of Health, Nutrition  
& Exercise Sciences  
University of Delaware  
Human Performance Laboratory  
Room 159  
541 South College Avenue  
Newark, DE 19716  
302-831-6402 (office)  
302-831-3693 (fax)  
kaminski@udel.edu  
<http://www.udel.edu/HNES/AT/Site/index.html>

### **EDUCATION**

#### **University of Virginia, Charlottesville, Virginia**

Doctor of Philosophy, Education: Sports Medicine, 1996

Major areas of study: Athletic Training/Sports Medicine  
Research Design and Statistics

Dissertation Topic: “Concentric and Eccentric Force-Velocity  
Relationships between Uninjured and  
Functionally Unstable Ankles”

#### **University of Arizona, Tucson, Arizona**

Master of Science, Exercise and Sport Science with a Specialization in Athletic  
Training, 1985 (NATA Approved Graduate Curriculum)

#### **Marietta College, Marietta, Ohio**

Bachelor of Science, Sports Medicine, 1984

## **TEACHING EXPERIENCE**

**University of Delaware**, Department of Health, Nutrition & Exercise Sciences, Newark, Delaware: September 2003 to present.

*Associate Professor (tenure granted May 2005)*

HESC240 Introduction to Athletic Training  
HESC257 Athletic Training Practicum I  
HESC457 Athletic Training Practicum IV  
HESC458 Athletic Training Practicum V  
HESC459 Athletic Training Practicum VI  
HESC480 Upper Extremity and Spine Evaluation  
HESC481 Lower Extremity and Spine Evaluation  
HESC605 Pathoetiology of Musculoskeletal Injuries  
HESC606 Evidence-Based Sports Medicine

*Director of Undergraduate Athletic Training Education Program*

Responsible for the management and direction of the CAAHEP accredited undergraduate athletic training education program (ATEP). Duties include: clinical education, academic advising, career counseling, CAATE program implementation, and curriculum development. Faculty advisor to Student Athletic Trainers' Club (SATC). Development of the policies and procedures manual and new courses. Maintain the program's Internet web site ---- <http://www.udel.edu/HNES/AT/Site/index.html> Lead author of the CAATE self-study for re-accreditation September 2006 – successful re-accreditation granted August 2007.

*Co-Director Athletic Training Research Laboratory*

Responsible for setting the research agenda for the research lab, maintenance of the equipment and facility, and guidance for the graduate and undergraduate students involved in research.

*Faculty Appointment - Biomechanics and Movement Science Graduate Program*

Involved in research and teaching within this interdisciplinary master's and doctoral program of study.

*Neuropsychological Testing Consultant – Department of Athletics and Recreation*

Responsible for scheduling, conducting and interpreting the neuropsychological testing program for University of Delaware student-athletes utilizing the ImpACT computerized software program.

*Isokinetic Testing Consultant – Department of Athletics and Recreation*

Responsible for scheduling, conducting, and interpreting the isokinetic testing program for University of Delaware student-athletes utilizing the Kin Com 125 AP isokinetic dynamometer.

*Undergraduate Research Program*

**2006-07**

Neeld, Kevin \*                      BS (thesis)                      Chair

\* Awarded the UD Chapter of Sigma Xi Undergraduate Thesis Award 2007  
& Awarded the Phi Kappa Phi Undergraduate Research Essay Award 2007

**2005-06**

Surdam, Nicole \*                      BS (thesis)                      Chair

\* Awarded the UD Chapter of Sigma Xi Undergraduate Thesis Award 2006

*Undergraduate Science and Engineering Scholar Committees*

**2008-09**

McHugh, Liza                      BS                      Chair

**2007-08**

McCartney, Taima                      BS                      Chair

**2006-07**

Groff, Rachel                      BS                      Chair

**2004-05**

Cousino, Eric                      BS                      Chair

*Graduate Committees (Thesis/Non-Thesis and Dissertations)*

**2008-09**

**Master's**

Kim, Allison                      MS (thesis)

O'Neill, Megan                      MS (thesis)

Phillips, Michael                      MS (thesis)

**2007-08****Doctoral**

Chhabra, Sudhaker	PhD (dissertation)	
Hartigan, Erin	PhD (dissertation)	

**Master's**

Abbott, Heather	MS (thesis)	Chair
Fegley, Devon	MS (thesis)	Chair
Hinsey, Matt	MS (thesis)	
Lambert, Jamie	MS (thesis)	
Needle, Alan	MS (thesis)	
Ristori, Cynthia*	MS (thesis)	
Snyder, Lauren**	MS (thesis)	

\* Student is enrolled as a Master of Science student at Florida International University, Miami, FL (serving as an outside member on her committee)

\*\* Student is enrolled as a Master of Science student at Old Dominion University, Norfolk, VA (serving as an outside member on her committee)

**2006-07****Doctoral**

Miller, Laura	PhD (dissertation)	Chair
Chaffee, Lee*	DSc. (committee member)	

\* Student is enrolled as a Doctor of Science student at Rocky Mountain University of Health Professions, Provo, UT (appointed Adjunct Research Fellow December 2003)

**Master's**

Koscs, Matt (August 2008 graduation)	MS (thesis)	Chair
Marrash, Mona	MS (thesis)	Chair
Rosen, Adam (August 2008 graduation)	MS (thesis)	

**2005 - 06****Master's**

Fox, Karen (January 2008 graduation)	MS (thesis)	Chair
Gilliam, Mary Beth	MS (thesis)	Chair

**2004-05**

**Doctoral**

Douex, Al	PhD (dissertation)	Chair
Gutierrez, Greg (August 2008 graduation)	PhD (dissertation)	Chair
Morrison, Katherine	PhD (dissertation)	Chair

**Master's**

Miller, Laura	MS (thesis)	Chair
---------------	-------------	-------

**2003-04****Doctoral**

Hubbard, Tricia♣	PhD (committee member)
Plisky, Phillip*	DSc. (committee member)

♣ Student is enrolled as a Doctor of Philosophy student at Penn State University, State College, PA (appointed as an external member Spring 2004) – Successful dissertation defense June 2005.

\* Student is enrolled as a Doctor of Science student at Rocky Mountain University of Health Professions, Provo, UT (appointed Adjunct Research Fellow December 2003) - Successful dissertation defense May 2005.

**Master's**

Carter, Andrew (May 2005 graduation)	MS (thesis)	Chair
---	-------------	-------

**Southwest Missouri State University**, Department of Sports Medicine and Athletic Training, Springfield, Missouri: July 2002 to June 2003.

*Department Head*

Administrative duties include recruitment, development, supervision and evaluation of faculty, program and curriculum development, student advisement, departmental budgeting (\$270k) and control, class schedule planning, departmental strategic planning, coordination of student clinical experiences, and compliance with national accreditation standards.

*Associate Professor*

ATC 220 Introduction to Athletic Training  
 ATC 328 Athletic Injury Assessment Techniques – Lower Body  
 ATC 329 Athletic Injury Assessment Techniques – Upper Body

*Director of Undergraduate Athletic Training Education Program*

Responsible for the management and direction of the CAAHEP accredited undergraduate athletic training education program (ATEP). Duties

include: site assignments, academic advising, career counseling, CAAHEP program implementation and curriculum development. Faculty advisor to Student Athletic Trainers' Association (SATA). Development of the policies and procedures manual and new courses.

*Athletic Training Clinical Supervisor:*

Involved in the clinical supervision of athletic training students enrolled in the CAAHEP accredited educational program.

*Graduate School Faculty:*

Participate in the thesis process for graduate students involved in supervised research.

*Graduate Committees (Thesis/Non-Thesis and Dissertations)*

**2002-03**

**Master's**

Bounds, Brian	MPT (thesis)
Pretz, Ryan*	MPT (thesis)
Tan, Karl*	MPT (thesis)

\* Students at Southwest Baptist University (Bolivar, MO)

**University of Florida**, Department of Exercise and Sport Sciences, Gainesville, Florida:  
August 1996 to July 2002

*Assistant Professor*

PET 2622c Prevention and Care of Athletic Injuries  
PET 3660 Athletic Training Administration  
PET 4622L Emergency Management Lab for Ath. Trainers  
PET 4623c Athletic Injury Assessment: Upper Extremity  
PET 4625 Topics in Sports Medicine  
PET 4633c Rehabilitation Techniques in Athletic Training  
PET 4634c Athletic Injury Assessment: Lower Extremity  
PET 4948c Practicum in Athletic Training  
PET 6616 Physical Assessment of Athletic Injuries

*Director of Undergraduate Athletic Training Education Program*

Responsible for the management and direction of the CAAHEP accredited undergraduate athletic training education program (ATEP). Duties include: site assignments, academic advising, career counseling, CAAHEP program implementation and curriculum development. Faculty advisor to Student Athletic Trainers' Organization (SATO). Development of the policies and procedures manual and new courses.

*Athletic Training Clinical Supervisor:*

Involved in the clinical supervision of student athletic trainers involved in the CAAHEP ATEP.

*Co-Director Athletic Training/Sports Medicine Research Laboratory*

Responsible for facility management, development of the laboratory's research agenda, supervision and participation in research, and the securing of research grant money.

*Graduate School Faculty:*

Participate in the thesis process for graduate students involved in supervised research. Role includes both advising and chairmanship. In addition, serve as committee member for those students choosing the non-thesis route. Teach in the NATA approved graduate athletic training education program. Advise doctoral students in the Athletic Training/Sports Medicine doctoral specialization. Granted doctoral directive status (DDS) April 2001.

*Graduate Committees (Thesis/Non-Thesis and Dissertations)***1996-97****Master's**

Barstow, Ian	MS (thesis)	
Bittner, Michael	MS (thesis)	Chair
Carter, Cory	MS (non-thesis)	
Chiuimento, Andrea	MS (thesis)	
Fennessey, Trish	MS (non-thesis)	
Godfrey, Michael	MS (thesis)	
Lopez, Daniel	MS (non-thesis)	
Thomas, Tom	MS (thesis)	

**1997-98****Master's**

Benedict, Mark	MS (thesis)	
Bishop, Mark	MS (thesis)	
Burnett, Phillip	MS (non-thesis)	
Franklin, Jay	MS (thesis)	Chair
Johnson, Ryan	MS (thesis)	
L'Hommedieu, Susan	MS (thesis)	Chair
Leonard, Karen	MS (thesis)	
Mozden, Jason	MS (non-thesis)	
Tony Nguyen	MS (thesis)	
Stephenson, Amy	MS (thesis)	
Walser, Matt	MS (thesis)	

**1998-99****Master's**

Ashley, Craig	MS (thesis)	
Del Rossi, Gianluca	MS (thesis)	
Douex, Al	MS (thesis)	
Duck, Michael	MS (thesis)	Chair
Jacobs, Cale	MS (thesis)	Chair
Levy, Ethan	MS (thesis)	Chair
Moore, Lara	MS (thesis)	
Nettles, Ryan	MS (thesis)	Chair
Pearson, Erica	MS (thesis)	
Roth, Jennifer	MS (thesis)	
Saffran, Chris	MS (thesis)	Chair
Stradley, Stephanie	MS (thesis)	Chair

**Doctoral**

Buckley, Bernadette	PhD (dissertation)	Chair
Rozea, Gerard	PhD (dissertation)	

**1999-00****Master's**

Christmas, Chris	MS (thesis)	
Corlette, Jill	MS (thesis)	
Doherty, Jenna	MS (thesis)	
Dover, Geoff	MS (thesis)	Chair
Evans, Mike	MS (thesis)	
Harrigan, Megan	MS (thesis)	Chair
Heulsman, Jenny	MS (non-thesis)	Chair
Milek, Michael	MS (thesis)	
Miller, Kimberly	MS (thesis)	Chair
Morley, Kevin	MS (thesis)	Chair
Null, Curtis	MS (non-thesis)	Chair
Pattishall, Lynn	MS (thesis)	
Pearson, David	MS (thesis)	
Pinto, Kwabea	MS (non-thesis)	
Porter, Gary	MS (thesis)	Chair
Rasmussen, April	MS (thesis)	Chair

**Doctoral**

Gearhart, Traci	PhD (dissertation)	
Hatzel, Brian	PhD (dissertation)	Co-Chair

**2000-01**

**Master's**

Eaton, Robbie	MS (non-thesis)	
Frye, Kelli	MS (thesis)	
Hoang, Phong	MS (thesis)	Chair
Hubbard, Tricia	MS (thesis)	Chair
Johnson, Karie	MS (thesis)	
Reed, Sarah	MS (thesis)	
Vonasek, Heather	MS (thesis)	

**2001-02****Doctoral**

Dover, Geoff	PhD (dissertation)	
Lear, Leslie	PhD (dissertation)	Chair
Matthew Morgan	PhD (dissertation)	
Porter, Gary	PhD (dissertation)	Chair

**Master's**

Haskin, Carol	MS (thesis)	
Miniello, Susan	MS (thesis)	Chair
Stubbington, Matthew	MS (non-thesis)	
Valdez, Dennis	MS (thesis)	Chair
Walters, Sheri	MS (thesis)	
Wikstrom, Erik	MS (thesis)	Chair
Wrigley, William	MS (thesis)	

**Marietta College**, Department of Sports Medicine, Marietta, Ohio: August 1995 to August 1996

*Assistant Professor of Sports Medicine:*

SPTM 208 Kinesiology  
 SPTM 311 Practicum III (Examination of Neck and Back)  
 SPTM 328 Practical Biomechanics  
 SPTM 411 Practicum V (Athletic Training Administration)  
 SPTM 485/486 Research and Design I/II

*Research Advisor:*

Supervise and monitor undergraduate research projects for students involved in the Senior Capstone Requirement program.

*Athletic Training Clinical Supervisor:*

Involved in the clinical supervision of student athletic trainers involved in the CAAHEP Accredited Sports Medicine Program.

**University of Virginia**, Curry School of Education, Charlottesville, Virginia: 1993 to 1995

*Teaching Assistant:*

Research in Athletic Training  
Orthopedic Basis of Athletic Training

*Research Advisor:*

NATA Approved Graduate Curriculum, Advise Master of Education students on thesis projects.

**Alfred University**, Alfred, New York: 1987 to 1993

*Assistant Professor of Physical Education:*

Teaching responsibilities in the following courses: Care and Prevention of Athletic Injuries, Advanced Athletic Training, Rehabilitation of Athletic Injuries, Injury Evaluation Procedures, Kinesiology, Physiology of Exercise, and Emergency Care/CPR.

*Athletic Training Clinical Supervisor:*

Supervised undergraduate students seeking NATA certification.

**Aquinas College**, Grand Rapids, Michigan: 1985 to 1987

*Instructor of Physical Education:*

Teaching responsibilities in the following courses: Physiology of Exercise, Advanced Athletic Training, Medical Aspects of Physical Education and Sport, Athletic Training Taping Techniques, Evaluation Techniques and Rehabilitation, Practicum I, Practicum II, Standard First Aid and Safety, Diet/Stress and Exercise, Principles of Conditioning, and CPR.

*Athletic Training Clinical Supervisor:*

Supervised undergraduate students seeking NATA certification.

**CLINICAL EXPERIENCE**

**Delaware Youth Lacrosse League**, Middletown, Delaware: May 19, 2007.

*Athletic Trainer:*

Responsible for providing athletic training services to the girl's youth lacrosse participants at this end-of-the-year lacrosse tournament.

**University Athletic Association of the University of Florida**, Gainesville, Florida: July 1997 to July 2002

*Athletic Training Consultant:*

Responsible for providing athletic training services to the Women's Soccer team. Responsibilities include: prevention and care of athletic injuries, injury rehabilitation, injury assessment, injury documentation/referral, and research consultant.

**University of Florida Soccer Camp**, Gainesville, Florida: June 1999 to June 2002

*Athletic Trainer:*

Responsible for health care of 350 girls aged 8 – 18 involved in two, intensive 4-day soccer camps. Supervise and schedule the athletic training staff.

**Marietta College**, Marietta, Ohio: August 1995 to July 1996

*Assistant Athletic Trainer:*

Responsible for providing athletic training service to several intercollegiate teams including: Men's/Women's Soccer, Volleyball, Men's/Women's Basketball, JV Men's Basketball, and Softball. In addition, provide coverage and supervision of the Russell Hall Sports Medicine Clinic, which services intercollegiate athletes and outpatient populations.

**Blue Ridge School**, St. Georges, Virginia: 1993 to 1995

*Head Athletic Trainer:*

Responsible for providing athletic training services to 19 interscholastic sport teams. Includes: supervision of student athletic trainers, game and practice coverage, injury treatment and rehabilitation, and budget management.

**Alfred University**, Alfred, New York: 1987 to 1993

*Head Athletic Trainer:*

Maintained athletic training duties for 19 intercollegiate sports, including football. Management of budget and athletic insurance program. Coordinate activities and duties of graduate student staff.

*Director of Sports Medicine:*

Developed and implemented the NATA internship athletic training education program. Recruited, supervised, and educated student athletic trainers involved in a NATA internship program. Academic advisor for sports medicine program. Developed wellness programs for staff and community members of Fitness Center (an on campus recreational facility).

**Aquinas College**, Grand Rapids, Michigan: 1985 to 1987

*Head Athletic Trainer:*

Maintained athletic training duties for 16 intercollegiate sports. Management of budget and athletic insurance program.

**Union High School, Grand Rapids, Michigan: 1985**

*Athletic Trainer:*

Responsible for coverage of varsity football contests throughout the fall season.

**Santa Rita High School, Tucson, Arizona: 1984 to 1985**

*Head Athletic Trainer:*

Maintained athletic training duties for 30 various interscholastic sports involving boys and girls in grades 9 through 12.

**Marietta College, Marietta, Ohio: 1980 to 1984**

*Student Athletic Trainer:*

Assisted the athletic training staff in a variety of functions. Provided practice and game coverage for a number of intercollegiate sport teams. Lectured first year students in Fundamentals of Athletic Training Lab. Appointed head student athletic trainer during my senior year.

**Buffalo Bills Football Club, Orchard Park, New York: 1983**

*Student Assistant Athletic Trainer:*

Assisted the athletic training staff with daily taping, treatments, and rehabilitation responsibilities. Worked the summer training camp and several home contests.

**University of Virginia Soccer Camp, Charlottesville, Virginia: June 1995**

*Camp Medical Director and Head Athletic Trainer:*

Responsible for health care of 250 boys aged 8 - 18 involved in an intensive weeklong soccer camp. Supervise and schedule the athletic training staff.

**New England Lacrosse Camp, Northfield, Massachusetts: 1989 to 1994**

*Camp Medical Director and Head Athletic Trainer:*

Responsible for health care of 250 boys aged 8 - 18 involved in an intensive weeklong lacrosse camp. Supervise and schedule the athletic training staff.

**No. 1 Soccer Camp, Branford, Connecticut: 1994 to 1996**

*Athletic Trainer:*

Responsible for health care of 100 boys and girls involved in an intensive week long soccer camp conducted at the Blue Ridge School in St. Georges, Virginia.

**Alfred University Soccer and Basketball Camp, Alfred, New York: 1987 to 1991**

*Camp Medical Director:*

Responsible for health care of campers involved in sports camp.

**Aquinas College Sports Camp**, Grand Rapids, Michigan: 1986

*Athletic Trainer:*

Responsible for athletic training coverage of baseball and basketball areas of sports camp.

**SCHOLARSHIP**

**ISI Web of Knowledge Citation “h-index” Score = 9**

**Refereed Journal Publications:**

Kaminski, T.W. Cousino, E.S., & Glutting, J.J. Examining the relationship between purposeful heading in soccer and computerized neuropsychological test performance. *Research Quarterly for Exercise and Sport*, 79(2), 235-244, 2008.

Morrison, K.E., & Kaminski T.W. The Reproducibility of an Isokinetic Testing Technique at the Ankle Joint. *Isokinetics and Exercise Science*, 15, 245-251, 2007.

Gutierrez, G., Jackson, N.D., Margiotta, S., Dorr, K., & Kaminski, T.W. Effect of fatigue on neuromuscular function at the ankle. *Journal of Sport Rehabilitation*, 16, 295-306, 2007

Kaminski, T.W., Rasmussen, A.M., Gutierrez, G.M., Glutting, J. Purposeful heading during a season does not influence cognitive function or balance in female soccer players. *Journal of Clinical and Experimental Neuropsychology*, 29(7), 742-751, 2007

Morrison, K.E., & Kaminski T.W. Foot characteristics in association with inversion ankle injury. *Journal of Athletic Training*, 42(1), 135-142, 2007. **(1<sup>st</sup> Runner-Up for the 2008 Journal of Athletic Training Clint Thompson Clinical Advancement Award)**

Carter, A.B., Kaminski T.W., Douex, A.T., Knight, C.A., & Richards, J.G. The effects of high volume upper extremity plyometric training on throwing velocity and functional strength ratios of the shoulder rotators in collegiate baseball players. *Journal of Strength and Conditioning Research*, 21(1), 208-215, 2007.

Plisky, P.J., Rauh, M.J., Kaminski, T.W., & Underwood, F.B. Star Excursion Balance Test as a predictor of lower extremity injury in high school basketball players. *Journal of Orthopedic and Sports Physical Therapy*, 36(12), 911-919, 2006.

Kaminski, T.W. 3<sup>rd</sup> International Ankle Symposium Supplement Section: Keynote Lectures – The relationship between muscle strength deficits and chronic ankle instability. *Journal of Orthopedic and Sports Physical Therapy*, 36(11), A-10, 2006.

Hatzel, B.M., Horodyski, M.B., Kaminski, T.W., Meister, K., Powers, M.E., & Brunt, D. Measurement of glenohumeral joint laxity using the KT-2000 knee ligament arthrometer: Reliability analysis. *Physical Therapy in Sport*, 7, 137-143, 2006.

Fiscus, K.A., Kaminski, T.W., & Powers, M.E. Changes in lower leg blood flow during warm, cold, and contrast water therapy. *Archives of Physical Medicine and Rehabilitation*, 86, 1404-1410, 2005.

Hertel, J., & Kaminski, T.W. Second international ankle symposium summary statement. *Journal of Orthopaedic & Sports Physical Therapy*, 35(5), A1-A6, 2005.

Meister, K., Day, T., Horodyski, M.B., Kaminski, T.W., Wasik, M., & Tillman, S. Rotational motion changes in the glenohumeral joint of the adolescent/little league baseball player. *American Journal of Sports Medicine*, 33(5), 693-698, 2005.

Dannecker, E.A., Hausenblas, H.A., Kaminski, T.W., & Robinson, M.E. Sex differences in delayed onset muscle pain. *The Clinical Journal of Pain*, 21(2), 120-126, 2005.

Powers, M.E., Buckley, B.D., Kaminski, T.W., Hubbard, T.J., & Ortiz, C. Six weeks of strength and proprioception training does not affect muscle fatigue and static balance in those with functional ankle instability. *Journal of Sport Rehabilitation*, 13, 201-227, 2004.

Porter, G.K., & Kaminski, T.W. Knee angle does not affect eversion to inversion peak torque ratios derived from an isokinetic dynamometer. *Isokinetics and Exercise Science*, 12, 99-104, 2004

Hubbard, T.J., Kaminski, T.W., Vander Griend, R., & Kovalski, J.E. Quantitative assessment of mechanical laxity in the functionally unstable ankle. *Medicine and Science in Sport and Exercise*, 36, 760-766, 2004

Kaminski, T.W. Statistical power: So what?! *Athletic Therapy Today*, 8(5), 62-63, 2003.

Kaminski, T.W., Buckley, B.D., Powers, M.E., Hubbard, T.J., & Ortiz, C. The effect of strength and proprioception training on eversion to inversion strength ratios in subjects with unilateral functional ankle instability. *British Journal of Sports Medicine*, 37, 410-416, 2003.

Hubbard, T.J., Kovalski, J.E., & Kaminski, T.W. Reliability of intra and intertester measurements derived from an instrumented ankle arthrometer. *Journal of Sport Rehabilitation*, 12(3), 208-220, 2003.

Barstow, I.K., Bishop, M.D., & Kaminski, T.W., Is enhanced-eccentric resistance training superior to traditional training for increasing elbow flexor strength? *Journal of Sports Science and Medicine*, 2, 62-69, 2003.

Dover, G.C., Kaminski, T.W., Meister, K., Powers, M.E., & Horodyski, M.B. Assessment of shoulder proprioception in the female overhand athlete. *American Journal of Sports Medicine*, 31(3), 431-437, 2003.

Tillman, M.D., Chimento, A.B., Trimble, M.H., Bauer, J.A., Cauraugh, J.H., Kaminski, T.W., & Hass, C.J. Tibiofemoral rotation in landing: The influence of medially and laterally posted orthotics. *Physical Therapy in Sport*, 4, 34-39, 2003.

Stradley, S.L., Buckley, B.D., Kaminski, T.W., Horodyski, M.B., Fleming, D., & Janelle, C. A nationwide learning style assessment of undergraduate athletic training students in CAAHEP accredited athletic training education programs. *Journal of Athletic Training*, 37(4), S141-S146, 2002.

Porter, G.K., Kaminski, T.W., Hatzel, B.M., Powers, M.E., & Horodyski, M.B. An examination of the stretch-shortening cycle of the dorsiflexors and evertors in uninjured and functionally unstable ankles. *Journal of Athletic Training*, 37(4), 494-500, 2002.

Kaminski, T.W. & Hartsell, H. Factors contributing to chronic ankle instability: A strength perspective. *Journal of Athletic Training*, 37(4), 394-405, 2002.

Hubbard, T.J., Kaminski, T.W. Kinesthesia is not affected by chronic ankle instability status. *Journal of Athletic Training*, 37(4), 481-486, 2002.

Del Rossi, G., Horodyski, M.B., & Kaminski, T.W. Management of cervical-spine injuries. *Athletic Therapy Today*, 7(2), 46-51, 2002

Bauer, J.A., Thomas, T.S., Cauraugh, J., Kaminski, T.W., & Hass, C.J. Biomechanical analysis of soccer heading: Impact forces and neck muscles' activity in intercollegiate female soccer players. *Journal of Sport Sciences*, 19, 171-179, 2001.

Kaminski, T.W., & Gerlach, T.M. The effect of tape and neoprene ankle supports on ankle joint position sense. *Physical Therapy in Sport*, 2, 132-140, 2001.

Childs, A., Jacobs, C., Kaminski, T.W., Halliwell, B., & Leeuwenburgh, C. Vitamin C and N-acetyl-cysteine increase oxidative stress in humans after eccentric muscle injury. *Free Radical Biology and Medicine*, 31 (Sept. 15), 745-753, 2001.

Kaminski, T.W., & Dover, G.C. Reliability of inversion and eversion peak and average torque measurements from the Biodex System 3 dynamometer. *Journal of Sport Rehabilitation*, 10(3), 205-220, 2001.

- Kaminski, T.W., Powers, M.E., & Buckley, B.D. Differential assessment of elbow injuries. *Athletic Therapy Today*, 5(3), 6-11, 2000.
- Hatzel, B.M., & Kaminski, T.W. The effects of ice immersion on concentric and eccentric isokinetic muscle performance in the ankle. *Isokinetics and Exercise Science*, 8, 103-107, 2000.
- Kaminski, T.W., Godfrey, M.D., Braith, R.W., & Stevens, B.R. Measurement of acute dynamic anaerobic muscle fatigue using a novel fatigue resistance index. *Isokinetics and Exercise Science*, 8, 95 - 101, 2000.
- Lein, T.M., Rozea G.D., & Kaminski, T.W. Patella subluxation - Rehabilitation for lateral retinaculum release with proximal realignment procedures. *Sports Medicine Update*, 14(4), 10-15, 2000.
- Stevens, B.R, Godfrey, M.D., Kaminski, T.W., & Braith, R.W. High intensity dynamic human muscle performance enhanced by a metabolic intervention. *Medicine and Science in Sport and Exercise*, 32(12), 2102-2108, 2000.
- Bishop, M.D., Trimble, M.H., Bauer, J.A., & Kaminski, T.W. Differential control during maximal concentric and eccentric loading revealed by characteristics of the electromyogram. *Journal of Electromyography and Kinesiology*, 10(6), 399-405, 2000.
- Connaughton, D., Murphey, M., & Kaminski, T.W. Negligence liability. *Athletic Therapy Today*, 4(1), 50-51, 1999.
- Janelle, C.M., Kaminski, T.W., & Murray, M. College football injuries: Physical self-perception as a potential predictor. *International Sports Journal*, 3(2), 93-102, 1999.
- Kaminski, T.W., Perrin, D.H., & Gansneder, B.M. Eversion strength analysis of uninjured and functionally unstable ankles. *Journal of Athletic Training*, 34 (3), 239-245, 1999.
- Kaminski, T.W. The history and current use of ankle brace technology. *Athletic Therapy Today*, 3(4), 32-35, 1998.
- Kaminski, T.W., Wabbersen, C.V., & Murphy, R.M. Concentric versus eccentric hamstring strength training: Clinical implications. *Journal of Athletic Training*, 33 (3), 216-221, 1998.
- Higgins, D., & Kaminski, T.W. Contrast therapy does not cause fluctuations in human gastrocnemius intramuscular temperature. *Journal of Athletic Training*, 33 (4), 336-340, 1998.
- Kaminski, T.W. Understanding relationships: Regression analysis. *Athletic Therapy Today*, 3(6), 46-47, 1998.

DeStaso, J., Kaminski, T.W., & Perrin, D.H. Relationship between drop vertical jump heights and isokinetic measures using the stretch-shortening cycle. *Isokinetics and Exercise Science*, 6, 175-179, 1997.

Kaminski, T. W., & Perrin, D.H. Effect of prophylactic knee bracing on balance and joint position sense. *Journal of Athletic Training*, 31 (2), 131-136, 1996.

Kaminski, T.W., Perrin, D.H., Mattacola, C.G., Szczerba, J.E., & Bernier, J.N. The reliability and validity of ankle inversion and eversion torque measurements from the Kin Com II isokinetic dynamometer. *Journal of Sport Rehabilitation*, 4 (3), 210-218, 1995.

Kaminski, T.W., & Schildwachter, T.L. Salter-Harris Type III Fracture of the Medial Femoral Condyle in an Adolescent Football Player: A Case Study. *Journal of Sport Rehabilitation*, 3 (3), 239-244, 1994.

#### **Refereed Journal Publications: (In Press)**

Kaminski, T.W, Groff, R.M., & Glutting, J.J. How often must you perform the Automated Neuropsychological Assessment Metric (ANAM) test to get a stable baseline score? *Journal of Clinical and Experimental Neuropsychology*.

Jackson, N.D., Gutierrez, G.M., Kaminski, T.W. The effect of fatigue and habituation on the stretch reflex of the ankle musculature. *Journal of Electromyography and Kinesiology* ( In Press, Corrected Proof, Available online 29 August 2007)

#### **Refereed Journal Publications: (In Review)**

Koscs, M., Kaminski, T.W., Swanik, C.B., & Edwards, D.G. Effects of exertional exercise on the Standardized Assessment of Concussion (SAC) score. *Athletic Training & Sports Health Care*.

Chhabra, S. , Rosen, A.B., & Kaminski, T.W. Accuracy of the Diagnostic Tests Used in the Assessment of Superior Labrum, Anterior and Posterior (SLAP) Lesions. *Athletic Training & Sports Health Care*.

Gutierrez, G.M., & Kaminski, T.W. A novel dynamic ankle supinating device. *Journal of Applied Biomechanics*.

Gutierrez, G.M., & Kaminski, T.W. Neuromuscular control and ankle instability. *Physical Medicine & Rehabilitation*.

Plisky, P.J., Rauh, M.J., Kaminski, T.W., & Underwood, F.B. Incidence of Injury In Boys And Girls High School Basketball Players Using A Comprehensive Injury Surveillance System, *Clinical Journal of Sports Medicine*

**Non-Refereed Journal Publications:**

Miller, L. & Kaminski, T.W. Internal discord (Cover Story). *Advance for Directors in Rehabilitation*, 17(2), 36-42, 2008.

Miller, L. & Kaminski, T.W. In the game: Support Structures – Preventive taping techniques offer numerous benefits to athletes. *Advance for Directors in Rehabilitation*, 16(2), 18-20, 2007.

Kolar, K., & Kaminski, T.W. In the Game: A Strong Foothold. *Advance for Directors in Rehabilitation*, 15(2), 25-27, 2006.

Kaminski, T.W. *Management of Lumbar-Spine Dysfunction*. Theme Introduction in *Athletic Therapy Today*, 10(5), 5, 2005.

Douex, A.T., & Kaminski, T.W. Treatment of Common Ankle Injuries. *Advance for Directors in Rehabilitation*, 14(1), 23-26, 2005.

Kaminski, T.W. *Evidence-Based Clinical Practice*. Theme Introduction in *Athletic Therapy Today*, 9(6), 5, 2004.

Smink, K.A., & Kaminski, T.W. In the Game: A Work of Art – Learning proper taping techniques can be an art form. *Advance for Directors in Rehabilitation*, 13(5), 27-30, 2004.

Hubbard, T.J., & Kaminski, T.W. In the Game: Up and running – Proper management can prevent chronic ankle instability. *Advance for Directors in Rehabilitation*, 13(1), 21-22, 2004.

Kaminski, T.W. When to Teach Heading? *The Physician and Sportsmedicine*, 31(8), 48, 2003.

Stradley, S.L., Buckley, B.D., Kaminski, T.W., Horodyski, M.B., Fleming, D., & Janelle, C. – a response to “Letters to the Editor”. *Journal of Athletic Training*, 38(3), 195-197, 2003.

Hertel, J., & Kaminski, T.W. As the ankle turns ... Editorial in *Journal of Athletic Training*, 37(4), 363, 2002.

Hubbard, T.J., & Kaminski, T.W. High risk: Football players put their bodies on the line. *Advance for Directors in Rehabilitation*, 11(8), 25-28, 2002.

Lear L.J. & Kaminski, T.W. The forgotten art: Rediscovering the efficacy of cryotherapy. *Rehab Management*, 15(2), 24-28, 2002

Hubbard, T.J., & Kaminski, T.W. Courting injury: Basketball is fast becoming a high-risk contact sport. *Advance for Directors in Rehabilitation*, 11(3), 29-31, 2002.

Porter, G.K., & Kaminski, T.W. New and improved: New concepts in muscle training produce better results. *Advance for Directors in Rehabilitation*, 10(8), 25-26, 2001.

Hatzel, B.M., & Kaminski, T.W. Taking a pounding. *Advance for Directors in Rehabilitation*, 9(6), 71-73, 2000.

Buckley, B.D., & Kaminski, T.W. Tennis anyone? *Advance for Directors in Rehabilitation*, 8(7), 39-40, 64, 1999.

Stradley, S.L., & Kaminski, T.W. Blast from the past: Iontophoresis is an effective way to resolve nagging inflammatory musculoskeletal conditions. *Advance for Directors in Rehabilitation*, 8(6), 65-67, 1999.

Higgins, D., & Kaminski, T.W. “Some Concerns” – a response to Letters to the Editor. *Journal of Athletic Training*, 34(3), 231, 1999.

### **Textbooks**

Kaminski, T.W. *Laboratory Manual to accompany Rehabilitation Techniques in Sports Medicine, 4<sup>th</sup> Edition*. McGraw-Hill Publisher, ISBN 0-07-284286-5, copyright 2004.

### **Textbook Chapters**

Bishop, M.D., & Kaminski, T.W. “A Comparison of Enhanced-Eccentric Resistance Training and Traditional Strength Training for Increasing Strength” in *Current Results of Strength Training Research*. Editors: J GieBing, M Frohlich, P Preuss, September 2005, ISBN 3-86537-568-5.

### **Proceedings:**

Kaminski, T.W. Show Me the Evidence – An Introduction in Evidence-Based Medicine (EBM) for the Athletic Trainer. *Proceedings Eastern Athletic Trainers’ Association (EATA) Annual Meeting*, Valley Forge, PA, January 2008.

Kaminski, T.W. Foot and ankle injuries in athletics. *Proceedings SEATA Competencies in Athletic Training Workshop (SEATA, Inc.)*, February 2007.

Hertel, J. & Kaminski, T.W. Ankle instability. *Proceedings Eastern Athletic Trainers’ Association (EATA) Annual Meeting*, Boston, MA, January 2007.

Kaminski, T.W. The relationship between muscle strength deficits and chronic ankle instability. *3<sup>rd</sup> International Ankle Symposium Conference Proceedings*, September 2006.

Kaminski, T.W. Foot and ankle injuries in athletics. *Proceedings SEATA Competencies in Athletic Training Workshop (SEATA, Inc.)*, February 2006.

Kaminski, T.W. Foot and ankle injuries in athletics. *Proceedings SEATA Competencies in Athletic Training Workshop (SEATA, Inc.)*, February 2005.

Kaminski, T.W. Foot and ankle injuries in athletics. *Proceedings SEATA Competencies in Athletic Training Workshop (SEATA, Inc.)*, February 2004.

Echemendia, R., Kaminski, T.W., & Putukian M. Heading in Soccer: Is it Safe? *Proceedings American College of Sports Medicine 50th Annual Meeting (ACSM)*, May 2003.

Kaminski, T.W. Foot and ankle injuries in athletics. *Proceedings SEATA Competencies in Athletic Training Workshop (SEATA, Inc.)*, February 2003.

Kaminski, T.W. Foot and ankle injuries in athletics. *Proceedings SEATA Competencies in Athletic Training Workshop (SEATA, Inc.)*, February 2002.

Hertel, J, Kaminski, T.W., & Sebastianelli, W.J. Etiology and management of functional ankle instability. *Proceedings American College of Sports Medicine 48th Annual Meeting (ACSM)*, May/June, 2001.

Stradley, S.L., Buckley, B.D., Kaminski, T.W., Horodyski, M.B., Fleming, D., & Janelle, C.M. A nationwide learning style assessment of undergraduate athletic training students in CAAHEP accredited athletic training education programs. *Proceedings NATA 2001 Athletic Training Educators' Conference (Human Kinetics: Champaign, IL)*, January 2001.

Kaminski, T.W. Shoulder and arm injuries in athletics. *Proceedings SEATA Competencies in Athletic Training Workshop (SEATA, Inc.)*, February 2001.

Kaminski, T.W. Clinical Implications for Eccentric Resistance Training. *Proceedings NATA 51st Annual Meeting & Clinical Symposia (Human Kinetics: Champaign, IL)*, June - July 2000.

Kaminski, T.W. Shoulder and arm injuries in athletics. *Proceedings SEATA Competencies in Athletic Training Workshop (SEATA, Inc.)*, February 2000.

Kaminski, T.W., & Horodyski, M.B. Assessment of Head Injury. *Proceedings SEATA Annual Members' Meeting & Clinical Symposium (SEATA, Inc.)*, March 1999.

Kaminski, T.W. Upper Extremity Overuse Syndromes. *Proceedings 1998 Gatorade/GSOC Sports Medicine Seminar (Gainesville Sports Organizing Committee, Inc., Gainesville, VA)*, April 1998.

Kaminski, T.W. Functional ankle instability: Strength and proprioception rehabilitation issues. *Proceedings SEATA Annual Members' Meeting & Clinical Symposium (SEATA, Inc.)*, March 1998.

Kaminski, T.W. Strength deficits as a cause of functional ankle instability. *Proceedings NATA 48th Annual Meeting & Clinical Symposia (Human Kinetics: Champaign, IL)*, June 1997.

Kaminski, T.W. Prophylactic knee bracing. *Proceedings The Art and Science of Sports Medicine '95 (University of Virginia, Charlottesville, VA)*, June 1995.

### **Refereed Abstracts:**

Douex, A.T. & Kaminski, T.W. Comparison of fatigue effects between genders using a novel functional fatigue protocol. *Journal of Athletic Training (Supplement) 43 (3)*, S-78, 2008.

Miller, L.M., Kaminski, T.W., Richards, J., & Royer, T. Biomechanical comparison of different types of pitches in high school softball pitchers. *Journal of Athletic Training (Supplement) 43 (3)*, S-23, 2008.

Rosen, A.B., Chhabra, S. , & Kaminski, T.W. Accuracy of the Diagnostic Tests Used in the Assessment of Superior Labrum, Anterior and Posterior (SLAP) Lesions. *Journal of Athletic Training (Supplement) 43 (3)*, S-89, 2008.

Morrison, K.E., Hudson, D.J., & Kaminski, T.W. Assessment of center of pressure trajectory during a running gait in subjects with chronic ankle instability. *Medicine and Science in Sports and Exercise, 40 (5)*, S-340, 2008.

Kaminski, T.W. & McCartney, T.A. Does heading frequency affect neuropsychological test performance in interscholastic female soccer players? *Medicine and Science in Sports and Exercise, 40 (5)*, S-69, 2008.

Douex, A.T., Gutierrez, G.M., & Kaminski, T.W. Validation of a novel functional fatigue protocol using knee joint torque and electromyography. *Medicine and Science in Sports and Exercise, 40 (5)*, S-479, 2008.

Neeld, K.L., Douex, A.T., Gutierrez, G.M., & Kaminski, T.W. Strength and stretch reflex characteristics in collegiate ice hockey players. *Research Quarterly for Exercise and Sport. 79(1) (Supplement)*, A-97, 2008.

Ross, M, Kaminski, T.W., Swanik, C., & Reisman, A. Agonist/antagonist strength deficits in the calf are related to lower extremity injury in collegiate football players. *Clinical Journal of Sports Medicine, 18(2)*, 192, 2008.

Groff, E.R., Kaminski, T.W., & Glutting, J.J. How often must you perform the automated neuropsychological assessment metric (ANAM) test to get a stable baseline score? *Journal of Athletic Training (Supplement)* 42 (2), S-108, 2007.

Kaminski, T.W., Groff, E.R., & Glutting, J.J. Comparing ANAM and ImPACT computerized neuropsychological test scores derived from a group of uninjured intercollegiate athletes. *Journal of Athletic Training (Supplement)* 42 (2), S-29, 2007.

Douex, A.T., Kaminski, T.W., Swanik, C.B., & Glutting, J.J. Examining the neurocognitive effects of exercise-induced fatigue using a computerized neuropsychological test. *Journal of Athletic Training (Supplement)* 42 (2), S-16, 2007. **[NATAREF Doctoral Student Award Finalist 2007]**

Gutierrez, G.M., Jackson, N.D., & Kaminski, T.W. Habituation and fatigue in the stretch reflex of the ankle. *Medicine and Science in Sports and Exercise*, 39 (5), S-265, 2007.

Douex, A.T., Neeld, K.L., & Kaminski, T.W. Functional ankle strength ratios and stretch reflex behavior in male collegiate ice hockey players. *Medicine and Science in Sports and Exercise*, 39 (5), S-262, 2007.

Morrison, K.E., Hudson, D.J., & Kaminski, T.W. Dynamic plantar pressure distributions in subjects with ankle instability. *Journal of Orthopedic and Sports Physical Therapy*, 36(11), A-24, 2006.

Gustavsen, G.P., Gutierrez, G.M., & Kaminski, T.W. The effects of a single electrical nerve stimulation of the peroneal nerve on the symptoms and neuromuscular deficits associated with chronic ankle instability. *Journal of Orthopedic and Sports Physical Therapy*, 36(11), A-21, 2006.

Caulfield, B., Monaghan, K., Kaminski, T.W., & Hertel, J. Do we need to standardize the way in which we classify those with chronic ankle instability? *Journal of Orthopedic and Sports Physical Therapy*, 36(11), A-19, 2006.

Gutierrez, G.M., Jackson, N.D., & Kaminski, T.W. The effect of fatigue on stretch reflex latency of the ankle musculature. *Journal of Orthopedic and Sports Physical Therapy*, 36(11), A-12, 2006.

Carter, A.B., Kaminski, T.W. & Douex, A.T. The effects of high volume upper extremity plyometric training on throwing velocity and functional strength ratios of the shoulder rotators in collegiate baseball players. *Journal of Strength and Conditioning Research*, 20 (4), e4, 2006.

Cousino, E.S., & Kaminski, T.W. Test-retest reliability analysis involving five subtests from the Automated Neuropsychological Assessment Metrics. *Journal of Athletic Training (Supplement)* 41 (2), S-95, 2006. **[NATAREF Undergraduate Student Poster Award Finalist 2006]**

Kaminski, T.W., & Cousino, E.S. Does purposeful heading in soccer negatively impact computerized neuropsychological test performance? *Journal of Athletic Training (Supplement) 41 (2)*, S-39, 2006.

Gutierrez, G.M., Surdam, N.D., Dorr, K, Margiotta, S., & Kaminski, T.W. Effect of fatigue on neural activity of the ankle musculature. *Medicine and Science in Sports and Exercise*, 38 (5), S-445, 2006.

Kaminski, T.W., & Gustavsen, G.P. A comprehensive isokinetic strength analysis in those with self-reported ankle instability. *Medicine and Science in Sports and Exercise*, 38 (5), S-265, 2006.

Kolar, K.E. Hudson, D.J., & Kaminski, T.W. Analysis of running biomechanics in subjects with ankle instability. *Medicine and Science in Sports and Exercise*, 38 (5), S-65, 2006.

Plisky, P, Rauh, M., Kaminski, T.W., & Underwood, F. Incidence of injury in boys and girls high school basketball players. *Journal of Orthopedic & Sports Physical Therapy*, 36(1), A-81 – A-82, 2006.

Plisky, P, Rauh, M., Kaminski, T.W., & Underwood, F. Star Excursion Balance Test predicts lower extremity injury in high school basketball players. *Journal of Orthopedic & Sports Physical Therapy*, 36(1), A-73, 2006.

Surdam, N.S, Dorr, K., Margiotta, S, Gutierrez, G., & Kaminski, T.W. Effect of fatigue on neuromuscular activity of the ankle. *EATA Annual Meeting and Clinical Symposium*. [EATA Undergraduate Student Poster Award Finalist 2006]

Cousino, E.S., & Kaminski, T.W. Examining neuropsychological test performance in different age groups of female interscholastic soccer players. *Journal of Athletic Training (Supplement) 40 (2)*, S-97, 2005. [NATAREF Undergraduate Student Poster Award Finalist 2005]

Douex A.T., & Kaminski, T.W. The effects of muscle fatigue on gender-based dynamic postural stability response. *Journal of Athletic Training (Supplement) 40 (2)*, S-30, 2005.

Kaminski, T.W., Douex, A.T., & Kolar, K.E. Examining power output following an acute bout of intensive exercise in subjects with ankle instability. *Journal of Athletic Training (Supplement) 40 (2)*, S-26, 2005.

Carter, A.B., Douex, A.T., & Kaminski, T.W. Examining functional isokinetic strength ratios in a group of NCAA division I intercollegiate baseball players. *Journal of Athletic Training (Supplement) 40 (2)*, S-22, 2005.

Kaminski, T.W., & Kolar, K.E. Analyzing time to and angle of isokinetic peak torque in those with self-reported ankle instability. *Medicine and Science in Sports and Exercise*, 37 (5), S-397, 2005.

Gustavsen, G.P., & Kaminski, T.W. Functional strength ratios in unstable ankles are impacted by a single peroneal nerve stimulation. *Medicine and Science in Sports and Exercise*, 37 (5), S-161, 2005.

Gustavsen, G.P., & Kaminski, T.W. A single electrical stimulation of the fibular (peroneal) nerve improves symptoms seen in chronic functional ankle instability and impacts dorsiflexor/plantar flexor reciprocal muscle group ratios. *Journal of Orthopedic & Sports Physical Therapy*, 35(5), A22-23, 2005.

Kaminski, T.W., & Cousino, E.S. Examining functional strength ratios between those with ankle instability and a control group with uninjured ankles. *Journal of Orthopedic & Sports Physical Therapy*, 35(5), A18, 2005.

Buckley, B.D., Kaminski, T.W., & Tillman, M.D. Comparison of muscle activation patterns in boys and girls during a simple landing task. *Journal of Athletic Training (Supplement)* 39 (2), S-68, 2004.

Kaminski, T.W., & Higgins, M.J. Understanding the relationship between heading a soccer ball and neuropsychological performance in girl's interscholastic soccer. *Journal of Athletic Training (Supplement)* 39 (2), S-18, 2004.

Tibbetts, N.L., Weichel, D.W., & Kaminski, T.W. Examining the test-retest reliability of a novel functional hop test. *Journal of Athletic Training (Supplement)* 39 (2), S-91A, 2004. **[NATAREF Undergraduate Student Poster Award Finalist 2004]**

Kaminski, T.W., & Higgins, M.J.. Examining end-range eccentric force in a group of subjects with self-reported functional ankle instability. *Medicine and Science in Sports and Exercise*, 36 (5), S-287, 2004.

Pretz, R. Tan, K., & Kaminski, T.W. The effects of high-volume, upper-extremity plyometric training on isokinetic force production of the shoulder rotators in a group of collegiate baseball players. *Journal of Orthopedic & Sports Physical Therapy* 34(1), A63, 2004.

Meister, K., Kaminski, T.W., Day, T., Wasik, M., & Horodyski, M.B. Rotational motion changes in the glenohumeral joint of the adolescent/Little League baseball player. *AOSSM Annual Meeting (San Diego, CA July 22, 2003.)*

Hubbard, T.J., Kaminski, T.W., Vander Griend, R., & Kovaleski, J.E. The assessment of mechanical laxity in those with self-reported functional ankle instability. *Journal of Athletic Training (Supplement)* 38 (2), S-107, 2003

Hatzel B.M., Horodyski, M.B., Brunt D., Meister, K., Powers, M.E., & Kaminski, T.W. Muscle function in response to rotational perturbation of the glenohumeral joint. *Journal of Athletic Training (Supplement)* 38 (2), S-70, 2003

Shills, J.J., Kaminski, T.W., & Tillman, M.D. Comparing time to stabilization values following an acute bout of intensive exercise in those with functional ankle instability. *Journal of Athletic Training (Supplement)* 38 (2), S-50, 2003.

Porter, G.K., & Kaminski, T.W. Knee angle does not affect eversion to inversion peak torque ratios derived from an isokinetic dynamometer. *Journal of Athletic Training (Supplement)* 38 (2), S-49, 2003.

Gearhart, T.N., Horodyski, M.B., Powers, M.E., Brunt, D., & Kaminski, T.W. Consistency of concussed athletes on a battery of motor performance and computerized neuropsychological tests. *Journal of Athletic Training (Supplement)* 38 (2), S-26, 2003.

Kaminski, T.W., & Dede, D.E. Baseline neuropsychological performance measurements in a group of NCAA Division I women soccer players. *Journal of Athletic Training (Supplement)* 38 (2), S-26, 2003.

Buckley, B.D., & Kaminski, T.W. Hamstring and quadriceps strength ratios in healthy males and females: Implications for ACL injury. *Journal of Athletic Training (Supplement)* 38 (2), S-14, 2003.

Kaminski, T.W., Shills, J.J., & Tillman, M.D. Comparing isokinetic ankle strength ratios following an acute bout of intensive exercise. *Medicine and Science in Sports and Exercise*, 35 (5), S-370, 2003.

Hatzel B.M., Horodyski, M.B., Brunt D., Meister, K., Powers, M.E., & Kaminski, T.W. Muscle function in response to rotational perturbation of the glenohumeral joint. *SEATA Research Seminar Proceedings (Atlanta, GA March 30, 2003)*.

Hatzel B.M., Kaminski, T.W., Horodyski, M.B., Meister, K., & Powers, M.E. Measurement of glenohumeral joint laxity using the KT-2000 knee ligament arthrometer. *Journal of Athletic Training (Supplement)* 37 (2), S-68-69, 2002.

Gearhart, T.N., Horodyski, M.B., Powers, M.E., Brunt, D., & Kaminski, T.W. Consistency of healthy individuals on a computerized battery of neuropsychological and motor performance tests. *Journal of Athletic Training (Supplement)* 37 (2), S-65, 2002.

Rasmussen, A.M., Kaminski, T.W., Horodyski, M.B., Powers, M.E., & Gearhart, T.N. The effects of purposeful heading on postural stability and cognitive functioning in female soccer players. *Journal of Athletic Training (Supplement)* 37 (2), S-64-65, 2002.

Corlette J., Buckley, B.D., Horodyski, M.B., Kaminski, T.W., & Indelicato, P.A. The association between menstrual cycle phase and anterior cruciate ligament injury. *Journal of Athletic Training (Supplement)* 37 (2), S-52, 2002.

Valdez, D. Dover, G.C., Morgan M.T., & Kaminski, T.W. Shoulder injury in a collegiate recreational athlete. *Journal of Athletic Training (Supplement)* 37 (2), S-50-51, 2002.

Morgan, M.T., Kaminski, T.W., & Horodyski, M.B. Post-operative knee rehabilitation for a senior biker and swimmer who suffered a torn quadriceps tendon. *Journal of Athletic Training (Supplement)* 37 (2), S-47, 2002.

Porter G.K., Kaminski, T.W., Hatzel, B.M., Powers, M.E., & Horodyski, M.B. An examination of the stretch-shortening cycle of the dorsiflexors and evertors in uninjured and functionally unstable ankles. *Journal of Athletic Training (Supplement)* 37 (2), S-21, 2002.

Kaminski, T.W., & Buckley, B.D. There are no differences in reciprocal muscle group strength ratios between those with functional ankle instability and a group with uninjured ankles. *Journal of Athletic Training (Supplement)* 37 (2), S-23, 2002.

Morley, K.J., Kaminski, T.W., Powers, M.E., Tillman, M., Horodyski, M.B., Buckley, B.D. A comparison of muscle latency patterns to perturbation in subjects with and without functional ankle instability. *Journal of Athletic Training (Supplement)* 37 (2), S-21, 2002.

Hubbard, T.J., Kaminski, T.W., & Kovalski, J.E. Do those with functional ankle instability have associated mechanical instability as measured by instrumented ankle arthrometry? *Journal of Athletic Training (Supplement)* 37 (2), S-21, 2002. [**NATAREF Student Free Communications Award Winner 2002**]

Kaminski, T.W., & Dede, D.E. A retrospective examination of purposeful heading in a group of female collegiate soccer players. *Medicine and Science in Sports and Exercise*, 34 (5), S-2, 2002.

Hubbard, T.J., Kaminski, T.W., & Kovalski, J.E. Do those with functional ankle instability have associated mechanical instability as measured by instrumented ankle arthrometry? *SEATA Research Seminar Proceedings (Atlanta, GA March 15, 2002)*.

Gearhart, T.N., Horodyski, M.B, Powers, M.E., Brunt, D., & Kaminski, T.W. Consistency of healthy individuals on a computerized battery of neuropsychological and motor performance tests. *SEATA Research Seminar Proceedings (Atlanta, GA March 15, 2002)*.

Rasmussen, A.M., Kaminski, T.W., Horodyski, M.B., Powers, M.E., & Gearhart, T.N. The effects of purposeful heading on postural stability and cognitive functioning in

female soccer players. *SEATA Research Seminar Proceedings (Atlanta, GA March 15, 2002)*. [2001 SEATA Research Grant Award Winner]

Buckley, B.D., Kaminski, T.W., Powers, M.E., Ortiz, C., & Hubbard, T.J. Using reciprocal muscle group ratios to examine isokinetic strength in the ankle: A new concept. *Journal of Athletic Training (Supplement) 36 (2)*, S-93, 2001.

Saffran, C.R., Kaminski, T.W., Hatzel, B.M., Horodyski, M.B., & Dodd, S.L. The effects of ankle bracing on functional performance. *Journal of Athletic Training (Supplement) 36 (2)*, S-93, 2001.

Kaminski, T.W., Powers, M.E., Buckley, B.D., Hubbard, T.J., & Ortiz, C. The influence of strength and proprioception training on strength and postural stability in individuals with unilateral functional ankle instability. *Journal of Athletic Training (Supplement) 36 (2)*, S-93, 2001.

Hatzel, B.M., Weidner, T.G., Gehlsen, G., Hazen, N.A., & Kaminski, T.W. Mechanical power and velocity following cryotherapy and ankle taping. *Journal of Athletic Training (Supplement) 36 (2)*, S-89, 2001.

Doherty, J.L., Horodyski, M.B., Wheeler, D., Bauer, J., Kaminski, T.W., & Fiolkowski, P. A comparison of rib pads under impact conditions. *Journal of Athletic Training (Supplement) 36 (2)*, S-85, 2001.

Levy, E.T., Kaminski, T.W., Del Rossi, G., Powers, M.E., Horodyski, M.B., & Dodd, S.L. Eccentric repetition variation on quadriceps strength and thigh girth. *Journal of Athletic Training (Supplement) 36 (2)*, S-57, 2001.

Dover, G.C., Kaminski, T.W., Meister, K. Buckley, B.D., Powers, M.E., & Horodyski, M.B. A comparison of shoulder joint position sense between overhand and non-overhand athletes. *Journal of Athletic Training (Supplement) 36 (2)*, S-40, 2001.

Hubbard, T.J., Kaminski, T.W., Buckley, B.D., Powers, M.E., Ortiz, C. Threshold to detection of passive motion scores in subjects with functional ankle instability. *Journal of Athletic Training (Supplement) 36 (2)*, S-75, 2001.

Jacobs, C.A., Kaminski, T.W., Rozea, G., & Horodyski, M.B. Utilizing enhanced eccentric exercise to induce delayed-onset muscle soreness. *Medicine and Science in Sports and Exercise*, 33 (5), S-123, 2001.

Kaminski, T.W., Buckley, B.D., Powers, M.E., Hubbard, T.J., Hatzel, B.M., & Ortiz, C. Eversion and inversion strength ratios in subjects with unilateral functional ankle instability. *Medicine and Science in Sports and Exercise*, 33 (5), S-135, 2001.

Moore, L.M., Bauer, J.A., Cauraugh, J.H., Kaminski, T.W., & Schick, E.A. Examination of biomechanical and anatomical factors as contributors to iliotibial band friction syndrome. *Medicine and Science in Sports and Exercise*, 33 (5), S-316, 2001.

Dover, G.C., Kaminski, T.W., Meister, K., Buckley, B.D., Powers, M.E., & Horodyski, M.B. A comparison of shoulder joint position sense between overhand and non-overhand athletes. *SEATA Research Seminar Proceedings (Atlanta, GA March 23, 2001)*.

Hubbard, T.J., Kaminski, T.W., Buckley, B.D., Powers, M.E., & Ortiz, C. Threshold to detection of passive motion scores in subjects with unilateral functional instability. *SEATA Research Seminar Proceedings (Atlanta, GA March 23, 2001)*.

Buckley, B.D., Kaminski, T.W., Powers, M.E., Ortiz, C., & Hubbard, T.J. Concentric to eccentric reciprocal muscle group ratios for ankle eversion and inversion in subjects with unilateral functional ankle instability. *SEATA Research Seminar Proceedings (Atlanta, GA March 23, 2001)*.

Del Rossi, G., Horodyski, M.B., Wheeler, D., Kaminski, T.W., Eschbach, L., & Ching, R. The effectiveness of spine-boarding techniques. *SEATA Research Seminar Proceedings (Atlanta, GA March 23, 2001)*.

Pearson, D.B., Horodyski, M.B., Kaminski, T.W., Kleiner, D., & Gearhart, T. A comparison of the effectiveness of helmet fit during immobilization in peewee and professional ice hockey players. *International Society for Sports Medicine*, December 2000.

Childs, A., Jacobs, C., Kaminski, T.W., Halliwell, B., & Leeuwenburgh, C. Vitamin C and N-acetyl-cysteine supplementation increases oxidative stress in humans. *7th Annual Meeting of the Oxygen Society*, November 2000

Dannecker, EA, Robinson, M.E., Hausenblas, H.A., Kaminski, T.W. An examination of sex differences in pain responses to delayed onset muscle soreness. *American Pain Society* November 2000.

Stradley, S.L., Buckley, B.D., Kaminski, T.W., Horodyski, M.B., Fleming, D., & Janelle, C.M. A nationwide learning style assessment of undergraduate athletic training students in CAAHEP accredited athletic training education programs. *Education Council News* 2(1), October 2000.

Douex, A.T., Horodyski, M.B., Kaminski, T.W., Dodd, S.L., & Rozea, G. The effects of muscle fatigue on lower body proprioception as measured by dynamic postural stability. *Journal of Athletic Training (Supplement)* 35 (2), S-15, 2000.

Hubbard, T.J., Kaminski, T.W., Burke, B., Horodyski, M.B., & Powers, M.E. Prophylactic ankle bracing and proprioception in uninjured and functionally unstable ankles. *Journal of Athletic Training (Supplement)* 35 (2), S-34, 2000.

- Nettles, R.J., Kaminski, T.W., Horodyski, M.B., & Nicolette, G. The effects of focal compression on swelling associated with lateral ankle sprains. *Journal of Athletic Training (Supplement) 35 (2)*, S-50, 2000.
- Duck, M.A., Kaminski, T.W., Horodyski, M.B., & Bauer, J.A. The effects of ice and compression to the ankle joint on two measures of functional performance. *Journal of Athletic Training (Supplement) 35 (2)*, S-59, 2000
- Pearson, E., Horodyski, M.B., Meister, K. M., & Kaminski, T.W., Range of motion, glenohumeral laxity and isokinetic tests as indices for shoulder pain and pathology in swimmers. *Journal of Athletic Training (Supplement) 35 (2)*, S-89, 2000.
- Ashley, C.S., Horodyski, M.B., Kaminski, T.W., Meister, K., & Buckley, B.D. Measurement of upper extremity range of motion, stability, and isokinetic strength in collegiate baseball players. *Journal of Athletic Training (Supplement) 35 (2)*, S-63, 2000.
- Kaminski, T.W., Meister, K. M., & Horodyski, M.B. Normative isokinetic shoulder strength values in Division I softball players. *Journal of Athletic Training (Supplement) 35 (2)*, S-91, 2000.
- Dover, G., Kaminski, T.W., Horodyski, M.B. Reliability of inversion and eversion peak torque measurements from Biodex System 3 isokinetic dynamometer. *Journal of Athletic Training (Supplement) 35 (2)*, S-91, 2000.
- Kaminski, T.W., Godfrey, M.D., Braith, R.W., & Stevens, B.R. Dynamic anaerobic muscle fatigue measured by a novel fatigue resistance index. *Medicine and Science in Sports and Exercise*, 32 (5), S-133, 2000.
- Stephenson, A., Horodyski, M.B., Meister, K., & Kaminski, T.W. Cervical spine alignment in the immobilized ice hockey player - Radiographic analysis before and after helmet removal *Journal of Athletic Training (Supplement) 34 (2)*, S-27, 1999.
- Pinto, K.K., Kaminski, T.W., & Horodyski, M.B. The effects of ankle taping and balance activities on Biodex stability measurements. *Journal of Athletic Training (Supplement) 34 (2)*, S-29, 1999.
- Leonard, K., Horodyski, M.B., & Kaminski, T.W. Changes in dynamic postural stability following cryotherapy to the ankle and knee. *Journal of Athletic Training (Supplement) 34 (2)*, S-68, 1999.
- Franklin, P.J., Kaminski, T.W., Horodyski, M.B., & Stopka, C.B. An examination of eversion/inversion isokinetic strength ratios between uninjured and functionally unstable ankles. *Journal of Athletic Training (Supplement) 34 (2)*, S-72, 1999.

Kaminski, T.W., Horodyski, M.B., & Franklin, P.J. Eversion to inversion strength ratios: Normative values. *Journal of Athletic Training (Supplement)* 34 (2), S-73, 1999.

L'Hommedieu, S., Kaminski, T.W., Horodyski, M.B., & Bauer, J.A. Intra-tester reliability of multi-point isometric strength measurements of the shoulder external rotators. *Journal of Athletic Training (Supplement)* 34 (2), S-83, 1999.

Horodyski, M.B., Walser, M., Kaminski, T.W., & Indelicato, P.A. Measurements of dynamic postural stability, visual scanning, and mental flexibility in collegiate football players. *Journal of Athletic Training (Supplement)* 34 (2), S-85, 1999.

Kaminski, T.W., Perrin, D.H., Horodyski, M.B., Bauer, J.A., & Tillman, M.D. In-vivo isokinetic force-velocity relationships for ankle eversion. *Medicine and Science in Sports and Exercise*, 31 (5), S-224, 1999.

Bauer, J.A., Falsetti, T., Tillman, M.D., Smith, K. & Kaminski, T.W. Lower extremity skeletal variations and ACL injury. *Medicine and Science in Sports and Exercise*, 31 (5), S-295, 1999.

Ramsdell, K., Kaminski, T.W., & Horodyski, M.B. Are the proprioceptive benefits of prophylactic ankle taping decreased following exercise and/or a period of inactivity? *SEATA Research Seminar Proceedings (Atlanta, GA March 26, 1999)*.

Gunnoe, A.G., Horodyski, M.B., Tennant, L.K., Murphey, M., Kaminski, T.W. A study of the relationship between life events and the incidence of injury in high school football. *Journal of Athletic Training (Supplement)* 33 (2), S-8, 1998.

Kaminski, T.W., Horodyski, M.B., Zlatniski, P.A. Intertester reliability of concentric and eccentric isokinetic peak torque values for ankle eversion motion obtained from the Kin Com 125 AP isokinetic dynamometer. *Journal of Athletic Training (Supplement)* 33 (2), S-18, 1998.

Horodyski, M.B., Laws, T.V., Meister, K., Kaminski, T.W., Ernst, M., Batts, J. Injury incidence and relative risk of injury during fall and spring high school football. *Journal of Athletic Training (Supplement)* 33 (2), S-22, 1998.

Bittner, MB, Kaminski, T.W., Horodyski, M.B., Stopka, C.B., Connaughton, D. The effect of prophylactic knee bracing on joint position sense as measured in both an open and closed kinetic chain. *Journal of Athletic Training (Supplement)* 33 (2), S-24, 1998.

Hatzel, B.M., Kaminski, T.W., Horodyski, M.B. The effects of ice immersion on concentric and eccentric isokinetic muscle performance in the ankle. *Journal of Athletic Training (Supplement)* 33 (2), S-44, 1998.

Thomas, T.S., Bauer, J., Kaminski, T., Fiolkowski, P. The effects of heading a soccer by intercollegiate female soccer players. *Medicine and Science in Sports and Exercise*, 30 (5), S-28, 1998.

Bishop, M.D., Kaminski, T.W., Bauer, J.A., Trimble, M.H. Changes in myoelectric activity of the biceps brachii and brachialis muscles under differing eccentric loads. *Medicine and Science in Sports and Exercise*, 30 (5), S-65, 1998.

Godfrey, M.D., Braith, R.W., Kaminski, T.W., Stevens, B.R. Quantification of exhaustive muscle function following isocaloric metabolic interventions. *Medicine and Science in Sports and Exercise*, 30 (5), S-70, 1998.

Barstow, I.K., Kaminski, T.W., Bishop, M.D. The effect of enhanced eccentric resistance training on forearm flexor strength: A randomized controlled trial. *Medicine and Science in Sports and Exercise*, 30 (5), S-206, 1998.

Kaminski, T.W., Conley, D.E. The effects of intermittent cold compression therapy on motor performance immediately after application. *Medicine and Science in Sports and Exercise*, 30 (5), S-255, 1998.

Chiumento, A.B, Trimble, M.H., Reisinger, K.D., Kaminski, T.W., Bauer, J.A. The influence of foot orthotics on tibiofemoral rotation in females during landing activities. *Medicine and Science in Sports and Exercise*, 30 (5), S-269, 1998.

Kaminski, T.W., Perrin, D.H., & Gansneder, B.M. Comparing concentric, eccentric and isometric eversion strength between uninjured and functionally unstable ankles. *SEATA Research Seminar Proceedings (Atlanta, GA March 27, 1998)*.

Fiolkowski, P., Bauer, J.A., Horodyski, M.B., & Kaminski, T.W. The effects of cushioned insoles on loading of the foot in running. *SEATA Research Seminar Proceedings (Atlanta, GA March 27, 1998)*.

Kaminski, T.W. Modified Romberg balance test scores between uninjured and functionally unstable ankles. *Journal of Athletic Training (Supplement) 32 (2)*, S-25, 1997.

Higgins, D.L., Kaminski, T.W., Lacey, D.W., & Spear, P.F. The effects of contrast therapy on intramuscular temperature of the human gastrocnemius muscle. *Journal of Athletic Training (Supplement) 32 (2)*, S-5, 1997.

Murphy, R.M., Kaminski, T.W., & Wabbersen, C.V. Comparison of concentric versus eccentric hamstring strength training using the Negator™ training device. *Journal of Athletic Training (Supplement) 32 (2)*, S-10, 1997.

Fiolkowski, P., Kaminski, T.W., & Bauer, J.A. The effects of prophylactic ankle bracing on ankle biomechanics. *Journal of Athletic Training (Supplement) 32 (2)*, S-13, 1997.

Gerlach, T.M., & Kaminski, T.W. The effect of tape and neoprene ankle supports on ankle joint position sense in female athletes. *Journal of Athletic Training (Supplement)* 32 (2), S-14, 1997.

Klein, B.M., & Kaminski, T.W. The effect of a familiarization period to prophylactic knee braces on agility levels. *Journal of Athletic Training (Supplement)* 32 (2), S-39, 1997.

Timms, G.H., & Kaminski, T.W. The effect of prophylactic knee bracing on drop vertical jump height. *Journal of Athletic Training (Supplement)* 32 (2), S-40, 1997.

Waske, A.B., & Kaminski, T.W. The effects of relaxation therapy on cold-pressor pain tolerance. *Journal of Athletic Training (Supplement)* 32 (2), S-44, 1997.

Kaminski, T.W., Perrin, D.H., Arnold, B.L., Gansneder, B.M., Gieck, J.H., & Saliba, E.N. Effect of repeated isokinetic concentric and eccentric test repetitions on peroneal muscle fatigue. *Medicine and Science in Sports and Exercise*, 29 (5), 1997.

Kaminski, T.W., Petry, S.A., & Horodyski, M.B. The effects of neuromuscular massage on pain thresholds of exercise induced trigger points. *SEATA Research Seminar Proceedings (Atlanta, GA March 22, 1997)*.

Horodyski, M.B., O'Donoghue K.E, Miller G., & Kaminski, T.W. Electromyographic activity of the quadriceps and hamstring muscles during a KT-1000 knee arthrometer test. *SEATA Research Seminar Proceedings (Atlanta, GA March 22, 1997)*.

Kaminski, T.W., Perrin, D.H., Arnold, B.L., Gansneder, B.M., Gieck, J.H., & Saliba, E.N. Concentric and eccentric force-velocity relationships between uninjured and functionally unstable ankles. *Journal of Athletic Training (Supplement)* 31 (2), S-54, 1996.

DeStaso, J., Kaminski, T.W., & Perrin, D.H. Relationship between drop vertical jump heights and Kin Com II isokinetic measures using the stretch-shortening cycle. *Journal of Athletic Training (Supplement)* 31 (2), S-11, 1996.

Kaminski, T.W., Perrin, D.H., Mattacola, C.G., Szczerba, J.E., & Bernier, J.N. Reliability and validity of Kin Com ankle inversion and eversion torque measurements. *Journal of Athletic Training (Supplement)* 30 (2), S-33, 1995.

Szczerba, J.E., Perrin, D.H., Kaminski, T.W., & Mattacola, C.G. Assessment of lower extremity dominance via strength and balance measurements. *Journal of Athletic Training (Supplement)* 30 (2), S-42, 1995.

Mattacola, C.G., Perrin, D.H., Kaminski, T.W., & Szczerba, J.E. Effects of a five week balance training protocol on postural sway and lower extremity strength. *Journal of Athletic Training (Supplement)* 30 (2), S-33, 1995.

**Computer Software:**

Kaminski, T.W. Injury Prevention Basic Certification Course – Module 5 CD ROM. *Delaware Health and Social Services*. July 2005.

Kaminski, T.W., & Stopka, C.B. Athletic Training Action (Volume II) An interactive computer software CD ROM. *Cramer Products, Inc.* (Gardner, KS) June 2003.

Kaminski, T.W., & Stopka, C.B. Athletic Training Action (Volume I) An interactive computer software CD ROM. *Cramer Products, Inc.* (Gardner, KS) September 1999.

**Internet Web site Publications:**

Kaminski, T.W. McGraw-Hill Publishers Athletic Training Supersite - Principles of Athletic Training and Essentials of Athletic Training textbook website authorship. URL: [www.mhhe.com/hper/physed/athletictraining/](http://www.mhhe.com/hper/physed/athletictraining/)

**Published Media Reviews:**

“Clinical Experiences in Athletic Training - A Modular Approach (2nd ed.)” (book). *Journal of Sport Rehabilitation*, 8 (2), 149, 1999

“The Clinical Orthopedic Assessment Guide” (book). *Journal of Sport Rehabilitation*, 8 (2), 148, 1999

“Epidemiology of Sports Injuries” (book). *Journal of Sport Rehabilitation*, 6 (1), 64, 1997

"Management Strategies in Athletic Training" (book). *Journal of Sport Rehabilitation*, 3 (3), 258-259, 1994.

**Published Book Foreword:**

In “The Athletic Trainer’s Guide to Strength and Endurance Training” Wiksten & Peters, Slack Incorporated: Thorofare, NJ, 2000.

**Published Position Statement:**

In “Mild Traumatic Brain Injury in Youth Soccer” Guskiewicz, K.M., for the Department of Health and Human Services – Maternal and Child Health Bureau; June 10, 2002

**Non-Refereed Media Publications:**

“UD Researchers Study Effects of Soccer Heading” (article) **UDaily**, Newark, DE. (Saturday December 8, 2007). Contributor.

“Youngest Kids Playing Soccer have Highest Risk” (article) **Baltimore Sun**, Baltimore, MD. (Friday February 2, 2007). Contributor.

“Concussions Get Harder Look” (article) **The News Journal**, Wilmington, DE. (Friday September 15, 2006). Contributor.

“Keeping Student Athletes SAFE” (article) **American School Board Journal**, (ASBJ, Alexandria, VA), August 2006. Contributor.

“Fit for the Long Haul” (article) **DelawareToday Health & Fitness Digest 2006**, (Today Media, Inc., Wilmington, DE), December 2005. Contributor.

“Can Girls Safely Use Their Heads in Soccer?” (article) **The News Journal**, Wilmington, DE. (Saturday April 30, 2005). Contributor.

“Enjoy the workouts, avoid the ice packs” (article) **Keeping Well**, (Coffey Communications, Inc., Walla Walla, WA), Winter 1997. Contributor

“Enjoy the workouts, avoid the ice packs” (article) **Keeping Well** (Coffey Communications, Inc., Walla Walla, WA), Summer 1997. Contributor

Davis R.G. “The Trouble with Gyms” (article). **New York Magazine**, January 20, 1997. Contributor

### **Patents:**

Stevens, B.R., Kaminski, T.W., Braith R.W., & Godfrey M.D. The use of a novel ketoacid/aminoacid metabolic intervention to enhance human muscle performance and recovery from fatigue. U.S. Patent No. 6,100,287 Issued 8/8/2000.

### **Licensing Agreements:**

UF#-1796 “Materials and Methods for Enhancing Muscle Performance and Recovery from Fatigue” – GAKIC® product between UFRF, Inc. and Iovate Health Science Services, Inc. (Mississauga Ontario, Canada) Co-inventor. September 2004.

UF#-1796 “Materials and Methods for Enhancing Muscle Performance and Recovery from Fatigue” – GAKIC® product between UFRF, Inc. and EAS (Golden, CO). Co-inventor. April 2002.

### **International Presentations:**

3<sup>rd</sup> International Ankle Symposium, Dublin, Ireland 2006., Keynote Lecture #7 (invited)  
– The Relationship between Muscle Strength Deficits and Chronic Ankle Instability.

Second International Symposium on Concussion in Sport, Prague, Czech Republic 2004  
– Poster presentation “Understanding the relationship between heading a soccer ball and neuropsychological performance in girls interscholastic soccer.”

2<sup>nd</sup> International Ankle Symposium, Newark, Delaware 2004., Platform III Presentations  
– “Examining functional strength ratios between those with ankle instability and a control group with uninjured ankles.”

### **National Presentations:**

NATA 59<sup>th</sup> Annual Meeting and Clinical Symposia, Symposium Session 14, St. Louis, Missouri, 2008. “Food for Thought: The Usefulness of Neurocognitive Testing in the Assessment of Sport-Related Concussion” (Symposium Chair and Invited Speaker)

NATA 59<sup>th</sup> Annual Meeting and Clinical Symposia, St. Louis, Missouri, 2008.  
Workshop 19 “Incorporating Functional Performance Testing from the Laboratory to the Clinic” (Invited Speaker)

2008 Annual Meeting of the American College of Sports Medicine (ACSM), D-20 Free Communication/ Slide Presentation: Mental Health/Cognition, Indianapolis, Indiana.  
“Does heading frequency affect neuropsychological test performance in interscholastic female soccer players?”

AAHPERD National Convention & Exposition, Fort Worth, Texas 2008. Session #497,  
“Contemporary Concussion Management Strategies for Athletic Trainers, Coaches, and Educators. ”

AAHPERD National Convention and Expo, Fort Worth, Texas 2008. Session # 440 –  
Research Consortium Poster Session: “Strength and stretch reflex characteristics in collegiate ice hockey players.”

NATA 58<sup>th</sup> Annual Meeting and Clinical Symposia, Anaheim, California 2007. Free Communications, Oral Presentations (Mild Brain Injury and Neurocognitive Testing)  
“Comparing ANAM and ImPACT Computerized Neuropsychological Test Scores Derived from a Group of Uninjured Intercollegiate Athletes”

American College of Sports Medicine 54<sup>h</sup> Annual Meeting, New Orleans, Louisiana 2007. Session D-35, Symposium “Heading in the Right Direction? An In-Depth Analysis of Head Safety in Sport including the Safety of Purposeful Heading in Soccer and Concussion in American Football” (Symposium Chair & Speaker)

AAHPERD National Convention & Exposition, Baltimore, Maryland 2007, Session #568  
Symposium Moderator: “Advances in Sports Medicine Case Study: US Lacrosse”.

AAHPERD National Convention and Expo, Baltimore, Maryland 2007. Session # 648 - NASPE Sport and Physical Education Poster Session: "Effect of fatigue on neuromuscular activity of the ankle."

NATA 57th Annual Meeting and Clinical Symposia, Atlanta, Georgia 2006. Workshop-69 "Screening for Lower Extremity Injuries"

NATA 57th Annual Meeting and Clinical Symposia, Atlanta, Georgia 2006. Free Communications, Oral Presentations (Concussion Assessment and Recovery) "Does Purposeful Heading in Soccer Negatively Impact Computerized Neuropsychological Test Performance?"

NATA 57th Annual Meeting and Clinical Symposia, Atlanta, Georgia 2006. Free Communications, Oral Presentations (Ankle Instability) – Session Moderator.

American College of Sports Medicine 53rd Annual Meeting, Denver, Colorado 2006. Session B-25 Free Communication/Poster – Gait and Musculoskeletal Mechanics "A Comprehensive Isokinetic Strength Analysis in those with Self-Reported Ankle Instability".

AAHPERD National Convention & Exposition, Salt Lake City, Utah 2006, Session #297 Symposium Moderator: "The Myths and Realities of Therapeutic Heat and Cold".

NATA 56th Annual Meeting and Clinical Symposia, Indianapolis, Indiana 2005. Free Communications, Oral Presentations (Ankle Stability) "Examining Power Output Following an Active Bout of Intensive Exercise in Subjects with Ankle Instability."

NATA 56th Annual Meeting and Clinical Symposia, Indianapolis, Indiana 2005. Workshop dd "Screening for Lower Extremity Injuries"

American College of Sports Medicine 52nd Annual Meeting, Nashville, Tennessee 2005. Session D-19 Thematic Poster Moderator: "Protective Equipment for Exercise and Sport".

American College of Sports Medicine 52nd Annual Meeting, Nashville, Tennessee 2005. Session F-30 Free Communication/Poster – Neuromuscular and Musculoskeletal Mechanics "Analyzing Time To and Angle of Isokinetic Peak Torque in Those with Self-Reported Ankle Instability".

AAHPERD National Convention & Exposition, Chicago, Illinois 2005, Session #388 Symposium Moderator: "Physical Training to Prevent Anterior Cruciate Ligament (ACL) Injuries among Middle and High School Female Athletes".

NATA 55th Annual Meeting and Clinical Symposia, Baltimore, Maryland 2004, Session #26 Symposium Moderator: "Recreational Substance Abuse".

NATA 55th Annual Meeting and Clinical Symposia, Baltimore, Maryland 2004. Workshop U “Intrinsic and Extrinsic Ankle Injury Risk Factors: Implications for Rehabilitation.”

NATA 55th Annual Meeting and Clinical Symposia, Baltimore, Maryland 2004. Free Communications, Oral Presentations (Mild Brain Injury) “Understanding the Relationship Between Heading a Soccer Ball and Neuropsychological Performance in Girls Interscholastic Soccer.”

2004 Annual Meeting of the American College of Sports Medicine (ACSM), G-18 Free Communication/ Slide Presentation: Injury Biomechanics, Indianapolis, Indiana. “Examining End-Range Eccentric Force in a Group of Subjects with Self-Reported Functional Ankle Instability.”

AAHPERD National Convention & Exposition, New Orleans, Louisiana 2004. Session #162, “The ABC’s of Ankle Injury Prevention and Care”

NATA 54th Annual Meeting and Clinical Symposia, St. Louis, Missouri 2003. Workshop PP “Intrinsic and Extrinsic Ankle Injury Risk Factors: Implications for Rehabilitation.”

NATA 54th Annual Meeting and Clinical Symposia, St. Louis, Missouri 2003. Free Communications, Oral Presentations (Mild Brain Injury) “Baseline Neuropsychological Performance Measurements in a Group of NCAA Division I Women Soccer Players.”

NATA 54th Annual Meeting and Clinical Symposia, St. Louis, Missouri 2003. Special Interest Group Leader - “Chronic Ankle Instability”

American College of Sports Medicine 50th Annual Meeting, San Francisco, California 2003. Session F-9, Clinical Colloquium “Heading in Soccer: Is It Safe?”

NATA 53rd Annual Meeting and Clinical Symposia, Dallas, Texas 2002. Special Interest Group Leader - “Ankle Instability”

NATA 53rd Annual Meeting and Clinical Symposia, Dallas, Texas 2002. Free Communications, Oral Presentations (Functional Ankle Instability) “There are No Differences in Reciprocal Muscle Group Strength Ratios between Those with Functional Ankle Instability and a Group with Uninjured Ankles.”

2002 Annual Meeting of the American College of Sports Medicine (ACSM), A-17A Free Communication/ Slide Presentation: Athlete Injury: Rugby, Soccer, Football, St. Louis, Missouri. “A Retrospective Examination of Purposeful Heading in a Group of Female Collegiate Soccer Players.”

NATA 52nd Annual Meeting and Clinical Symposia, Workshop Q, Los Angeles, California 2001. “Eccentric Strength Rehabilitation in a Clinical Setting”

NATA 52nd Annual Meeting and Clinical Symposia, Los Angeles, California 2001. Free Communications and Poster Presentations (Lower Extremity Case Studies), “The Influence of Strength and Proprioception on Strength and Postural Stability in Individuals with Unilateral Functional Ankle Instability”

American College of Sports Medicine 48th Annual Meeting, Baltimore, Maryland 2001. Session F-20, Mini-Symposium “Etiology and Management of Functional Ankle Instability”

2001 Annual Meeting of the American College of Sports Medicine (ACSM), C-30A Free Communication/ Slide Presentation: Athlete Care: Foot and Ankle, Baltimore, Maryland. “Eversion and Inversion Strength Ratios in Subjects with Unilateral Functional Ankle Instability”

NATA-REF 2001 Athletic Training Educators’ Conference, Fort Worth, Texas 2001. Symposium moderator “Theoretical Models for Program Development” and The Socialization of Athletic Training Faculty: Mentoring Strategies for Successful Professional Development”

NATA 51st Annual Meeting and Clinical Symposia, Symposium Session 25, Nashville, Tennessee 2000. “Eccentric Muscle Actions: Clinical Implications for the Certified Athletic Trainer”

NATA 51st Annual Meeting and Clinical Symposia, Free Communications, Oral Presentations Session Moderator: Post Traumatic Ankle Nashville, Tennessee 2000.

NATA 51st Annual Meeting and Clinical Symposia, Free Communications and Poster Presentations (Session G), Nashville, Tennessee 2000. “Normative Isokinetic Shoulder Strength Values in Division I Softball Players”

2000 Annual Meeting of the American College of Sports Medicine (ACSM), C-30A Free Communication/ Poster Presentation: Anaerobic Performance, Indianapolis, Indiana. “Dynamic Anaerobic Muscle Fatigue Measured by a Novel Fatigue Resistance Index”

AAHPERD 2000 National Convention and Exposition, Symposium #332, Orlando, Florida 2000. “Applying Web-Based Portfolios and Computer-Based Instructional Strategies in Athletic Training and Physical Education”

NATA 50th Annual Meeting and Clinical Symposia, Workshop P & bb, Kansas City, Kansas 1999. “Ankle Functional Instability - Strength and Rehabilitation Concerns”

NATA 50th Annual Meeting and Clinical Symposia, Session #26 Symposium Moderator: Biomechanical and Clinical Aspects of Ankle and Knee Bracing in Sports Medicine, Kansas City, Kansas 1999.

NATA 50th Annual Meeting and Clinical Symposia, Free Communications and Poster Presentations, Kansas City, Kansas 1999. “Eversion to inversion strength ratios: Normative values”

1999 Annual Meeting of the American College of Sports Medicine (ACSM), D-42 Free Communication/ Poster Presentation: Skeletal Muscle II, Seattle, Washington. “In-vivo isokinetic force-velocity relationships for ankle eversion”

NATA-REF 1999 Athletic Training Educators’ Conference, Fort Worth, Texas 1999. Symposium moderator “Learning Styles in a Didactic Setting” and “Learning Styles in a Clinical Setting”

NATA 49th Annual Meeting and Clinical Symposia, Workshop J, Baltimore, Maryland 1998. “Ankle Functional Instability - Strength and Rehabilitation Concerns”

NATA 49th Annual Meeting and Clinical Symposia, Free Communications, Oral Presentations (Clinical Studies), Baltimore, Maryland 1998. “Intertester Reliability of Concentric and Eccentric Peak Torque Values for Ankle Eversion Motion Obtained from the Kin Com 125 AP Isokinetic Dynamometer”

1998 Annual Meeting of the American College of Sports Medicine (ACSM), F-31 Free Communication/ Poster Presentation: Gait, Muscle Mechanics, & Motor Control, Orlando, Florida. “The Effects of Intermittent Cold Compression Therapy on Motor Performance Immediately after Application”

NATA 48th Annual Meeting and Clinical Symposia, Symposium Session 29, Salt Lake City, Utah 1997. “Ankle Functional Instability: Strength Deficits as a Cause of Functional Ankle Instability”

NATA 48th Annual Meeting and Clinical Symposia, Free Communications, Thematic Poster Session, Salt Lake City, Utah 1997. “Modified Romberg balance test scores between uninjured and functionally unstable ankles”

1997 Annual Meeting of the American College of Sports Medicine (ACSM), Thematic Poster Session, Denver, Colorado. “Effect of repeated isokinetic concentric and eccentric test repetitions on peroneal muscle fatigue”

NATA 47th Annual Meeting and Clinical Symposia, Free Communications and Poster Presentations, Orlando, Florida 1996. “Concentric and eccentric force-velocity relationships between uninjured and functionally unstable ankles”

NATA 46th Annual Meeting and Clinical Symposia, Free Communications and Poster Presentations, Indianapolis, Indiana 1995. “Reliability and validity of Kin Com ankle inversion and eversion torque measurements”

**Regional Presentations:**

SEATA (Southeast Athletic Trainers Association) Student Athletic Trainer Symposium, Atlanta, Georgia, February 2008. “Foot and Ankle Injuries”

EATA (Eastern Athletic Trainers Association) Annual Meeting Clinical Symposium, Valley Forge, PA (2008). “Show Me the Evidence – An Introduction in Evidence-Based Medicine (EBM) for the Athletic Trainer” – Symposium Chair

SEATA (Southeast Athletic Trainers Association) Student Athletic Trainer Symposium, Atlanta, Georgia, February 2007. “Foot and Ankle Injuries”

EATA (Eastern Athletic Trainers Association) Annual Meeting Clinical Symposium, Boston, MA (2007). Research to Reality Lecture - “Ankle Instability”.

SEATA (Southeast Athletic Trainers Association) Student Athletic Trainer Symposium, Atlanta, Georgia, February 2006. “Foot and Ankle Injuries”

EATA (Eastern Athletic Trainers Association) Annual Meeting Clinical Symposium, Philadelphia, PA (2006). Workshop - “Incorporating Functional Performance Testing into Clinical Practice”

EATA (Eastern Athletic Trainers Association) Annual Meeting Clinical Symposium Philadelphia, PA (2006), Moderator - “Free Communications Research Abstract Presentations.”

EATA (Eastern Athletic Trainers Association) Annual Meeting Clinical Symposium, Philadelphia, PA (2006). Student Conference “Round Robin Mini-Session” - “How to Go to Graduate School for Free”

SEATA (Southeast Athletic Trainers Association) Student Athletic Trainer Symposium, Atlanta, Georgia, February 2005. “Foot and Ankle Injuries”

SEATA (Southeast Athletic Trainers Association) Student Athletic Trainer Symposium, Atlanta, Georgia, February 2004. “Foot and Ankle Injuries”

SEATA (Southeast Athletic Trainers Association) Student Athletic Trainer Symposium, Atlanta, Georgia, February 2003. “Foot and Ankle Injuries”

SEATA (Southeast Athletic Trainers Association) Clinical Symposium, Symposium Moderator: “General Medical Evaluation Procedures”, “Sideline Assessment of Concussion”, “Research and Education Seminar”, “Concurrent Session I & III: Foot and Ankle”. Atlanta, GA 2002

SEATA (Southeast Athletic Trainers Association) Student Athletic Trainer Symposium, Atlanta, Georgia, February 2002. “Foot and Ankle Injuries”

SEATA (Southeast Athletic Trainers Association) Clinical Symposium, Symposium Moderator: “Critical Issues in Sports Related Brain Trauma”, “Research and Education Seminar”, “The Law and Sports Medicine: Current Issues and Trends”, “Appropriate Medical Coverage Issues in Intercollegiate Athletics”, “Nutrition in the Trenches: What Works and What Doesn’t for Optimal Performance”. Atlanta, Georgia 2001.

SEATA (Southeast Athletic Trainers Association) Student Athletic Trainer Symposium, Atlanta, Georgia, February 2001. “Shoulder and Arm Injuries”

SEATA (Southeast Athletic Trainers Association) Clinical Symposium, Symposium Moderator: “Research and Education Seminar”, “Alternative and Complimentary Therapies”, Current Issues in Athletic Training Education”, and “Creatine Supplementation: A Closer Look”. Atlanta, Georgia 2000.

SEATA (Southeast Athletic Trainers Association) Student Athletic Trainer Symposium, Atlanta, Georgia, February 2000. “Shoulder and Arm Injuries”

SEATA (Southeast Athletic Trainers Association) Clinical Symposium, Atlanta, Georgia 1999. Mini-Course Session - “Assessment of Head Injuries in Athletics”

SEATA (Southeast Athletic Trainers Association) Annual Meeting Research Seminar, Atlanta, Georgia 1999. Oral Presentation - “Are the proprioceptive benefits of prophylactic ankle taping decreased following exercise and/or a period of inactivity?”

SEATA (Southeast Athletic Trainers Association) Clinical Symposium, Atlanta, Georgia 1998. Concurrent Mini-Course Session 1 - “Functional Ankle Instability: Strength and Proprioception Rehabilitation Issues”

SEATA (Southeast Athletic Trainers Association) Annual Meeting Research Seminar, Atlanta, Georgia 1998. Oral Presentation - “Comparing concentric, eccentric and isometric eversion strength between uninjured and functionally unstable ankles”

ATAF 9th Annual Athletic Trainers’ Association of Florida Clinical Symposium and Business Meeting, Orlando, Florida April 25-27, 1997. “Gadgets & Gizmos: Inexpensive Rehabilitation for the Upper Extremity for Use in a Home Program” Lecture.

SEATA (Southeast Athletic Trainers Association) Annual Meeting Research Seminar, Atlanta, Georgia 1997. Poster Presentation - “The effects of neuromuscular massage on pain thresholds of exercise induced trigger points”

### **Local Presentations:**

Tower Hill School (Wilmington, DE) May 19, 2008. Host to 35 high school students enrolled in AP biology and anatomy class – overview of the research activities in the Athletic Training Research Laboratory.

Saint Anne's Episcopal School, Middletown, Delaware, May 14, 2008 - Bony and Muscular Anatomy: An Overview. Presented to the 3<sup>rd</sup> Grade Class.

University of Kentucky Graduate Athletic Training Education Program Seminar, Lexington, Kentucky, April 17, 2008 – “Roundtable Discussion on Professional Involvement Activities.”

University of Delaware, Newark, Delaware, April 9, 2008 – WOMS/HESC484 Women in Sport, Invited Guest Lecture, “The Concussion Dilemma in Female Athletes.”

University of Delaware, Newark, Delaware, March 3, 2008 – HESC350 Basic Concepts of Kinesiology, Invited Guest Lecture, “Isokinetic Strength Assessment.”

University of Delaware, Newark, Delaware, February 21 & 25, 2008 – HESC406 Rehabilitation of Athletic Injuries II, Invited Guest Lecture, “Isokinetic Strength Assessment.”

St. George's Technical School Guest Lecture, St. George's, Delaware, January 9, 2008 – “Careers in Athletic Training.”

Redding Middle School 2007 Career Forum, Middletown, Delaware, December 18, 2007 – “Careers in Athletic Training.”\

University of Delaware, Newark, Delaware, October 15 & 17, 2007 – HESC205 Freshman Seminar in Exercise Science, Invited Guest Lecture, “Careers in Athletic Training.”

The Charter School of Wilmington Learning Lunch Program, Wilmington, Delaware, October 3 & 10, 2007, Invited Lecture, “Careers in Athletic Training.”

South Carolina Athletic Trainers' Association Annual Symposium, Columbia, South Carolina, July 12, 2007 – DHEC Presentation: “Contemporary Concussion Management Strategies for the Athletic Trainer.”

Saint Anne's Episcopal School, Middletown, Delaware, March 30, 2007 - Bony and Muscular Anatomy: An Overview. Presented to the 3<sup>rd</sup> Grade Class.

University of Virginia Exercise & Sports Injury Laboratory, Charlottesville, Virginia, March 29, 2007 – “Are We Heading in the Right Direction”?

Smyrna High School 2007 Career Forum, Smyrna, Delaware, January 31, 2007 – “Careers in Athletic Training.”

Department of Kinesiology Colloquium – KINES590 Invited Lecture, “Are We Heading in the Right Direction” Penn State University, State College, PA. November 9-10, 2006.

Virginia Horne Henry Fund Invited Lecturer - University of Wisconsin Athletic Training Lecture Series “Does Purposeful Heading in Soccer Negatively Impact Computerized Neuropsychological Test Performance”? March 31, 2006.

Virginia Horne Henry Fund Invited Lecturer - University of Wisconsin Athletic Training Lecture Series “The Relationship between Chronic Ankle Instability & Muscle Strength Deficits.” March 30, 2006.

Saint Anne’s Episcopal School, Middletown, Delaware, March 24, 2006 - Bony and Muscular Anatomy: An Overview. Presented to the 3<sup>rd</sup> Grade Class.

St. Elizabeth High School Sophomore/Junior Career Day, Wilmington, Delaware, March 20, 2006 – “Careers in Athletic Training”.

Delaware Interscholastic Activities Association (DIAA) Annual Meeting, Camden, DE, February 9, 2006 – “Raising Awareness of Head Injuries in Interscholastic Sports in the State of Delaware.”

Smyrna High School 2006 Career Forum, Smyrna, Delaware, February 2, 2006 – “Careers in Athletic Training”.

State of Delaware Developmental Disabilities Council – LIFE Conference VIII, Dover, Delaware, January 26, 2006 – Sport Related Brain Injury Symposium titled “Are We Heading in the Right Direction.”

University of Delaware, Newark, Delaware, November 7, 2005 – International Coaching Initiative Program – Senegalese Basketball Federation - “Sport Injury Care for Basketball Coaches.”

Everett Meredith Middle School 2005 Career Forum, Middletown, Delaware, October 28, 2005 – “Careers in Athletic Training”.

University of Delaware, Newark, Delaware, October 7, 2005 – HESC350 Basic Concepts in Kinesiology, Invited Guest Lecture, “Isokinetic Exercise and Eccentrics in the Rehab Setting”

State (Delaware) Council for Persons with Disabilities’ Brain Injury Committee, Appoquinimink State Service Center, Middletown, Delaware, July 11, 2005 – “Risk of Head Injury in Soccer”.

University of Delaware 2005 Undergraduate Research Scholars Poster Session, April 22, 2005 – Trabant University Center. Poster titled: “Examining neuropsychological test performance in different age groups of female interscholastic soccer players”. Cousino, E.S., & Kaminski, T.W.

University of Delaware, Newark, Delaware, March 4, 2005 – HESC350 Basic Concepts in Kinesiology, Invited Guest Lecture, “Isokinetic Exercise and Eccentrics in the Rehab Setting”

Saint Anne’s Episcopal School, Middletown, Delaware, January 20, 2005 - Bony and Muscular Anatomy: An Overview. Presented to the 3<sup>rd</sup> Grade Class.

Delaware Athletic Trainers’ Association (DATA), December 5, 2004 – Fall 2004 Business Meeting & Clinical Symposium – “Ankle Instability: What we know .... Where we are going...”

University of Delaware, Newark, Delaware, October 4, 2004 – International Coaching Initiative Program – Turkish Basketball Federation - “Sport Injury Care for Basketball Coaches.”

University of Delaware, Newark, Delaware, February 28, 2004 – 35<sup>th</sup> Annual Medical Aspects of Sports - “Intrinsic and Extrinsic Ankle Injury Risk Factors: Implications for Rehabilitation.”

University of Delaware, Newark, Delaware, November 21, 2003 - CHNS Center for Research Development “Research Showcase” - Interdisciplinary Research Interests: A Journey Involving the Study of Ankle Instability and Concussions in Women’s Soccer.

Springfield Safe Kids Coalition “Get into the Game” Program, Springfield, Missouri, April 10, 2003 – Bowerman Elementary School, April 29, 2003 - Weller Elementary School, April 30, 2003 - Bissett Elementary School, June 5, 2003 - Strafford Elementary School, and June 10, 2003 - Cowden Elementary School.

Southwest Missouri State University, Springfield, Missouri, May 9, 2003 - Athletic Training In-Service Program. “National Safety Council Adult CPR Course”

University of North Carolina @ Chapel Hill, Chapel Hill, North Carolina, February 20-22, 2003. *Visiting Lecture Series* “Lower Extremity Functional Testing related to Ankle Instability” and “Current Research Trends in Ankle Instability: Examining “Functional” Ankle Instability”

Southwest Missouri State University, Springfield, Missouri, September 26, 2002 - ATC 421 Therapeutic Exercise, Invited Guest Lecture, “The Uses of Isokinetics in Strength Assessment”

Southwest Missouri State University, Springfield, Missouri, August 3, 2002 – NATA Education Council Approved Clinical Instructor Workshop for Certified Athletic Trainers.

University of Florida, Gainesville, Florida, April 25-26, 2002 - Athletic Training In-Service Program. “National Safety Council Adult CPR Course”

University of Florida, Gainesville, Florida, January 28 and 30, 2002 – NATA Education Council Approved Clinical Instructor Workshop for Certified Athletic Trainers.

University of Florida, Gainesville, Florida, November 27, 2001 - In-Service Program for UAA, Inc. Swim Team Coaching Staff. “National Safety Council First Aid Course”

University of Florida, Gainesville, Florida, May 23 & June 13, 2001 - Haile Plantation Lifeguard Training. “National Safety Council Adult CPR Course”

Alachua County School Board - Talbot Elementary School, Gainesville, Florida, May 9, 2001 - Bony and Muscular Anatomy: An Overview. Presented to the 2nd Grade Enrichment Class.

University of Florida, Gainesville, Florida, April 26-27, 2001 - Athletic Training In-Service Program. “National Safety Council Adult CPR Course”

University of Florida, Gainesville, Florida, February 22, 2001 - PET 6347 Biomechanics Instrumentation, Invited Guest Lecture, “Isokinetic Exercise in the Rehab Setting”

University of Georgia, Athens, GA January 29, 2001 Department of Exercise Science Invited Guest Lecture, “Functional Ankle Instability”

University of Florida, Gainesville, Florida, January 24, 2001 - PHT 3316 Orthopedic Evaluation and Treatment (Department of Physical Therapy), Invited Guest Lecture, “Athletic Taping In-Service”.

University of Florida, Gainesville, Florida, January 23, 2001 - In-Service Program for Gator Swim Club Coaching Staff. “National Safety Council Adult CPR Course”

University of Florida, Gainesville, Florida, January 22, 2001 - PET 2931 Honors Seminar in Exercise and Sport Science, Invited Guest Lecture, “Eccentric Exercise”

University of Florida, Gainesville, Florida, January 2, 2001 - In-Service Program for UAA, Inc. Swim Team Coaching Staff. “National Safety Council Adult CPR Course”

Penn State University, State College, PA October 26 & 27, 2000 Penn State Sports Medicine Colloquium Invited Guest Lecture, “Eccentric Muscle Actions: Clinical Implications for the Certified Athletic Trainer”

University of Florida, Gainesville, Florida, September 1, 2000 - Athletic Training In-Service Program. “National Safety Council First Aid Course”

University of Buffalo, Buffalo, NY, May 15, 2000 Department of Physical Therapy, Invited Guest Lecture, “Functional Ankle Instability”

University of Florida, Gainesville, Florida, April 27-28, 2000 - Athletic Training In-Service Program. "National Safety Council Adult CPR Course"

University of Florida, Gainesville, Florida, April 19, 2000 - PET 6397 Neuromuscular, Invited Guest Lecture, "Isokinetic Exercise and Eccentrics in the Rehab Setting"

University of Florida, Gainesville, Florida, April 9, 2000 - Division of Student Housing - Residents Assistants Forum "Athletic Training as a Career"

University of Florida, Gainesville, Florida, April 8, 2000 - Ronald E. McNair Scholars Program Research Presentation Day "The effects of strength and proprioception training on subjects with functional ankle instability" (Poster Presentation)

University of Florida, Gainesville, Florida, April 1, 2000 - University Scholars Symposium "Prophylactic ankle bracing and proprioception in uninjured and functionally unstable ankles" (Oral Presentation)

Stetson University, Deland, Florida, February 23, 2000, Invited Guest Lecture, "Understanding Eccentric Muscle Actions: Implications for the Clinician"

University of Florida, Gainesville, Florida, February 16, 2000 - PET 2931 Honors Seminar in Exercise and Sport Science, Invited Guest Lecture, "Eccentric Exercise"

Recreation Department - City of Gainesville, Gainesville, Florida, February 10, 2000. "Shoulder Injuries in Baseball - In-Service Seminar"

University of Florida, Gainesville, Florida, January 24, 2000 - PHT 3316 Orthopedic Evaluation and Treatment (Department of Physical Therapy), Invited Guest Lecture, "Athletic Taping In-Service".

University of Florida, Gainesville, Florida, December 10, 1999 - Athletic Training In-Service Program. "National Safety Council Adult CPR Course"

Girl Scouts of America (Alachua, Florida Chapter) April 24, 1999 - "National Safety Council Adult CPR Course" conducted at the University of Florida.

University of Florida, Gainesville, Florida, April 22-23, 1999 - Athletic Training In-Service Program. "National Safety Council Adult CPR Course"

University of Florida, Gainesville, Florida, April 21, 1999 - Biomechanics Group "Isokinetic Exercise Testing"

University of Florida, Gainesville, Florida, April 10, 1999 - Ronald E. McNair Scholars Program Research Presentation Day "The effects of ankle taping and balance activities on Biodex stability measurements" (Oral Presentation)

University of Florida University Athletic Association (UAA) - Athletic Training Staff In-Service Program Gainesville, Florida March 17, 1999 - "National Safety Council Adult CPR Course"

University of Florida, Gainesville, Florida, February 1, 1999 - PHT 3316 Orthopedic Evaluation and Treatment (Department of Physical Therapy), Invited Guest Lecture, "Athletic Taping In-Service".

University of Florida, Gainesville, Florida, January 25, 1999 - PET 2931 Honors Seminar in Exercise and Sport Science, Invited Guest Lecture, "Eccentric Exercise"

University of Florida, Gainesville, Florida, January 20, 1999 - PET 2931 Honors Seminar in Exercise and Sport Science, Invited Guest Lecture, "The Injury Inflammatory Process"

University of Florida, Gainesville, Florida, December 14 & 15, 1998 - In-Service Program for UAA, Inc. Swim Team Coaching Staff. "National Safety Council Adult CPR and First Aid Course"

University of Florida, Gainesville, Florida, November 4, 1998 - PET 4381 Neuromuscular Aspects of Exercise, Invited Guest Lecture, "Isokinetic Exercise and Eccentrics in the Rehab Setting"

The University of Alabama, Tuscaloosa, Alabama, October 2, 1998 "Distinguished Lecture on Sports Medicine", Invited Guest Lecture, "Functional Ankle Instability"

University of Florida, Center for Exercise Science, Gainesville, Florida, September 11, 1998 - Fall 1998 Exercise Physiology Seminar Series "Current Sports Medicine Related Research"

University of Florida, Gainesville, Florida, April 24, 1998 - Athletic Training In-Service Program. "National Safety Council Adult CPR Course"

University of Florida University Athletic Association (UAA) Gainesville, Florida March 22, 1998 - "American Red Cross Adult CPR Course"

University of Florida, Gainesville, Florida March 18, 1998 - PET 5389 Assessment in Exercise Science, Invited Guest Lecture, "The Uses of Isokinetics in Strength Assessment"

University of Florida, Gainesville, Florida February 13, 1998 - PET 2931 Honors Seminar in Exercise and Sport Science, Invited Guest Lecture, "The Injury Inflammatory Process"

University of Florida Shands Rehabilitation at Illuminations, Gainesville, Florida February 6, 1998 - "Functional Ankle Instability"

University of Florida, Gainesville, Florida, January 25, 1998 - Athletic Training In-Service Program. "American Red Cross Adult CPR Course"

University of Florida, Gainesville, Florida December 2, 1997 - PET 5389 Assessment in Exercise Science, Invited Guest Lecture, "The Uses of Isokinetics in Strength Assessment"

University of Florida, Gainesville, Florida September 4, 1997 - Student Athletic Trainers Monthly In-Service Program, "Heat Related Problems in the Athlete"

University of Florida, Gainesville, Florida, July 23, 1997 - Athletic Training In-Service Program. "American Red Cross Adult CPR Course"

University of Florida, Gainesville, Florida, April 24, 1997 - Athletic Training In-Service Program. "American Red Cross Adult CPR Course"

University of Florida University Athletic Association (UAA) Gainesville, Florida March 27, 1997 - Student Athletic Trainers' Monthly In-service Lecture "Heat Related Problems in the Athlete"

Bellview (Florida) High School January 9, 1997 - Biomechanics Group "Isokinetic Exercise Testing" Lecture Presented at the University of Florida

University of Florida University Athletic Association (UAA) Gainesville, Florida November 14, 1996 - Student Athletic Trainers' Monthly In-service Lecture "Functional Ankle Instability"

Santa Fe High School, Alachua, Florida September 26, 1996 - Future Educators' of America Student Club "Athletic Training Education and Careers in Athletic Training"

Marietta College, Marietta, Ohio, February 11, 1996 and February 18, 1996 - Athletic Training In-Service Program. "American Red Cross Adult CPR Course"

Marietta High School, Marietta, Ohio, August 23, 1995 - State of Ohio Coaches Accreditation Clinic - Topic: "Preventative Knee Bracing"

University of Virginia, Charlottesville, Virginia, June 26, 1995 - The Art and Science of Sports Medicine 95' Conference, Program Faculty Member - Topic: "Prophylactic Knee Bracing - A Literature Review"

Free Union Country Day School, Free Union, Virginia, November 1994 - Teacher In-service Program. "American Red Cross Community First Aid and Safety Course"

Blue Ridge School, St. Georges, Virginia, August, 1993 & August, 1994 Teacher Orientation Program. "American Red Cross Standard First Aid and CPR Course"

Hornell High School, Hornell, New York, Spring 1993 - New York State Coaches Certification Program. "Sports Related Injury Care and Prevention"

Canisteo High School, Canisteo, New York, Fall 1990 - New York State Coaches Certification Program. "Guest Lecturer - Football Related Injuries"

Dansville High School, Dansville, New York, Fall 1990 - Athletic Coaches and Administrators In-service Program. "Update on the State of Sports Injury Care in Secondary Schools"

Wellsville Midget Football League, Wellsville, New York, August 1988 - Football Coaches Clinic. "Football Related Injuries"

Metropolitan Hospital, Grand Rapids, Michigan, October 1986 - Wellness Center for Continuing Education. "Update on Sports Medicine"

## **GRANTS**

### **(1) Research Support:**

Kaminski, T.W. (Principal Investigator). **\$6,000.00** University of Delaware Women's Studies Faculty Summer Research Award 2008-09. "Effects of Purposeful Heading on Cognition and Balance in Female Soccer Players with Previous Concussion Histories." Awarded April 2008.

Kaminski, T.W. (Co-Principal Investigator) and McHugh, L. **\$3,500.00** University of Delaware Undergraduate Research Program. "Effects of Purposeful Heading on Cognition and Balance in Female Soccer Players with Previous Concussion Histories" Awarded March 2008.

Kaminski, T.W. (Co-Principal Investigator) and McCartney, T. **\$3,500.00** University of Delaware Undergraduate Research Program. "Does Heading Frequency Affect Neuropsychological Test Performance in Interscholastic Female Soccer Players?" Awarded March 2007.

Kaminski, T.W. (Co-Principal Investigator) and Neeld, K. (Student). **\$600.00** University of Delaware 2007 Senior Thesis Winter Session Scholar. "Predicting Ankle Instability in Male Collegiate Ice Hockey Players". Awarded November 2006.

Kaminski, T.W. (Principal Investigator). **\$3,994.50** Eastern Athletic Trainers' Association Research Grant Program. "Postural Sway and Neuropsychological Performance Following an Acute Bout of Soccer Heading". Awarded August 2006.

Kaminski, T.W. (Co-Principal Investigator) and Gilliam, M.B. (Student). **\$1,000.00** National Athletic Trainers' Research & Education Foundation (NATAREF) Master's

Grant Program. “Postural Sway and Neuropsychological Performance Following an Acute Bout of Soccer Heading”. Awarded August 2006.

Kaminski, T.W. (Co-Principal Investigator) and Groff, R. **\$3,500.00** University of Delaware Undergraduate Research Program. “Comparing Computerized Neuropsychological Test Batteries”. Awarded March 2006.

Kaminski, T.W. (Principal Investigator). **\$5,994.00** University of Delaware General University Research (GUR) Grant Program. “Contrast Therapy and Post-Injury Lower Leg Blood Flow”. Awarded February 2006.

Kaminski, T.W. (Principal Investigator). **\$3,000.00** University of Delaware Research Foundation, Inc. “Understanding Mild Traumatic Brain Injury in Female Interscholastic Soccer.” Summer Undergraduate Research Assistantship. Awarded August 2005.

Kaminski, T.W. (Co-Principal Investigator) and Cousino, E.S. **\$1,500.00** University of Delaware Undergraduate Research Program. “Neuropsychological Effects of Heading a Soccer Ball in Female Soccer Players”. Awarded May 2005.

Kaminski, T.W. (Principal Investigator). **\$29,968.00** University of Delaware Research Foundation, Inc. “Understanding Mild Traumatic Brain Injury in Female Interscholastic Soccer.” Awarded May 2004.

Kaminski, T.W. (Co-Principal Investigator) and Cousino, E.S. **\$3,500.00** University of Delaware Undergraduate Research Program. “Neuropsychological Effects of Heading a Soccer Ball in Female Soccer Players”. Awarded March 2004.

Kaminski, T.W. (Co-Principal Investigator) and Jaric, S. **\$4,953.85** Center for Research Development – University of Delaware. “Effect of Obesity on Functional Movement Performance.” Awarded December 2003.

Kaminski, T.W. (Principal Investigator). **\$1,745.00** Mid-America Athletic Trainers Association (NATA District V). “Understanding Mild Traumatic Brain Injury in Female Interscholastic Soccer: A Comprehensive Approach Involving Neuropsychological Performance.” Awarded February 2003.

Kaminski, T.W. (Co-Principal Investigator), & Greenlee, D. **\$1,000.00** National Safe Kids Campaign – “Get Into The Game” grant in conjunction with the Springfield (MO) Safe Kids Coalition. Awarded January 2003.

Kaminski, T.W. (Principal Investigator). **\$3,850.00** Faculty Research Grant program @ Southwest Missouri State University. “Understanding Mild Traumatic Brain Injury in Female Interscholastic Soccer: A Comprehensive Approach Involving Neuropsychological Performance.” Awarded November 2002.

Kaminski, T.W. (Co-Principal Investigator), & Shills, J. **\$3,000.00** University Scholars Award from the University of Florida. “The effect of fatigue on lower extremity motor performance in those with unilateral functional ankle instability.” Awarded June 2001.

Kaminski, T.W. (Co-Principal Investigator), & Rasmussen, A. **\$1,500.00** SEATA 2001 Research Grant from the Southeast Athletic Trainers’ Association. “The effects of purposeful heading on measures of postural stability and cognitive function in female soccer players”, Awarded March 2001.

Kaminski, T.W. (Co-Principal Investigator), Powers, M.E., & Tillman, M. **\$1,500.00** College Incentive Fund from the College of Health and Human Performance at the University of Florida. “An examination of the Stretch-Shortening Cycle (SSC) of the dorsiflexors and evertors in uninjured and functionally unstable ankles” & “The effect of ankle joint inversion and plantar flexion perturbation on tibial rotation moments and peroneal reaction time in individuals suffering from unilateral functional ankle instability”, Awarded January 2001.

Kaminski, T.W. (Co-Principal Investigator), & Ortiz, C. **\$3,500.00** 1999-00 Ronald E. McNair Post baccalaureate Achievement Program Award from the University of Florida. “The effects of strength and proprioception training on subjects with functional ankle instability”, Awarded October 1999.

Kaminski, T.W. (Co-Principal Investigator), & Hubbard, T.J. **\$3,500.00** University Scholars Award from the University of Florida. “Prophylactic ankle bracing and proprioception in uninjured and functionally unstable ankles”, Awarded March 1999.

Kaminski, T.W. (Co-Principal Investigator), & Pinto, K. **\$3,500.00** 1998-99 Ronald E. McNair Post baccalaureate Achievement Program Award from the University of Florida. “The effects of ankle taping and balance activities on Biodex stability measurements”, Awarded October 1998.

Falsetti, A., Bauer, J.A., Tillman, M., Smith, K. Kaminski, T.W. (Researcher), & Meister, K. **\$26,850.00** Opportunity Grant Award from the Office of Research, Technology and Graduate Education at the University of Florida. “Gender differences and predisposition toward anterior cruciate ligament injury”, Awarded April 1998.

Kaminski, T.W. (Principal Investigator) **\$500.00** Pilot Research Grant from the Athletic Training Research and Education Society (ATRES). “The effect of orthotic intervention on biomechanical alignments in the lower extremity: Can pathological mechanics be altered to prevent ACL injuries in females? Awarded July 1997.

Kaminski, T.W. (Co-Principal Investigator), Horodyski, M.B., & Bauer, J.A. **\$3,415.00** College Incentive Fund for Support of Faculty Research Grant Award from the University of Florida. Funding to support four research projects involving head injuries in athletics. Awarded February 1997.

Kaminski, T.W. (Principal Investigator) **\$1,370.00** Faculty Minigrant Award from Marietta College - Faculty Development Committee. "Concentric and eccentric force-velocity relationships between uninjured and functionally unstable ankles". Awarded October 1995 and March 1996

Kaminski, T.W. (Principal Investigator) **\$600.00** Minigrant Program for Dissertation Research from The Curry School of Education at the University of Virginia. "Concentric and eccentric force-velocity relationships between uninjured and functionally unstable ankles". Awarded April 1996.

Kaminski, T.W. (Principal Investigator) **\$1,000.00** Research Grant with District III - National Athletic Trainers' Association. "Effect of lateral knee braces on balance and joint reposition sense". Awarded April 1995

**(2) Academic Support:**

Kaminski, T.W. (Principal Investigator) **\$7,300.00** St. Mark's High School, Wilmington, Delaware. Support for Graduate Assistantship (1 student) in Department of HNES. Awarded August 2008.

Kaminski, T.W. (Principal Investigator) **\$30,000.00** Christiana Care Health Initiatives, Wilmington, Delaware. Support for Graduate Assistantships (2 students) in Department of HNES. Awarded August 2008.

Kaminski, T.W. (Principal Investigator) **\$20,000.00** Delaware State University, Dover, Delaware. Support for Graduate Assistantship (1 student) in Department of HNES. Awarded August 2008.

Kaminski, T.W. (Principal Investigator) **\$58,400.00** University of Delaware Athletics Newark, Delaware. Support for Graduate Assistantships (4 students) in Department of HNES. Awarded August 2008.

Kaminski, T.W. (Principal Investigator) **\$400.00** University of Delaware Alumni Newsletter Fund from 3B Orthopaedics (Philadelphia, PA). Awarded August 2008.

Kaminski, T.W. (Principal Investigator) **\$400.00** University of Delaware Alumni Newsletter Fund from Delaware Orthopedic Group. Awarded July 2008.

Kaminski, T.W. (Principal Investigator) **\$250.00** University of Delaware Alumni Newsletter Fund from the Delaware Athletic Trainers' Association (DATA). Awarded June 2008.

Kaminski, T.W. (Principal Investigator) **\$100.00** University of Delaware Alumni Newsletter Fund from Isokinetic International. Awarded May 2008.

Kaminski, T.W. (Principal Investigator) **\$3,466.94** DIMER Funds allocation from the College of Health and Nursing Sciences at the University of Delaware. Awarded April 2008.

Kaminski, T.W. (Principal Investigator) **\$7,280.00** University of Delaware Athletics Newark, Delaware. Support for Graduate Assistantships (1 student) in Department of HNES. Awarded January 2008.

Kaminski, T.W. (Principal Investigator) **\$500.00** Delaware Interscholastic Activities Association (DIAA) High School Wrestling Weigh-In Program 10/28/07 (Delcastle HS) and 11/4/07 (Smyrna HS). Awarded December 2007.

Kaminski, T.W. (Principal Investigator) **\$20,000.00** Delaware State University, Dover, Delaware. Support for Graduate Assistantship in Department of HNES. Awarded August 2007.

Kaminski, T.W. (Principal Investigator) **\$30,000.00** Christiana Care Health Initiatives, Wilmington, Delaware. Support for Graduate Assistantships in Department of HNES. Awarded August 2007.

Kaminski, T.W. (Principal Investigator) **\$58,240.00** University of Delaware Athletics Newark, Delaware. Support for Graduate Assistantships (4 students) in Department of HNES. Awarded August 2007.

Kaminski, T.W. (Principal Investigator) **\$100.00** University of Delaware Alumni Newsletter Fund from Isokinetic International. Awarded June 2007.

Kaminski, T.W. (Principal Investigator) **\$400.00** University of Delaware Alumni Newsletter Fund from Delaware Orthopedic Group. Awarded June 2007.

Kaminski, T.W. (Principal Investigator) **\$250.00** University of Delaware Alumni Newsletter Fund from the Delaware Athletic Trainers' Association (DATA). Awarded June 2007.

Kaminski, T.W. (Principal Investigator) **\$1,922.00** DIMER Funds allocation from the College of Health and Nursing Sciences at the University of Delaware. Awarded April 2007.

Kaminski, T.W. (Principal Investigator) **\$13,520.00** Christiana Care Health Initiatives, Wilmington, Delaware. Support for Graduate Assistantships in Department of HNES. Awarded August 2006.

Kaminski, T.W. (Principal Investigator) **\$52,000.00** University of Delaware Athletics Newark, Delaware. Support for Graduate Assistantships (4 students) in Department of HNES. Awarded August 2006.

Kaminski, T.W. (Principal Investigator) **\$100.00** University of Delaware Alumni Newsletter Fund from Isokinetic International. Awarded June 2006.

Kaminski, T.W. (Principal Investigator) **\$250.00** University of Delaware Alumni Newsletter Fund from Delaware Orthopedic Group. Awarded June 2006.

Kaminski, T.W. (Principal Investigator) **\$250.00** University of Delaware Alumni Newsletter Fund from the Delaware Athletic Trainers' Association (DATA). Awarded June 2006.

Swanik, C.B., & Kaminski, T.W. (Co-Principal Investigator) **\$20,070.00** University of Delaware 2006-2007 Instructional Grants Program. Awarded April 2006.

Kaminski, T.W. (Principal Investigator) **\$1,250.00** University of Delaware Alumni Enrichment Award. Support SATC Member Travel to NATA Convention in Atlanta, GA, June 2006. Awarded April 2006.

Kaminski, T.W. (Principal Investigator) **\$5,574.42** DIMER Funds allocation from the College of Health and Nursing Sciences at the University of Delaware. Awarded February 2006.

Kaminski, T.W. (Principal Investigator) **\$25,377.00** Christiana Care Health Initiatives, Wilmington, Delaware. Support for Graduate Assistantships in Department of HNES. Awarded August 2005.

Kaminski, T.W. (Principal Investigator) **\$24,400.00** University of Delaware Athletics Newark, Delaware. Support for Graduate Assistantships (2 students) in Department of HNES. Awarded August 2005.

Kaminski, T.W. (Principal Investigator) **\$100.00** University of Delaware Alumni Newsletter Fund from Isokinetic International. Awarded June 2005.

Kaminski, T.W. (Principal Investigator) **\$250.00** University of Delaware Alumni Newsletter Fund from Delaware Orthopedic Group. Awarded June 2005.

Kaminski, T.W. (Principal Investigator) **\$250.00** University of Delaware Alumni Newsletter Fund from the Delaware Athletic Trainers' Association (DATA). Awarded June 2005.

Kaminski, T.W. (Principal Investigator) **\$2,747.44** DIMER Funds allocation from the College of Health and Nursing Sciences at the University of Delaware. Awarded March 2005.

Kaminski, T.W. (Principal Investigator) **\$12,689.00** Christiana Care Health Initiatives, Wilmington, Delaware. Support for Graduate Assistantships in Department of HNES. Awarded August 2004.

Kaminski, T.W. (Principal Investigator) **\$23,500.00** University of Delaware Athletics Newark, Delaware. Support for Graduate Assistantships (2 students) in Department of HNES. Awarded August 2004.

Kaminski, T.W. (Principal Investigator) **\$250.00** University of Delaware Alumni Newsletter Fund from the Delaware Athletic Trainers' Association (DATA). Awarded May 2004.

Kaminski, T.W. (Principal Investigator) **\$200.00** University of Delaware Alumni Newsletter Fund from MedEast Post-Op & Surgical, Flourtown, PA. Awarded May 2004.

Kaminski, T.W. (Principal Investigator) **\$500.00** University of Delaware Alumni Newsletter Fund from Cropper Medical, Inc. Ashland, OR. Awarded May 2004.

Kaminski, T.W. (Principal Investigator) **\$2,500.00** University of Delaware Alumni Enrichment Award. Support SATC Member Travel to NATA Convention in Baltimore, MD, June 2004. Awarded March 2004.

Kaminski, T.W. (Principal Investigator) **\$3,701.00** DIMER Funds allocation from the College of Health and Nursing Sciences at the University of Delaware. Awarded February 2004.

Kaminski, T.W. (Principal Investigator) **\$11,000.00** University of Delaware Athletics Newark, Delaware. Support for Graduate Assistantships (1 student) in Department of HNES. Awarded August 2003

Kaminski, T.W. (Principal Investigator) & Powers, M.E. **\$1,487.70** Instructional Development Award from the College of Health and Human Performance at the University of Florida. Awarded December 2001.

Kaminski, T.W. (Principal) **\$147,010.00** University of Florida, University Athletic Association, Inc. Funding to support the Chris Patrick undergraduate athletic training scholarship program. Awarded between July 1997 and August 2001.

Kaminski, T.W. (Principal) **\$15,000.00** University of Florida, University Athletic Association, Inc. Funding to support adjunct teaching salaries for PET 2622C Prevention and Care of Athletic Injuries Fall and Spring semesters. Awarded between July 1997 and August 2001.

Kaminski, T.W. (Principal) **\$500.00** University of Florida Alumni Newsletter Fund from Sports Health a Division of School Health Supply, Hanover Park, IL. Awarded May 2001.

Kaminski, T.W. (Principal) **\$250.00** University of Florida Alumni Newsletter Fund from Total Orthopedics, Inc., Jacksonville, FL. Awarded May 2001.

Kaminski, T.W. (Principal) **\$2,340.00** University of Florida Student Athletic Trainers' Organization (S.A.T.O.) from private donations to support the Annual Holiday Banquet. Awarded between December 1997 and December 2001.

Kaminski, T.W. (Principal Investigator) **\$454.08**. Instructional Development Award from the College of Health and Human Performance at the University of Florida. Awarded November 2000.

Kaminski, T.W. (Principal) **\$100.00** University of Florida Alumni Newsletter Fund from Biodex Medical Systems, Inc. Shirley, NY. Awarded June 2000.

Kaminski, T.W. (Principal) **\$800.00** University of Florida Alumni Newsletter Fund from Micro Bio-Medics, Inc. Jacksonville, FL. Awarded May 1998, 1999, and 2000.

Kaminski, T.W. (Principal Investigator) **\$1533.90.00** Instructional Development Award from the College of Health and Human Performance at the University of Florida. Awarded November 1999.

Kaminski, T.W. (Principal) **\$200.00** University of Florida Alumni Newsletter Fund from Orthopedic Product Sales (OPS), Naples, FL. Awarded July 1999.

Kaminski, T.W. (Principal Investigator) **\$250.00** Instructional Development Award from the College of Health and Human Performance at the University of Florida. Awarded March 1999.

Kaminski, T.W. (Principal Investigator) **\$339.00** Instructional Development Award from the College of Health and Human Performance at the University of Florida. Awarded March 1998.

Kaminski, T.W. (Principal Investigator) **\$500.00** Instructional Development Award from the College of Health and Human Performance at the University of Florida. Awarded February 1997

**(3 Equipment Support:**

Kaminski, T.W. (Principal Investigator) – Taima McCartney (Student). **\$250.00** University of Delaware Undergraduate Research Program. Awarded March 2008.

Kaminski, T.W. (Principal Investigator) – Rachel Groff (Student). **\$150.00** University of Delaware Undergraduate Research Program. Awarded March 2007.

Kaminski, T.W. (Principal Investigator) – Kevin Neeld (Student). **\$250.00** University of Delaware Undergraduate Research Program. Awarded March 2007.

Kaminski, T.W. (Principal Investigator) – Rachel Groff (Student). **\$150.00** University of Delaware Undergraduate Research Program. Awarded January 2007.

Kaminski, T.W. (Principal Investigator) – Kevin Neeld (Student). **\$250.00** University of Delaware Undergraduate Research Program. Awarded October 2006.

Kaminski, T.W. (Principal Investigator) – Nikki Surdam (Student). **\$250.00** University of Delaware Undergraduate Research Program. Awarded March 2006.

Kaminski, T.W. (Principal Investigator) – Nikki Surdam (Student). **\$250.00** University of Delaware Undergraduate Research Program. Awarded October 2005.

Kaminski, T.W. (Principal) **\$110.00** Equipment arrangement with The Hygenic Corporation, Akron, OH for use Thera-Band products. Awarded August 2000.

Kaminski, T.W. (Principal) **\$2550.00** Equipment arrangement with Bledsoe Brace Systems by Medical Technology Inc., Grand Prairie, TX for use of the Bledsoe Ultimate Ankle Brace. Awarded April 2000.

Kaminski, T.W. (Principal) **\$160.00** Equipment arrangement with Swede-O, Inc., North Branch, MN for use of the Ankle Lok ankle brace. Awarded April 2000.

Kaminski, T.W. (Principal) **\$90.00** Equipment arrangement with Hapad, Inc., Bethel Park, PA for use of Heel Pads/Lifts. Awarded September 1999.

Kaminski, T.W. (Principal) **\$139.00** Equipment arrangement with Aircast Inc., Summit, New Jersey for use of the Aircast® Standard Ankle Brace. Awarded August 1999.

Kaminski, T.W. (Principal) **\$100.00** Equipment arrangement with Swede-O, Inc., North Branch, MN for use of the Ankle Lok ankle brace. Awarded July 1999.

Kaminski, T.W. (Principal) **\$5,000.00** Equipment arrangement with Myonics Corporation, Metairie, LA for use of the Negator™ enhanced eccentric attachment to Body Masters™ seated knee extension variable resistance device. Awarded June 1999.

Kaminski, T.W. (Principal) **\$990.00** Equipment arrangement with Aircast Inc., Summit, New Jersey for use of the Ankle Sprain Care Kit (18 kits) Awarded August 1998.

Kaminski, T.W. (Principal) **\$20.00** Equipment arrangement with Foot Management, Inc., Pittsville, MD for use of the 1/4" felt horseshoe pads (20 pads). Awarded July 1998.

Kaminski, T.W. (Principal) **\$760.00** Equipment arrangement with Omni Scientific, Inc., Springville, UT for use of the Multi-Phase ER® advanced ankle orthosis (15 braces). Awarded July 1998.

Kaminski, T.W. (Principal) **\$10,000.00** Equipment arrangement with Myonics Corporation, Metairie, LA for use of the Negator™ enhanced eccentric attachment to Strive® shoulder IROT/EROT variable resistance device and Cybex® biceps arm curl variable resistance device. Awarded July 1997 and March 1998.

Kaminski, T.W. (Principal) **\$65,000.00** Equipment loan arrangement with Chattanooga Corporation, Chattanooga, TN for use of a 1997 Kin Com 125 AP isokinetic dynamometer. Awarded October 1997

Kaminski, T.W. (Principal) **\$165.00** Equipment arrangement with Alimed® Rehab Products, Inc. Dedham, MA for use the Wonderzorb® silicone insoles. Awarded October 1997.

Kaminski, T.W. (Principal) **\$300.00 Equipment** arrangement with McDavid Sports Medical Products, Inc., Chicago, IL for use of the McDavid M-202 Lateral Knee Braces. Awarded October 1996.

Kaminski, T.W. (Principal) **\$280.00** Equipment arrangement with McDavid Sports Medical Products, Inc., Chicago, IL for use of the McDavid M-101 Ankle Guard Braces. Awarded October 1996.

Kaminski, T.W. (Principal) **\$45,000.00 Equipment** loan arrangement with Chattanooga Corporation, Chattanooga, TN for use of the Kin Com 125 AP isokinetic dynamometer. Awarded August 1996.

### **MEMBERSHIPS/CERTIFICATIONS**

State of Delaware, Division of Professional Regulation: Professional License – Athletic Trainer #J3-0000282.

Athletic Trainer Certified - National Athletic Trainers' Association (NATA):  
Membership # 821481, Certification # 000041298

National Athletic Trainers' Association - Certified Clinical Instructor Educator (CIE)

American College of Sport Medicine (ACSM): Membership # 538301

American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD):  
Membership #2136949

Delaware Athletic Trainers' Association (DATA)

National Safety Council - First Aid and CPR Instructor

American Red Cross - Safety Services Instructor (Community First Aid and Safety/CPR)

American Red Cross - Heartsaver Automated External Defibrillation Program

Beta Beta Beta Biological Society - IOTA Chapter of Marietta College

### **EDITORIAL POSITIONS**

**Editor (Invited) – Athletic Training and Sports Health Care:** SLACK, Inc. Publishers. Appointed January 2008 – journal launch date January 2009.

**Guest Reviewer for the Journal of Sport Sciences:** 2008 - present

**Grant Reviewer (Invited):** University of Toledo (Toledo, OH). “An examination of the development of pain in those with chronic ankle instability.” Review completed October 2007.

**Grant Reviewer (Invited):** Health Research Council of New Zealand. “Reducing injury through joint stability training:STABIL.” Review completed January 2007.

**Grant Reviewer (Invited):** Health Research Board Ireland (Dublin, Ireland). “Comparative kinematic MRI and 3D gait analysis of subjects with chronic ankle instability and health volunteers.” Review completed March 2006.

**Textbook Reviewer for Lippincott Williams & Wilkins:** November 2005 “Leadership and Management in Athletic Training”

**Guest Reviewer for the American Journal of Sports Medicine:** 2006 - present

**Guest Reviewer for the Journal of Orthopaedic Research:** 2005 - present

**Abstract Reviewer – AAHPERD Research Consortium:** appointed August 2005.

**Guest Editor – Journal of Orthopaedic and Sports Physical Therapy:** Ankle Symposium Supplement Section, 35(5); May 2005.

**Associate Editor – Athletic Therapy Today:** March 2005 – December 2007.

**Guest Editor – Athletic Therapy Today:** Theme Issue “Evidence-Based Clinical Practice”. 9(6), November/December 2004; Theme Issue “Management of Lumbar-Spine Dysfunction”. 10(5), September/October 2005.

**Guest Reviewer for the Research Quarterly for Exercise and Sport:** 2004 - present.

**Grant Reviewer for EATA Research Committee:** Eastern Athletic Trainers' Association, May 2004 to present.

**Guest Reviewer for the Journal of Sport Rehabilitation:** 2003 - present.

**Athletic Training Editorial Review Board:** SLACK Incorporated, appointed August 2002.

**Column Editor – Athletic Therapy Today:** “Research Digest”, January 2002 – July 2005.

**Guest Editor – Journal of Athletic Training:** Special Issue “Functional Ankle Instability” Appointed June 2001, journal issue date December 2002.

**Guest Reviewer for the British Journal of Sports Medicine:** 2003 - present.

**Guest Reviewer for the Journal of Orthopedic and Sports Physical Therapy:** 2001 - present.

**Consulting Editor - Human Kinetics:** Publishers of the Proceedings Book 2001 Athletic Training Educators' Conference, January 19-21, 2001.

**Guest Reviewer for Medicine and Science in Sport and Exercise:** 2000 - present.

**Guest Reviewer for the Archives of Physical Medicine and Rehabilitation:** 2000 - present.

**Guest Reviewer for the International Journal of Sports Medicine:** 1999 - present.

**Editorial Board - Journal of Athletic Training:** National Athletic Trainers' Association, Inc., Dallas, TX, January 1999 - present.

**Consulting Editor - SLACK, Incorporated:** Publishers of the Proceedings Book 1999 Athletic Training Educators' Conference, January 29-31, 1999.

**Guest Reviewer for the Journal of Interdisciplinary Research in Physical Education:** 1997 - 1999.

**Manuscript Reviewer for the Journal of Athletic Training:** National Athletic Trainers' Association, Inc., Dallas, TX, June 1996 to January 1999.

**Abstract Reviewer for NATA Research & Education Foundation:** National Athletic Trainers' Association, Inc., Dallas, TX, September 1996 to 1999.

**Grant Reviewer for NATA Research & Education Foundation:** National Athletic Trainers' Association, Inc., Dallas, TX, September 1996 to present.

## **PROFESSIONAL SERVICE POSITIONS**

**AAHPERD Research Consortium – Review Panel Chair for the 2009 AAHPERD Convention:** American Alliance for Health, Physical Education, Recreation, and Dance, Appointed April 2008.

**NATA Research and Education Foundation Free Communications Sub-Committee:** National Athletic Trainers' Association, Appointed February 2008.

**AAHPERD Research Consortium – Ad Hoc Research Education Projects Committee:** American Alliance for Health, Physical Education, Recreation, and Dance, Appointed October 2007.

**NATA Fellows Committee:** National Athletic Trainers' Association, Appointed July 2007.

**NATA Research and Education Foundation Free Communications Sub-Committee:** National Athletic Trainers' Association, Appointed October 2006 – External Abstract Reviewer.

**Athletic Training Advisory Council:** SLACK Publishers. Appointed October 2006.

**Founding Member of the International Ankle Consortium:** Established October 16, 2004.

**Co Chair 2<sup>nd</sup> International Ankle Symposium:** University of Delaware October 15-16, 2004. <http://www.continuingstudies.udel.edu/ias/>

**Delaware Coalition for Injury Prevention:** Team II Traumatic Brain Injuries and Traumatic Spinal Cord Injuries “Core Injury Review Team”, 2004 – present.

**State of Delaware Injury Prevention Program:** Delaware Coalition for Injury Prevention, 2003 – present.

**National Council for Sports Health Care (NCSHC) Executive Committee:** National Association for Sport & Physical Education, (appointed chair 2006) 2003 – 2007.

**EATA Research Committee:** Eastern Athletic Trainers' Association, 2003 – present.

- **Chair**, Abstract Subcommittee

**Co-Chair SEATA Research and Education Committee:** Southeast Athletic Trainers' Association, 1999 - 2002.

**NATA Continuing Education Committee: Educator's Workshop Subcommittee:**  
National Athletic Trainers' Association, 1998 - 2001.

**1999 NATA-REF Educators' Conference Committee:** NATA Research and Education Foundation, Conference Proceedings Book Coordinator, 1997 - 1999.

**1999 NATA-REF Educators' Conference Committee:** NATA Research and Education Foundation, Free Communications Project Coordinator, 1997 - 1999.

**Ad Hoc Committee Member for the 1999 Athletic Training Educator's Conference:**  
NATA Research and Education Foundation: Education Committee, 1997 to 1999.

**Medical Advisory Committee:** Florida High School Activities Association (FHSA), 1996 to 2002.

**NATA Board of Certification (NATA-BOC): Tester and Model:** 1990 to 1993.

**Assistant to the Clinical Program Subcommittee Chair:** National Athletic Trainers' Association 1995 Annual Meeting and Clinical Symposia, 1994 to 1995 (assisted the chairman in securing topics and speakers for the national meeting).

**Scholarship Committee:** New York State Athletic Trainers' Association, 1990 to 1993 (Chair, 1992 to 1993).

### **OTHER POSITIONS/APPOINTMENTS**

**Senior Research Project Advisor:** Charter School of Wilmington, Wilmington, DE, Sydney Wolfe – Student, September 2008 – June 2009.

**International Coaching Enrichment Certification Program:** University of Delaware in conjunction with the United States Olympic Committee (USOC) – development and participation with the Sports Injury Care module. Invited to take part in this program February 2008.

**Science Fair Judge:** Charter School of Wilmington, Wilmington, DE, January 11, 2008.

**Senior Research Project Advisor:** Charter School of Wilmington, Wilmington, DE, Andy Weaver – Student, September 2007 – June 2008.

**Concussion Consultant:** Archmere Academy, Wilmington, DE, Appointed August 2006.

**Philadelphia Area Girls Soccer (PAGS) Delegate:** Representative from MOT Soccer Club, Appointed June 2006 – May 2008.

**Promotion and Tenure Committee:** University of Delaware, Department of Health, Nutrition & Exercise Sciences, 3-year term: 9/2005 – 8/2008. Appointed Chair, 2006-07 and 2007-08 school years. Agreed to serve a 2<sup>nd</sup> 3-year term 9/2008 – 8/2010.

**Concussion Consultant:** St. Mark's High School, Wilmington, DE, Appointed August 2005.

**Director – Representative Program:** MOT Soccer Club, Appointed August 2005 – May 2008.

**LongMeadow Homeowners Association (LHOA) Block Captain:** Appointed August 2005.

**Head Coach:** MOT Xtreme U-14 Girl's Soccer Representative Team, Team founded in June 2005 – May 2007.

**Chair, Ad-Hoc Promotion and Tenure "Research" Committee:** University of Delaware, Department of Health, Nutrition & Exercise Sciences, Appointed April 2005.

**Lector:** St. Joseph's Roman Catholic Church, Middletown, DE, Appointed January 2005.

**Athletic Training Faculty Position Search Committee Chair:** University of Delaware, Appointed May 2004.

**Faculty Advisor and Research Mentor:** University of Delaware Science and Engineering Scholars Program, Summer 2004 – Student - Eric Cousino.

**NATA Special Projects Reviewer:** Review team for the Appropriate Medical Care for Secondary School-Age Athletes (AMCSSAA) monograph project. March 2004.

**Department of HNES Mission Statement Committee:** University of Delaware, 2004.

**Department of HNES Chair's Council:** University of Delaware, 2003 – present

**Athletic Training Steering Committee:** University of Delaware Department of Health, Nutrition & Exercise Sciences, 2003 – present

**Adjunct Research Fellow:** Rocky Mountain University of Health Professions, December 2003.

**Youth Soccer Coach/Volunteer:** Lakes Country Soccer. January – June 2003.

**Springfield Chapter of the National Safe Kids Coalition (Member):** 2002-2003.

**Student Computer Usage Fee (SCUF) Committee:** Southwest Missouri State University College of Health and Human Services, 2002-2003.

**Recruitment and Marketing Committee:** Southwest Missouri State University College of Health and Human Services, 2002-2003.

**Sports Medicine and Athletic Training Education Steering Committee:** Southwest Missouri State University Department of Sports Medicine and Athletic Training, 2002 - 2003

**Faculty Evaluation Committee:** University of Florida Department of Exercise and Sport Sciences, 2001 - 2002.

**Graduate Fellowship Selection Committee:** University of Florida Department of Exercise and Sport Sciences, February 2001.

**Career Shadow Day Participant:** Bronson High School Guidance Department, February 2001.

**Teacher of the Year Selection Committee:** University of Florida College of Health and Human Performance, Fall 2000.

**Athletic Training/Sports Medicine Legal Consultant:** Hawkins & Parnell, LLP. Atlanta, GA July - August 2000.

**University Representative in State University System of Florida Common Prerequisites Program:** SUS of Florida Department of Education, Tallahassee, FL, April 17, 2000

**Youth Soccer Coach/Volunteer:** North Central Florida YMCA. January 2000 – May 2002.

**University of Florida Graduate Minority Programs “Board of Regents Summer Program” (Faculty Peer Advisor):** University of Florida, June 1999 – July 2002.

**1999 Florida Coca-Cola Relays:** University of Florida, March 24-27, 1997 Volunteer Athletic Trainer.

**Book Reviewer:** SLACK, Inc. Publishers, Thorofare, NJ 1999- present.

**University Scholars Program (Participating Faculty):** University of Florida, January 1999 – July 2002.

**Sport Management Faculty/Assistant to the Department Chair Search Committee:** University of Florida, February 1999.

**Athletic Training Faculty Search Committee:** University of Florida, November 1998 - April 1999.

**Ronald E. McNair Postbaccalaureate Achievement Program:** Faculty Mentor 1998-99, 1999 - 2000.

**Undergraduate Honors Program Criteria Committee:** University of Florida Department of Exercise and Sport Sciences, Fall 1998.

**Multi-Media Reviewer:** SLACK, Inc. Publishers, Thorofare, NJ October 1998.

**Undergraduate Curriculum Committee:** University of Florida Department of Exercise and Sport Sciences, 1998- 2001.

**Board of Directors Mile Run East Master Association, Inc.:** Homeowners Association of Rosemont Subdivision. 1998 - 2002.

**Department Representative:** University of Florida Department of Exercise and Sport Sciences, Multicultural Recognition Ceremony, April 7, 1998.

**Graduation Planning Committee:** University of Florida College of Health and Human Performance, 1998 to 2000.

**Statistical Consultant:** Ithaca College, Ithaca, NY (Leigh Sears - Masters Student). 1997 - 1999.

**Faculty Appointment:** University of Florida Center for Exercise Science, 1997 - 2002.

**Minority Mentor Program:** University of Florida Minority Mentor Council, 1997 - 1999.

**Commencement Committee:** University of Florida, 1997 to 2000.

**Academic Regalia Rental RFP Committee:** University of Florida, Fall 1997. Committee was charged with determining the best vendor to provide academic regalia to the University of Florida.

**Scholarship Committee:** University of Florida College of Health and Human Performance, 1997 to 1999.

**S/U Option Committee:** University of Florida Department of Exercise and Sport Sciences, 1997 - 1998.

**Student Recognition Committee:** University of Florida Department of Exercise and Sport Sciences, 1997 - 1998.

**Independent Study Project Coordinator:** Hobart & William Smith Colleges, Geneva, NY. Develop and evaluate independent sports medicine research projects for students enrolled in athletic training independent studies. Contact: Mr. Doug Reeland, Head Athletic Trainer, January - June 1997

**Advisory Committee Member:** University of Florida Department of Food Science & Nutrition, Student (Amy Eckard) May 1997

**Book Reviewer:** WCB/McGraw-Hill Publishers, Madison, WI  
1997 - present.

**Graduate School Conditional Admittance Committee:** University of Florida Department of Exercise and Sport Sciences, 1997.

**1997 Florida Coca-Cola Relays:** University of Florida, March 26-29, 1997 Volunteer Athletic Trainer.

**Athletic Training Education Steering Committee:** University of Florida Department of Exercise and Sport Sciences, 1996 to 2002.

**Chris Patrick Undergraduate Athletic Training Scholarship Committee:** University of Florida Department of Exercise and Sport Sciences and University Athletic Association, 1997 to 2002.

**College Supervisor of Applied Career Interns:** University of Florida Department of Exercise and Sport Sciences, 1996 to 2002.

**Hampton Oaks Research Group:** University of Florida Shands Clinic at Hampton Oaks, 1996 to 2002.

**Biomechanics Research Group:** University of Florida Center for Exercise Science Biomechanics Laboratory, 1996 to 2002.

**Clinical Placement Program Site Supervisor:** Sheridan College, Oakville, Ontario Canada, Sports Injury Management Program, 1997 to 2002.

**Cultural Diversity Committee:** University of Florida, College of Health and Human Performance, 1996 to 1997.

**Graduation Marshal:** University of Florida College of Health and Human Performance, 1996 to 2002.

**American Cancer Society Shamrock 10k Race & 5k Walk:** Marietta, Ohio, Race Coverage Volunteer, May 1996.

**Committee for the Protection of Human Subjects:** Marietta College, 1995 to 1996.

**East Ohio District Science Day:** Marietta College, March 1996. Participated as a judge for the health sciences area in a health fair with over 200 high school students.

**Marietta College Partner in Education Program:** Marietta College, March 1996. Participated in “Shadow Days” program, hosting junior high school students interested in careers in athletic training/sports medicine.

**Women’s Basketball Search Committee:** Marietta College, February 1996

**Residence Hall Supervisor:** Blue Ridge School, St. Georges, Virginia, 1993 to 1995

**Health Professions Advisory Committee:** Alfred University, Alfred, New York, 1992 to 1993 (advised students in the pre-med program on matters ranging from MCAT preparation to medical school admissions)

**Academic Advising Committee:** Alfred University, Alfred, New York, 1987 to 1993

**Curriculum and Teaching Committee:** Alfred University, Alfred, New York, 1989 to 1990

**Medical Advisory Staff:** St. James Mercy Hospital, Hornell, New York and Alfred University, Alfred, New York, 1992 to 1993 (acted as a liaison between the hospital and university on health related issues affecting college students)

**Fitness Center Development Committee:** Alfred University, Alfred, New York, 1990 to 1993

**Sports Medicine Advisory Council:** Jones Hospital, Wellsville, New York, 1988 to 1991

**Allegany/Steuben County B.O.C.E.S. Career Mentorship Program:** Hornell, New York, 1988 to 1993 (sponsored gifted students interested in careers in the medical profession)

**Exercise and Sport Science Graduate Advising Council:** Department of Exercise and Sport Science, University of Arizona, Tucson, Arizona, 1984 to 1985

**HONORS:**

National Athletic Trainers Association (NATA) Research and Education Foundation nomination for the 2009 NATA Foundation Medal for Distinguished Athletic Training Research, September 2008.

Madison Who’s Who Among Executives and Professionals– Honors Edition, July, 2008.

National Athletic Trainers Association (NATA) Research and Education Foundation nomination for the 2008 NATA Foundation Medal for Distinguished Athletic Training Research, September 2007.

Cambridge Who's Who Among Executives and Professionals in Athletic Training – Honors Edition, June 2007 & June 2008.

National Association for Sport and Physical Education (NASPE) – *Who's Who Among America's Teachers*® - 11<sup>th</sup> Edition. March 2007. <http://www.whoswho-sports.com/1howeare/history.aspx>

National Association for Sport and Physical Education (NASPE) “Special Service Recognition” for contributions to the National Council for Athletic Training 2004-2007, awarded March 2007.

Selected as Co-recipient of the Eastern Athletic Trainers' Association (EATA) Research to Reality Award, Boston, MA, January 7, 2007.

National Athletic Trainers Association (NATA) Research and Education Foundation nomination for the 2007 NATA Foundation Medal for Distinguished Athletic Training Research, September 2006.

Sigma Xi, The Scientific Research Society: University of Delaware Chapter. Nomination Accepted July 2006.

National Association for Sport and Physical Education (NASPE) – *Who's Who Among America's Teachers*® - 10<sup>th</sup> Edition. March 2006. <http://www.whoswho-sports.com/1howeare/history.aspx>

Candidate for inclusion in the 2006-2007 Edition of *Who's Who in Medicine and Healthcare*®.

AcademicKeys *Who's Who in Health Sciences Education (WWHSE)*: <http://healthsciences.academickeys.com> Awarded June 28, 2005.

Nomination for Excellence in Teaching Award, University of Delaware Faculty Senate Committee on Student and Faculty Honors. Notified May 3, 2005.

Fellow of the American College of Sports Medicine (FACSM) – American College of Sports Medicine, awarded April 2003.

National Athletic Trainers' Association Research and Education Foundation “Special Service Recognition” for contributions to the NATA Foundation Education Committee, awarded January 2001.

University of Florida - College of Health and Human Performance, Teacher of the Year 2000, Awarded February 2000.

NCAA Division I National Champions Women's Soccer (Athletic Trainer), December 6, 1998.

The University of Alabama - Distinguished Lecturer on Sports Medicine, October 2, 1998.

University of Florida 1998 Anderson/CLAS Scholar Faculty Honoree, September 24, 1998.

Blue Ridge School Athletic Department Service Award - Spring 1994

University of Virginia Graduate Assistantship/Fellowship Award - August 1993 - June 1995

University of Arizona Graduate Degree Scholarship Recipient - 1984

Great Lakes Athletic Trainers' Association Living Memorial Post-Graduate Scholarship Recipient - 1984

Magna Cum Laude Graduate (3.81/4.00 GPA) - Marietta College, 1984

Allan C. Hall Memorial Scholarship Recipient - Marietta College

Sophomore Scholar Recognition - Marietta College, 1982

Dean's High Honors List - Marietta College (5 semesters)

Dean's List - Marietta College (8 semesters)

Beta Beta Beta Biological Honor Society - Marietta College